**gallery #189** APR/MAY 2023

THE **GARDENPARTY** EDITION

## GALLERY

/ LIFE & STYLE IN JERSEY





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#### LA CHASSE, ST. SAVIOUR £7,500,000

La Chasse is a wonderful granite stone family home, perfectly positioned in the St. Saviour countryside, a stone's throw from St. Michaels Preparatory School. This five-bedroom family home has been lovingly refurbished by the DiCasa team to deliver a space of functionality and luxury. The property features a separate annex that accommodates a guest bedroom and gym that leads out onto an outdoor pool and terrace, with views across it's 9.2 acres of countryside. Almost everything in the house is bespoke and in DiCasa's devotion to ensuring each detail is correct, they have created an interior true to the period of the house. Every element is beautifully crafted to offer comfort without losing character.



#### LA BOURDONNERIE & COTTAGE, ST. CLEMENT £4,450,000

Located along a quiet green lane on St. Clement/Grouville border this substantial granite residence is just a short walk from Robin Bay and La Rocque Harbour. The main residence offers an abundance of living and sleeping accommodations, including a formal dining room, sitting room and traditional conservatory, as well as seven double bedrooms spread across the first & second floors, including two-bedroom suites and a further three bathrooms. To the rear of the property, you will find a South facing walled garden with an outdoor heated pool. In addition, the cottage comprises a sitting room, sunroom/dining room, kitchen, two double bedrooms & house bathroom. The cottage benefits from its own private driveway, garage and garden.



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#### LA FONTAINE MARTIN, ST. OUEN £3,750,000

La Fontaine Martin is a contemporary coastal bungalow set on the headland above Grosnez. This unique four-double-bedroom, five-bathroom property benefits from uninterrupted sea views of the neighbouring Channel Islands and the Cherbourg Peninsular and is set within a 3.24-acre plot consisting of agricultural land and a garden. In addition to the free-flowing interior design, the property boasts a subterranean leisure complex currently housing a Trackman golf simulator, bar and entertaining space. Alternatively, this area could be utilised as a cinema room, art studio, or large business office/library. Whilst enjoying an extremely rural location, this contemporary home is only a short drive from the Jersey Airport and Gama Aviation, village shops, and a host of amenities.







#### 6 PORTELET BAY, ST. BRELADE £3,950,000

This high-end detached home is part of an exclusive, gated community of luxurious properties in one of Jersey's most popular residential areas. Designed and built with artful sophistication, perfectly blends modern contemporary comforts with beachfront living. No. 6 Portelet Bay includes living space on 3 levels, comprises five spacious bedrooms, an open-concept kitchen, sitting room, utility, house bathroom, a home gym, double garaging with forecourt parking, and various indoor and outdoor living & lounging areas. The outdoors offers a beautiful low-maintenance garden, outdoor dining, and an elevated terrace to enjoy the sunsets. All views are directed to the breathtaking outlook over Portelet Tower, the beach, and the seafront.



#### LA ROCHELLE, GROUVILLE £5,000,000

La Rochelle is a beautiful 6,300 sq.ft. home surrounded by agricultural land ready for immediate occupation, having recently been refurbished to the highest standard. La Rochelle exudes effortless style and boasts six bedrooms in the main house together with an abundance of reception space. The showpiece of this luxurious house is the brand-new state-of-the-art kitchen, with its contemporary design and sleek finishes. Externally, the grounds have been landscaped and terraced to provide space and seclusion and boasts a heated swimming pool to the rear of the house overlooked by a pool house with kitchenette and shower facilities. In addition, there is a one-bedroom apartment over the original two-car garage and seperate double garage.



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#### 19, BAY VIEW COURT, ST. HELIER £1,725,000

Registered/Non-Quals - A rare opportunity to purchase a three-bedroom, two-bathroom property without the need for Jersey Housing Qualifications. This unique reverse plan three-bedroom, two-bathroom property benefits from panoramic sea views of Elizabeth Castle to St. Aubin's Fort. The property is conveniently located within easy walking distance of St. Helier town centre and the finance district. The current owners have updated the property throughout and is presented to the market in walk-in condition. Externally, you can enjoy southerly views across the bay from the balcony, terrace and garden whilst the rear courtyard provides complete privacy. Finally, the property boasts an integral double garage and benefits from the use of ample communal parking.



#### WEST WINDS, ST. OUEN £1,885,000

Located in the heart of St. Ouen's, this fantastic four double bedroom executive family home built in 2016 impresses from the moment you arrive. On the ground floor the open plan kitchen/dining/sitting room with bi-folding doors opening out on to the garden is of particular note and is the "hub" of the house. The ground floor further benefits from a fantastic bedroom suite with dressing area, utility and cloakroom. On the first floor the property boasts three double bedrooms, of which include two double bedrooms each leading to a playroom/snug, further double bedroom en-suite and house bathroom. This superb property further benefits from a triple garage block, with stairs to the attic storage above, as well as forecourt parking for 10 plus vehicles.









#### gallery

#189

THE

#### GARDENPARTY

EDITION



Cover Image

Photographer

Danny Evans Model

Abigail

Green suit Jacket by Nobody's Child £61.00. Green Trousers by Nobody's Child £45.00. Trainers by Kurt Gieger £119.00 all from Voisins.

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## EDITO

#### A design for life.

We promoted and ran a Student Art Awards for many years but it fizzled out before lockdown. I miss it. It's therefore a pleasure to be adding a category to CCA International's Summer Exhibition this year. The landscapes award is great and everything but.... well.

We'd love to see more work from the graphic arts represented at the exhibition and have contributed a prize fund of £500 to be split between two winners, one from the graphic design world and one from the world of illustration. If you're a designer or illustrator, whether amateur or professional, who has a design concept or illustration you're proud of, why not enter and come along to the exhibition for a beer. Bring a friend.

This month we meet the island's graffiti artists (pg. 32); people who take their design into the public realm. It's an area that's been getting more support from building owners and the states of late and we're all for it. In a bumper culture section we also take a look at the Jersey Opera House through the lens of photographer Dasa Wharton and talk to the team there about their plans for the space (pg.26). We also learn about plans for a new community and indoor skate space in St Ouen(pg.124).

Our Gradu8 supplement in this edition is a bumper one, with inspiring profiles of the new generation of young professional (pg. 78). Some of them even got involved in our fashion shoot, with the staff at Crestbridge modelled for us as part of a takeover shoot concept (pg. 48).

We'll be fully into Spring by the time this edition hits stands and hopefully spending more time outdoors, with longer evenings and lighter skies. If you're looking to fix up your garden or balcony, check out our edit of items to spruce up outdoor spaces (pg. 116) and learn about the life of someone who spends their life styling landscapes (pg. 114)

Enjoy your spring evenings. See you in the summer.

BD

#### GALLERY

/ LIFE & STYLE IN JERSEY

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#### Recycle

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586. We put this in a green font. It's not made out of leaves, honest.

#### Words, pictures and ideas this month courtesy of...



#### DASA WHARTON

With a love of all things photographic and and performing arts, Dasa approached us with her documentary shots of the Opera House so we caught up with the team for an update. Pg. 28



#### **BECKY PALMANO**

Becky met the barbers of St Helier and tracked down a landscape designer, along with seeking out an excellent selection of fashion finds and garden furniture. Pg113



#### **DANNY EVANS**

Danny got a spetrum of professionals to sit as his table for our extended Gradu8 feature this month and shot some cats (not litreally) for ourPet of the Month. Pg. 126



#### KASIA GUZIK

Kasia's went floral for spring with her fashion edit this month, picking her selection for a post-winter look as the sun shines through. Pg. 56



THEA FAUVEL

Thea found some terrific felines for our Pet of the Month and also went to test out JB's enormous new burger. Someone had to do it! Pg. 42



#### **OLIVER DORAN**

Oliver and his team went all kung-fu with their fashion shoot this month, high-kicking into the camera. Pg. 58

#### The rundown.

**EDITORIAL CONTRIBUTORS** 

**Becky Palmano** Natalie Mayer Kasia Guzik Thea Fauvel Traci O'Dea

PHOTOGRAPHY/ILLUSTRATION

**Danny Evans** Dasa Wharton Oliver Doran Thea Fauvel Carl Gallie

#### **CAN YOU CREATE?**

Sure, you might share photos of your food or have a portfolio on Behance, but why not get a little joy from seeing something in print! We're always looking for contributions from people who are passionate about subject matters close to their hearts. Become a contributor and get paid for your content.

#### **FEATURE**

**WE PROFILE ISLANDERS** 

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up, a business with some exciting news or a new product to feature, get in touch. We're keen to feature anything captivating that will be of interest to the good people of Jersey who flick through a Gallery each edition.

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## #189 HIGHLIGHTS



My Jersey: Jason Butler



Jersey Stroke Association



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A Fashion-forward team



Fashion: Teenage Kicks



White-collar Aerials



Gradu8 Careers Special



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Meet some feline lords...

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undercover option.

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How does your garden grow? We get advice from a professional landscaper	14
Spruce up for spring When the windy winter is over, you'll want to get yo outside, check out our selection of garden furniture an features to enhance your outdoor space.	

The skatepark at Les Quennevais is epic, but it gets wet. We learn about a unique space that's been styled as an



## **Playtime** by Will Lakeman An exhibition reimagining Fort Regent

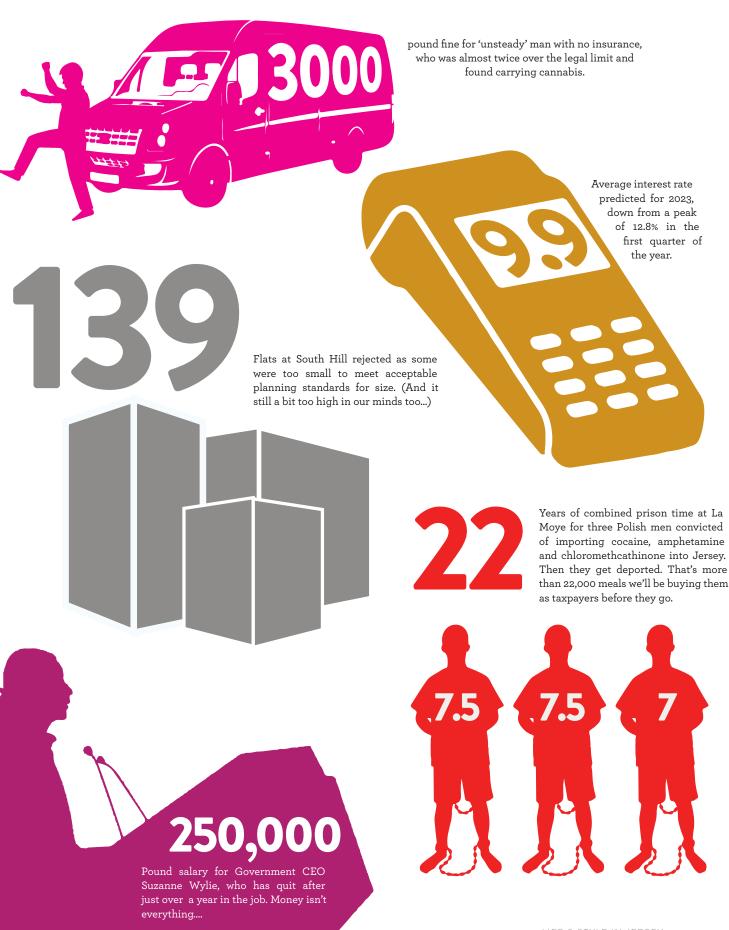
May 24 - 2 July 2023 ArtHouse Jersey at Capital House

www.arthouse.je



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## NEWS IN NUMBERS



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resides in private collections in the UK, Europe and America. We caught up with him to chat about how he remains motivated, the impact daily swimming has had on his recent work and where he goes

for really great eggs.

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thinks they have a tough job should bear in mind those guys on a dark January morning!

#### My weekend ritual involves...

After walking the dog I will have a restful pot of coffee, checking the football news and making a rough plan for the day ahead. I cycle into work each day and go for my daily swim at Havre des Pas. It's on the way to my studio so I have no excuse! On Saturdays I tend to make it an experimental day in the studio and try things out which may or may not work. I'll have the football on the radio along with painting all day so it's my perfect day really. I'm lucky enough to have a little gym in my studio so I do a workout and then I'm back home to my wife Oonagh. Sundays are pure rest days, apart from the swim with

GALLERY LIFE & STYLE IN JERSEY Oonagh. Maybe a breakfast somewhere and time at home reading and relaxing with a box set.

#### Any secret swimming spots?

Too many to mention! A daily swim has been an incredible reminder of what this little island has to offer in terms of natural beauty. La Coupe, Fliquet, Annport, the list goes on and on. I think many people during lockdown had a similar experience of realising just how lucky we are to have so many idyllic spots in Jersey. It's been a bit of a game changer for me in wanting to get out to all the different bays and seeing bits of Jersey I had forgotten about. I've had so many memorable moments doing it.

#### Do you have a favourite beach?

Probably Portelet. It's an amazing location any time of year. Having the pizza restaurant there is a real bonus. The walk down to the beach is an adventure in itself and it's a great place to swim. As a family we had an amazing experience whilst eating pizza in the restaurant and seeing a pod of dolphins. My daughters were still very young at the time so it was very special.

#### Describe your perfect day spent on the island?

I'm lucky in that I get to do what I want to do every day so an average work day is perfect. The summer is best. A cycle into Havre Des Pas along the coast road, a swim and a dry out in the sun. A coffee and catch up with friends and then a day painting in my studio. I love the harbour side where my studio is situated.

### Which restaurant would you recommend to someone visiting Jersey for the first time?

We live close to Seymour Inn so I would definitely recommend the food there. The best meal I've had on Jersey though would have to be when Oonagh and I stayed over at the Atlantic for New Year's Eve a few years ago. The food was really, really good and it was a nice treat for us both. It came after I had put on a successful exhibition so we felt justified in indulging ourselves.

#### What about the best brunch on the island?

During the summer my friends and I love to go to The Good Egg after a swim at Havre Des Pas. Great food and lovely staff. Love a breakfast at Archirondel too. For coffee it's got to be The Merchants in town-they do amazing coffee. To be honest, sitting at my studio window with a filter coffee overlooking the harbour is pretty perfect too.









Peter's choices, clockwise from top left; The Good Egg, The Merchants, Fliquet Bay and Portelet Pizza.

#### Where on the island do you feel most inspired?

I've always loved the harbour-side and the fact it's very industrial makes it feel different to anywhere else in Jersey. I feel very lucky to have been based there for the last 8 years and I grew up nearby so I feel a connection with it. Any coastal spot is inspiring, there are so many different elements. I've never been a landscape painter so it doesn't necessarily inspire my work directly but it's forever life affirming.

#### What are you working on at the moment?

I'm currently developing a new body of work. Having spent the last several years concentrating on painting without the figure, I am enjoying working on figurative painting again. It feels like a new phase has begun so it's an exciting time right now. I feel like I'm at the start of something which is both exciting and frightening which, as an artist, is exactly where I think I need to be. The joy of painting is that you are constantly learning and having to adapt to new ways of thinking and seeing the world. The sea swimming has definitely affected my thought-process so I am keen to reflect that in the work.

#### What was your first memory of Jersey?

Sunny days playing football on St.Brelade beach and praying for a knickerbocker glory ice cream after!

#### Describe Jersey in 3 words...

Surprising, beautiful, small!

Jason's work and details about upcoming exhibitions can be found at jasonbutlerartist.com































**NSPCC DRAG BRUNCH** 

Upstairs at Anley Street 25th February

Nima Rad hosted a Drag Brunch at Upstairs at Anley Street in aid of NSPCC Jersey. The Brunch was a fundraiser for his mission to run the London marathon. The day consisted of performances from the drag queens (Kiki and Bonny Bon Wee), games, lots of raffles, musical bingo and an auction. The fantastic team at  $% \left( 1\right) =\left( 1\right) \left( 1\right)$ Upstairs at Anley Street created a special brunch menu, which was a first for them. The

43 guests were treated to ham hock, smoked trout or mushroom brunch with cocktails to get the day started! With great food, flowing drinks and a headline performance that involved confetti cannons and a money gun shooting out fake money, it was quite an event. And the real result? Nima raised over £3,000 for NSPCC Jersey. Go Nima!













100 BEST AUSTRALIAN WINES ROADSHOW

St Helier Town Hall
Thursday 23rd March

After a Covid-related break, Canaccord Genuity Wealth (International) were delighted to sponsor once again the 100 Best Australian Wines Roadshow with wine expert Matthew Jukes. This is Gorey Wine Cellar's flagship event and was rewarded by a sell-out audience who were able to sample over 40 different wines

from his Top 100. It is a major coup to get someone of Matthew's global standing to visit Jersey. His ability to engage with wine lovers and novices alike is second to none. He is a wine raconteur and his interaction with those in attendance was much appreciated by all.













'MIXTAPE' OPEN VIEW

Private & Public 24th March

With the perfect combination of big stars of pop art and a some local homegrown art talents, the opening night of Private & Public's 'Mixtape' exhibition was rammed. That was in terms of the volume of items hanging on the walls and the bumper to bumper crowd that had almost drunk the bar dry by the time we arrived. And we were on time! The selection of work and

the atmosphere were equally buzzing. From Warhol to Haring, Hockney to Hirst, Emin to Lichtenstein, Opie to Fairey, it's who's who of modern art. There's also strong local artwork so be sure to hunt out something new too. The exhibition runs until the 18th May so be sure to head in and check it out.

























JEJU X THE MERCHANTS VALENTINES SUPPER CLUB

The Merchants 11th February

People sometimes drive down Beresford Street in a world of their own. While you're letting people out, filter-in-turn style at Island Lock and Safe, the bright lights of the Market sometimes keep your eyes left. If you look right, there's a Harley parked outside each day, in the doorway of the fabulous The Merchants coffee shop. If you've not been yet, it's definitely worth stopping by. In addition to great art and coffee, they also do

pop-up collaborations. Valentine's Day saw them host a Supper Club with the culinary wizards at JEJU. Guests were treated to a one-off red & pink menu of JEJU's authentic Korean/Japanese cooking supported by a complimentary vinyl soundtrack of its flavours by live DJ David Gaspar. Guests left with a beautiful rose, courtesy of Eden by Claire. We're looking forward to the next one!



# La Fête du R'nouvé Spring Festival

#### Sunday 14 May, 10am to 4pm La Hougue Bie

Relax under a canopy of trees and be creatively inspired by the beauty and magic of La Hougue Bie at our annual celebration of Spring festival.

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JERSEY HERITAGE EVENTS

## GIVE FUNDRAISING AND CHARITY IN JERSEY



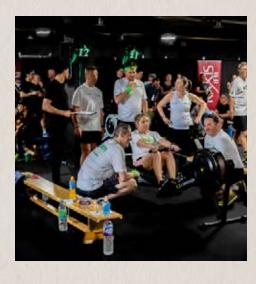
#### Fete flips to Friday

The day of the island's much-loved Gorey fête will be changing from a Thursday to a Friday. Starting this year, the fête will be held on Friday 18th August 2023.

The decision to change the day of the fête was made after careful consideration by the Committee, which is made up entirely of volunteers who are dedicated to putting on the fête each year. The decision has been made so the volunteers only have to take two days off work rather than three. The event will also coincide with the Battle of Flowers changing its timings to attract more people.

The Committee is grateful for the support it receives from both Jersey Mutual and the people on the Pier. If anyone would like to volunteer in any way, the Committee would be happy to hear from them. The event will still have the same family-focused fun and donate its profits to local charities. This year's charities have yet to be announced. Lester Richardson, Chairperson of the Gorey Fête and St Martin Bonfire Committee, said, "We are excited about the change in day for the fête and hope that it will attract more people to come and enjoy the event. We are grateful for the support we receive from the community and hope to continue this tradition for many years to come."

Keep up to date with all things fete at www.stmartinsevents.com



#### Puuuuuuuulllll.

Macmillan Jersey's annual Rowathon in partnership with Praxis is back — and the island-based charity want you to get involved!

Fifty Men's, Women's or Mixed teams of six people will row the equivalent distance of Jersey to Sark (30,000m) on an indoor rowing machine, with a leaderboard tracking their progress. There will be two timeslots (9.00am and 13.00pm) with prizes for the fastest teams, along with other prizes up for grabs.

Registration for the event will be of £450 per team, with the hope that many teams will do their own fundraising and employer matched funding to boost their team's offering.

Rowathon 2023 / April 22nd Transform Together Fitness, Longueville Road, Register at macmillanjersey.com



#### Fast-flowing fundraising

Staff at Jersey Water raised £17,000 last year for Dementia Jersey, the company's chosen charity for 2022. Jersey Water matched every pound raised by its employees who embarked on a number of fundraising activities during the year, including supporting Dementia Jersey's 50-mile walking and summer cycling challenges.

The Jersey Water team also raised awareness about the charity at popular Island events and festivals, such as the Boat Show, Out There and Weekender, where employees collected donations from Islanders in exchange for free water refills and reusable bottles.

In addition to supporting its employees' fundraising efforts, Jersey Water, for the first time, used its customer billing as a way of spreading the message about its chosen charity. All customers received information about Dementia Jersey with their quarterly statement.

In 2023, Jersey Water employees are supporting Teenage Cancer Trust Jersey Appeal.

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#### Coronation Street (party)

The coronation of King Charles III will take place on Saturday 6 May 2023 at Westminster Abbey in London. A coronation is both the symbolic religious ceremony during which a sovereign is crowned and the physical act of placing a crown on a monarch's head.

I t formalises the monarch's role as the head of the Church of England and marks the transfer of their title and powers. On the same day the Queen Consort will also be crowned. Their Majesties want to encourage people to spend the Coronation Weekend celebrating with friends, families, and their communities. To mark the historic occasion on Saturday 6 May islanders are invited to attend a large-scale public event being organised at Coronation Park (Millbrook Park), St Lawrence.

The programme of on-island events have been coordinated to complement the national programme organised by the Royal Household to allow people to come together as a community to celebrate this historic event. It is hoped this will best allow islanders to immerse themselves in the historic occasion. Highlights include:



#### Saturday 6th May

#### Coronation Celebrations in Coronation Park (Millbrook Park) 10.00 - 18.00hrs

A large-scale public event will be staged at Coronation Park, a large screen will be the focus and the coronation ceremony will be broadcast in real time. The family-focused event will include a programme of musical entertainment and activities for all ages.

#### Sunday 7th May

#### The Big Lunch. 12.00hrs

As part of the coordinated national programme to encourage street parties and community gatherings Jersey will host its own Big Lunch in Liberation Square. This ticketed event will be similar in style to the High Tea on the High Street with light entertainment will be provided. The event will be alcohol free. Tickets will be available to purchase from 3 April.

#### The Coronation Concert at Windsor Castle

#### Liberation Square 19.00hrs

A public screening of the concert will be staged in Liberation Square. We are awaiting final timings to be shared by the Royal Household.

#### Monday 8th May

The Big Help Out; local charities will encourage people to volunteer their time throughout the bank holiday local charities can register their activities or events at the bighelpout.org.uk

Licenced establishments will be encouraged to open from 09.00 ahead of the live coverage of the coronation from 11.15 (TBC). In addition to this a special extension will be permitted to establishments holding a seventh category licence, who may apply to be open until 03.00 on Sunday 7 May. Applications should be submitted to the Bailiff's Chambers no later than Friday 21 April.

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#### JERSEY STROKE SUPPORT



#### TRACY O'REGAN

Originally from West London, Tracy has lived in Jersey for 20 years. She has worked in the charitable sector for over 10 years, in particular supporting people who have had a stroke and their families. Her biggest achievements include taking part in challenges raising money for charity. She has run the Jersey marathon and cycled London to Paris with a team including her son and London to Amsterdam with a team including her daughter. She enjoys spending time with her family, going on holidays and long walks with her dog.

#### What made you want to support the cause?

My brother suffered a stroke when he was 22 years old, I was 20 and I don't remember anyone explaining to me what a stroke was and how the brain had been affected. My brother came home from hospital after a few months and I thought he was 'fixed'. That wasn't the case, he had lost the use of his left arm and struggled walking with his left legthey were only the things you could see. His balance was badly affected as well as other 'hidden' effects from the stroke. Sadly, my brother passed away age 42 due to a genetic condition that had caused the stroke and so it's been my mission since then to raise awareness about stroke.

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#### What do you do within the organisation?

I am one of the directors of the charity and have taken an 'operational' role to try to get the charity into the public eye - I currently offer support to stroke survivors and family members and liaise with the hospital. I am also supporting donors, sponsors and people who are raising awareness and money for the charity with fundraising endeavours. I also attend meetings within the third sector including the Health & Care Partnership Group, Jersey Charity Forum, Carers Partnership Group and more.

#### How can people help, from your perspective?

We are a local charity with all monies raised on Island being spent on Island - we want to support our local community. One of our aspirations is to work with local companies to offer talks about well-being, stroke, stroke prevention and blood pressure checks. It would also be amazing, as a small charity, to be recognised across the Island and even nominated for company's 'Charity of the Year' to help raise our profile. We are also organising a black-tie gala ball on Saturday 7th October at L'Horizon, themed 'Through the Looking Glass', the theme relates to stroke - you'll have to purchase tickets to find out more. Please contact us at enquiries@jerseystroke.org.je

#### **GARY BELLOT**

A finance industry professional, Gary has over four decades of experience that saw him build a successful trust, investment, and fund businesses based in Jersey, Switzerland, and Cyprus. Gary was born and raised in Jersey and feels a strong connection to his community. With five children and five grandchildren, Gary cherishes spending time with his family. Ouotside of family life, he enjoys sports including boxing and football. As a devoted Tottenham Hotspur fan, he holds a season ticket and travels regularly to support the team.

#### What made you want to support the cause?

In late 2014, I suffered a stroke that had a significant impact on me, and my family's lives, inspiring me to give back to others through charity work. After the stroke, I decided to give back through charity work. As they say, the proof is in the eating, and I'm committed to making a difference for those affected by stroke. Tracy, Nicole, Nolan, and I worked together previously on another charity involved with stroke.

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#### What do you do within the organisation?

We are a collaborative board of directors with different skill sets, working towards our objective to offer assistance and support to stroke survivors and their families, ensuring their safety and to raise awareness about stroke prevention across the Island.

#### How can people help, from your perspective?

There are various ways in which you can assist our charity. For example, by volunteering at some of our fundraising events, offering to provide administrative help to the charity, donating funds, raising awareness about what we do for example, through sharing information on social media and following our social media websites and posts. You can also raise awareness through our campaigns or even undertaking your own events in support of the charity. Every little helps, we are grateful for your support in whatever way you can provide this.

#### **KEVIN ALLEN**

Kevin has spent all my working career spanning nearly 40 years, in banking across different businesses and various roles including board positions. Much of my early career was in the UK although for the past 20 years, home has been Jersey.

#### What made you want to support the cause?

From a personal perspective, I've always enjoyed sport and considered myself to be relatively active, fit and healthy (even if I'm carrying a little too much weight nowadays!). I was therefore surprised when Tracy, who I've known for many years, came to talk to our business a little while ago, about stroke preventative measures and undertake some blood pressure testing and mine was really high (high blood pressure is one of the major potential causes of stroke). Tracy urged me to head straight to my GP as well as adopt some of the preventative measures she talked about to get my blood pressure down. I've made some progress!

#### What made you want to support the cause?

When Tracy told me that she wanted to set up a charity to provide support and assistance to stroke survivors and their families in Jersey, she did so with such passion and commitment, I had no option but to agree to get involved.

#### What do you do within the organisation?

Each of the directors has different skills and experience so our board has a real breadth of talent. Given my financial background, I've been able to help in setting up our bank account and online banking. It's a joy and a privilege to work alongside such inspirational people who are committed to making a positive impact on the lives of those affected by stroke in Jersey and contribute to building a stronger support network in the community.

#### How can people help, from your perspective?

In our first year, we've been busy setting up the company, putting the appropriate governance in place and completing all the necessary registrations. We then needed to focus on fundraising which in a post COVID environment, has been challenging. We've been overwhelmed however, by the generosity of our Island and the support we've received which has really enabled us to progress our objectives which are now well underway.

One of the most direct ways people can help support Jersey Stroke Support Limited is to make a donation. This can be done online (Jersey Stroke Support) by mail, or in person. Every donation, no matter how small, can make a significant difference to the lives of stroke survivors and their families. Another way to help is by volunteering your time and skills. We rely on the support of volunteers to help in our fundraising activities.

Lastly, you can help raise awareness about Jersey Stroke Support Limited and the work it does by sharing information about the organisation with your friends, family, and community.

#### NICOLE LE MIERE

Nicole was born and grew up in Jersey. She has been a primary school teacher for over twenty years. She currently works at La Moye Primary School. She loves travelling and is always up for a challenge, particularly, if it has anything to do with raising money for Jersey Stroke Support. Nicole has run the Jersey Marathon and cycled from London to Paris and London to Amsterdam as part of Stroke-related charitable fundraising.

#### What made you want to support the cause?

I suffered a stroke in 2008 at the of 29. My life changed overnight and the years that followed were incredibly difficult. It wasn't until I met and started being supported by people who had either had a stroke or knew an awful lot about life after stroke that I began to turn a corner. I felt that there was very little support in the island at that time. I believe that people who suffer strokes as well as their families deserve to have the opportunity to be supported throughout what I believe is changes your life.

#### What do you do within the organisation?

My role very much supports the Stroke Survivors and their families. I also hope that sharing the story of my Stroke and the impact it has had on my life, helps the general public to understand the impact stroke and its life long effects has on a day to day basis. I also support with fundraising, marketing and promoting. I am proud to be one of the directors of Jersey Stroke

Support and I am determined to raise our charity's profile in Jersey.

How can people help, from your perspective?

Jersey Stroke Support is a brand new small local charity and the money that is raised here, stays here. It is important to me that people in the island know that we exist, and know that everything we do, we do for people in Jersey. Please help us by spreading the word, tell friends, families, colleagues! We have big aspirations and would welcome any support in any way possible from islanders, to make our dreams come true!

#### **CHRIS COTILLARD**

Chris is a Jerseyman. Born and educated in the Island, he is a director and owner of Alex Picot Trust. He is married with four children and a keen sportsman, having represented the Island at badminton and shooting on many occasions.

#### What made you want to support the cause?

I have known Tracy for a number of years through her prior stroke-related roles and she has given talks to Alex Picot Trust and we have carried out many fundraising initiatives to support her over the years. Knowing the impact that strokes have I was keen to help where possible individually but also Alex Picot Trust provides services to the Charity. I have been involved in many honorary roles with sports associations over the years but this was a perfect opportunity for me to start getting involved in the charity sector and start making an impact on Islanders.

#### What do you do within the organisation?

I am a general board member but being a Chartered Accountant I seem to have assumed the role of financial reporting to the Board!

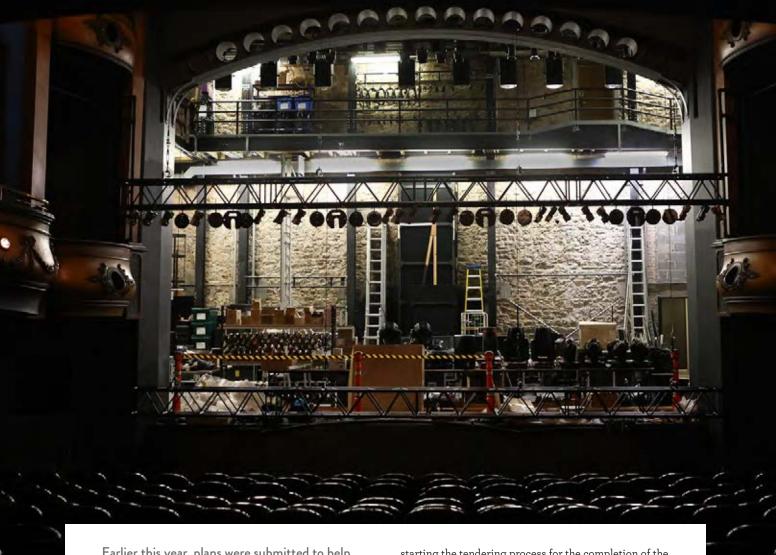
#### How can people help, from your perspective?

The charity is still at the early stages of its development but fundraising initiatives and general donations to the Charity are always welcome along with considering the Charity for legacies in additional to the other worthwhile charities within the Island. As the charity develops there will likely be volunteering roles also required.

Tim Pearce and Nolan Walker are also directors but we'ren't able to make the shoot!

# enquiries@jerseystroke.org.je

## **WORK IN PROGRESS**



Earlier this year, plans were submitted to help restore Jersey's much loved Opera House. The government announced it would provide £11.5m in allocated funding to restore the building with plans to include a full restoration of the Grade II listed building, adding a "modern glazed structure alongside the historic façade". Beyond this snippet of information, little else is known about the development, not least how the work is progressing. We caught up with the interim General Manager, Phill Hogben to find out what is actually going on behind the historic facade and what the public can expect to see when the doors finally reopen.

#### Everyone wants to know, what is happening in the opera house at the moment?

The latest update is that planning permission is with the Government planning department and will be concluded in the near future. Once this is granted, the next step will be to submit the plans for bylaw permissions as well as

starting the tendering process for the completion of the works. Unfortunately we do not have a time scale yet from the architects, but planning permission progress can be checked on Gov.je website ref P/2023/0009

#### Can you tell us about the restoration-what's happened so far and what can we look forward to seeing when you reopen?

A lot of the work so far has been preparation work; planning and understanding the scale of the project we are undertaking. Since the original 2019 conditional survey report there has been further deterioration of the building so this has to be factored into our most recent plans. The auditorium is where our customers will notice the main difference. All the seating and the carpets are going to be removed - with new carpeting to replace the old throughout the whole building and any old seating will be refurbished and reupholstered.

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Most of the works are centered around health and safety, heating, air conditioning and roof repairs. Our patrons might not see a massive change aesthetically, but they should feel a whole lot warmer and cooler (in the summer) with greatly improved air handling systems. And with the upgrading of the fire protection, the building will be much safer. We are also implementing, where practical, details in a disability accessibility report, which will look at improving access to the building for wheelchair users and providing increased mobility when moving around the theatre.

Wherever possible a carbon neutral consideration approach where "plant" and appliances are being changed

will be a large and important part of the contractor's remit. Outside the project scope of works, the JOH board has approved additional decoration of backstage areas and other safety works that were outside the conditional survey.

#### What will be different from before?

In addition to having greater disabled accessibility and a decorated auditorium with refurbished seating, there will be an improved façade at the box office entrance, more exhibition space internally as well as a refurbished café and studio.













"There will be an improved façade at the box office entrance, more exhibition space internally as well as a refurbished café and studio."

#### What work is there still to be done?

Most of the works revolve around making the theatre safe, watertight, and functional. The technical infrastructure will need major investment; the majority of the backstage equipment is over 20 years old and there is now far better and more efficient lighting and sound equipment available. We will be looking for help from the Government and also pursuing corporate sponsors and private donors to fund this. Hopefully we can find some kind and generous companies and individuals to support the Arts infrastructure of the Island. Our improvements will mean we can support more activities here at JOH and in the wider community.

#### What were the biggest issues with the old building, and how have these been addressed in the new building?

It is a very old building with great historic significance, but despite this the current building must adhere to today's fire legislation and modern guidelines. Some access points will have to change as a result of that. Matching the heritage and style of the building to the requirements of these modern guidelines is difficult and costly. More issues will come to light as the building works get properly started and as we start "lifting up the carpets", we do not know what we will find.

#### So, when are you reopening?

Currently the scheduled reopening date is end of Q4 2024, but as soon as the works start then a completing date will become clearer. In the meantime we are in communication with the government who are thinking of creating an Instagram or Facebook page designated for the refurbishment program, and we at the JOH will be pushing our offsite activities and interesting developments through similar media. So keep a look out for that.

#### ABOUT THE PHOTOGRAPHER.. **DASA WARTON**

"I grew up in Prague, Czech republic and loved going to theatres to see operas, ballets or plays – I was always fascinated by the magic that was created on the stage ... I worked for four years as the resident photographer for the Czech National Ballet and loved working in the National Theatre in Prague.

Soon after we moved to Jersey 15 years ago, I found myself sitting in the Jersey Opera House, listening to both of my kids singing, playing piano and reciting poems as part of the Eisteddfod festival. Since then I saw there many more performances by both professional artists and enthusiastic amateurs and grew to love the place..

As the Opera House is such an important institution for all islanders, I thought that it is crucial to document its renovation and transformation - I love working on long term projects and thought that creating a photographic diary of the renovation work will record historic moments in the life of the venue, as well as give the islanders a glimpse of what will be happening behind the closed doors while all the renovation works take place. I was so pleased that the Opera House representatives loved the idea and so now we are beginning the journey that will culminate in re-opening the much loved local cultural epicentre'.

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#### **CALL FOR ARTISTS**

## ENTER YOUR WORK FOR THE CHANCE TO WIN YOUR OWN EXHIBITION AND £1000



CCA GALLERIES International

## **SUMMER EXHIBITION**

**JUNE - JULY 2023** 



Application is open to all visual artists
Enter at www.ccagalleriesinternational.com
Entries close 9th April

CCA Galleries International, Royal Court Chambers, 10 Hill Street, St Helier, JE2 4UA

01534 739900 ccagalleriesinternational.com



### Make time for play

ArtHouse Jersey's upcoming exhibition 'Playtime' by Will Lakeman recreates the strange hold that childhood spaces have on our adult memories, all centred around the Jersey childhood mecca of old Fort Regent. Lakeman is a photographer who has nurtured an obsessive interest in 'the Fort', and has spent his adult life revisiting weird dreams of this iconic building and its heyday in the early 1990s.

If you were ever a visitor to Pluto's Playtime, spun around the roller disco on your Bauers, felt bilious on the pirate ship or slunk around in the shadows of the Exploratorium this exhibition is without question for you. In a broader sense though, this exhibition is about nostalgia, and how it is not always reliable. You can't photograph a place that has long ceased to exist, so Will has responded by using photo manipulation, collage and new technologies of artificial intelligence to recreate the Fort as he remembers it, not as it ever really was. The resulting images try to evoke the odd, fantastical memories we carry of childhoods everywhere. With a custom soundscape, smell and touch, Playtime encourages you to revisit your own dreams. Will answers some questions for us about the exhibition;

#### What are your stand-out memories of Fort Regent when you were growing up?

I feel like I spent all my free time up there, which can't be possible, as there's only so many times you can play Double Dragon when your pocket money is £2. I did spend many hours on my own wandering the more deserted parts of the structure in search of unique vending machines. I still do this but you can no longer find Cherry Coke.

#### It was a pretty unusual facility for young people to have at their disposal, wouldn't you say?

Today's teenagers don't believe you when you tell them that we used to have one facility that contained a rollerdisco, an aquarium and a swimming pool where they'd let you dropkick your brother off a giant floating octopus. I think young people would benefit from a ghost train and regular cabaret performances.

#### Why have the memories of Fort Regent remained so potent, do you think?

I think the Fort (at least in its 90s leisure centre incarnation) seemed impossibly large and exciting for such a small Island. It might be because it jammed all these random family activities into this crazy hybrid building that seemed like a structure from another world. These days it's more like a downed UFO, leaking radiation into Snow Hill.

#### How did you come to transform this idea of nostalgia around Fort Regent into art, and ultimately Playtime?

Nostalgia is dangerous - we remember things selectively and unreliably. The Fort was never as grand as my generation remembers it, so I consciously made images that reflected my weirdest memories instead of reality. They're my dreams, so they don't need to make sense. Using AI to manipulate and enhance them exaggerated this.

#### What can people expect when they come along to the Playtime exhibition?

It's colourful, happy, sad, but hopefully recognizable. I wanted to capture the complex emotions that come from revisiting childhood memories. We built a soundscape and there are elements of touch and smell to make the show an immersive experience.

#### Will this show still be of appeal to those who didn't grow up in Jersey?

Definitely. From speaking to people whilst I was developing the idea, I wanted the images to capture something universal. Most of us have similar memories of a grand space that impressed us when we were small, particularly of things like funfairs and swimming pools, but also of huge ruins and emptiness. There are some obscure references included for the hardcore Exploratorium-loiterers, but equally there's "Fun for all the Family" whether you remember the Fort in its heyday or not at all.

Playtime by Will Lakeman takes place between 24 May and 2 July 2023 at ArtHouse Jersey at Capital House, Tues Sat 10.30 to 6pm/5pm close on Sundays/ closed Mondays. Free Entry.

There also will be an Artist Talk with WIll Lakeman on Saturday 10 June at 11am at ArtHouse Jersey at Capital House. You can book through ArtHouse Jersey's Eventbrite page. There are also a number of special music and performance events set within the Playtime exhibition. You can learn more over at arthousejersey.je

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#### Art competition launched in honour offemale political pioneers

The 'My Island' art competition has launched today, to mark the naming of meeting rooms in the States Chamber building. The meeting rooms will be named after Caroline Trachy and Ivy Forster, two key figures in the history of the States Assembly who paved the way for future generations of female politicians in Jersey.

Caroline Trachy was a long-term campaigner for female representation in the States Assembly, and the first woman to stand for election to the States in 1922. Her efforts were instrumental in breaking the barriers for other women to stand for election in Jersey. It was possible for Ivy Forster to be elected as a Deputy for St. Helier in 1948 as a result of Caroline Trachy's persistence for the political system to embrace equity.

In celebration of the naming of the meeting rooms and to mark 'Women's History Month', we are inviting female Islanders to take part in the 'My Island' art competition, which is open to students (aged 7-18) and adults (aged 19+). We welcome photography, print, drawings, paintings and collages on the theme of 'My Island'.

The winning artworks will be displayed in States Assembly buildings for 12 months and prizes will be awarded for each of the four age groups (7-11, 12-15, 16-18 and 19+). There will also be a prize for the runners up in each age group category. The deadline for entry is at 5pm on Friday 21 April.

Chair of the Privileges and Procedures Committee, Connétable Karen Shenton Stone speaks about the competition and the importance of recognising women in history: "we are really excited to launch this competition and highlight female artists in Jersey. It is important to recognise the women that paved the way for future generations and having female artwork in the Caroline Trachy and Ivy Forster rooms reinforces the progress the Assembly has made with female representation. We hope that local female students and artists take up this unique opportunity to share their artwork and be part of women's history in Jersey".

The competition winners will be announced at an unveiling event of the meeting rooms in May, which will showcase the winning artwork to Islanders and States Members. More information about this event will be shared in April.

Please head to the States Assembly website to find out more about the 'My Island' competition, including, how to apply, prizes and Terms and Conditions.

statesassembly.gov.je



The Art for Guernsey team at their 'Transformation' exhibition

#### Pan-island art gang unite!

ArtHouse Jersey and Art for Guernsey are pleased to announce their intention to work together, joining forces to promote the Channel Islands - collaboratively and on a noncompetitive basis - to France and other jurisdictions.

he partnership came to fruition following a cultural diplomacy field trip to Rennes in June 2022 where the organisations engaged with galleries and museums, as well as the cultural services of the city, with the view of exploring artistic collaborations aimed at creating wider connections between the respective jurisdictions. Through this process, the two organisations identified a shared vision for how art can make concrete contributions to society, and in particular how it can connect communities, opening new and more positive dialogues across a wider range of topics.

The two organisations are currently working on the creation of a collaborative touring Channel Islands exhibition for 2024 that will develop through a series of artistic residencies on both Islands for local and international artists later this year.

On Monday 20 March Art for Guernsey and ArtHouse Jersey will give a joint presentation at the Guernsey Chamber of Commerce's prestigious monthly lunch. They will talk about the aims of their partnership, highlighting the opportunities for the promotion of the Channel Islands abroad and the advantages of working together. They will also provide an update on an arts project in development that is being coordinated with BIAN (Bureau des Iles Anglo-Normandes) around a political summit that will take place at the Art for Guernsey exhibition space in September, with senior political representatives from both islands, La Manche and Normandy in attendance.

David Ummels, founder of Art for Guernsey, said: "It has been great to build this link with our closest neighbours to facilitate a better and more ambitious provision for arts across the Channel Islands and to present a more unified voice in representing the Channel Islands internationally. As we found from our visit to Brittany last year, working together gave a much more coherent and impactful voice to build meaningful partnerships with France and we are looking forward to continuing this work together."

Tom Dingle, Director of ArtHouse Jersey, said: "This partnership offers a fantastic opportunity to share knowledge, resources and expertise. Combining our efforts will offer a broader platform to showcase and celebrate the work of local artists whilst also providing a further opportunity to bring outstanding exhibitions and projects to the Channel Islands to inspire and connect local audiences."

## THE STREETS

#### **MEET JERSEY'S STREET ARTISTS**

Since its long-awaited opening, the graffiti wall at Les Quennevais skatepark has attracted (almost) more attention than the ramps and half-pipes. This is because street art in Jersey is big news, and only getting more popular. From the large mural on the frontage of Normans created by English street artist Gabriel Pitcher to the increase in the island's legal walls for graffiti, it's clear that street art in the island is having a moment. We caught up with a few of Jersey's professional street artists to find out more about the graft behind the graffiti.



#### BLINTROLLER

Self-taught artist Bluntroller is often touted as the UK's best up-and-coming urban artist with work dotted throughout London, Dubai and Europe. His mass following comes after an exhibition in the Saatchi Gallery in London, his work being displayed in the Wien Museum of Vienna and the Street art Gallery of Paris, followed by a sell-out solo show in Geneva. He is currently working with two of London's biggest galleries - the details of which are shrouded in secrecy until it is exhibited later in the year. In the meantime, there are limited pieces still up for grabs from his 2020-2022 collections, all of which are available through his agent Jasmine Rose Noel. "I picked my art name when I was in my 20's back when I first started drawing. I was always high when I was creating so I just gave myself the title Bluntroller. I had no idea that in years to come, it would become my full-time profession but by that point the name had stuck so there was no going back!"

@bluntroller87



Midnight's name was created during his early freelancing career, when his schedule meant that his work days would constantly stretch beyond 12pm. Having been in the industry for well over a decade he is well versed in creating high concept Street Art, large scale murals, digital collage and installation. His most recent work can be seen (and purchased) at Private and Public Gallery. @Midnight\_ind

KUMO is a Jersey born British/Sudanese artist who has been involved in graffiti scenes in England, Sri Lanka and Vietnam. He is a graffiti writer first and foremost, choosing his street art name due to the letters he liked using in his pieces. In Jersey, he is a key member of the Island's IKM graffiti crew; Inkramental graffiti artists. His graffiti murals and paintings are directly influenced by the hip hop cultures of the '80s and '90s from which contemporary graffiti styles emerged - he uses bright colours to create expression and vibrant portraits, referring to them as 'fine art in graffiti style.' His large-scale murals can be seen around Jersey and he takes on commissions for private clients and companies.

@kumo\_one



LOWKEY LUCIANO

His passion for drawing and sketching was nurtured at school level where a proficiency for the subject was rewarded when he reached college for his achievements within the field of art. After a brief interlude as a successful tattoo artist, Lowkey Luciano pursued the life of a Street Artist and a lot of his work can be found around the legal graffiti areas in the UK and in Jersey. Now though, most of his ideas are painted onto small pieces of paper or canvas - all of which will be displayed at his first exhibition later this year. "My alias came about because Lucky Luciano was my favourite mobster and my friends called me Lowkey so it just kinda came together."

@ loakerobert

MOLE

Ouaisne based Mole is an artist of many talents, producing landscapes and abstracts as well as letter based Graffiti, airbrush and sign writing. Up for any challenge, he'll happily paint whatever he is commissioned with but favors the size and style of murals. His graffiti work can be seen at the new skatepark at Les Quennevais or to see his stuff in person, you can visit his gallery at Ouaisne from April onwards. "My name came from my university days when I needed a DJ name and it stuck. So it's what I cut into my first stencils I painted trackside in North Wales."

@neb\_nossim

# Designers\* We've added a new

The Gallery Graphics Art Prize is a new category at this year's CCA Summer Exhibition. We're offering winning prizes of £250 each for a designer and an illustrator. If you've created some great work or content recently, submit it by the 9th April for a chance to win.

Enter at ccai-jse.co.uk

# Illustrators award, just for you.

## GALLERY GRAPHIC ARTS PRIZE

part of the



#### **CCA SUMMER EXHIBITION**

#### THE JUDGES

As we go to perint with this edition, we'll be just two weeks from the deadline for submissions to this year's CCA Summer Exhibition. If you're considering entering some artwork or something for our new Creative Design Award, here are the trio that will be judging your work.



#### **GAVINTURK**

The bio we were sent for Gavin referenced him as the 'Sid Vicious of Contemporary Art'. Quite the title! Gavin pioneered many forms of contemporary British sculpture that are now taken for granted, including the painted bronze, the waxwork, the recycled arthistorical icon and the use of rubbish in art.

Gavin's education began with the Chelsea School of Art in 1986, followed by acceptance into the Royal College of Art in 1989. In the 1990s, he gained prominence as part of the generation known as the Young British Artists, alongside Damien Hirst and Tracey Emin and was included in Charles Saatchi's hugely influential and landmark exhibition 'Sensation' at the RA in 1997. In 2001 Turk was awarded the Jack Goldhill Sculpture Prize, and in 2007 the Charles Wollaston Award, both by the Royal Academy of Arts. In 2010 Turk received an Honorary Doctorate in Arts from the University of East London.



#### DEBORAH CURTIS

Writer, illustrator and community arts producer, Deborah Curtis founded young person's arts charity, The House of Fairy Tales in 2011. Since then she has produced narrative-driven learning adventures in partnership with national institutions such as the Tate, the National Trust, the RHS and the Royal Shakespeare Company as well as parks, gardens, schools, festivals, local authorities, regeneration developments, shopping centres and visitor attractions.

She has devised and produced work across different platforms from events and exhibitions to publishing and newspapers and is currently building a national futures literacy platform called The Great Imagining.

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# CEDRIC CHRISTIE

Cedric Christie is a London-based artist who trained originally as a welder. His current studio, housed within a commercial metal fabrication factory, is located in the East London suburb of Dagenham – historically the home of the Ford Motor Factory.

Cedric uses found industrial materials such as phenolic resin snooker balls, scaffolding pipes, coupler clamps, stainless steel channel, steel U-channel and cellulose automotive paint to make sculptures that mirror daily life while simultaneously exploring the boundaries of modernism and minimalism.

He had his first solo exhibition; 'What's the point of looking but not touching?' in September 2001. In the subsequent two decades he has exhibited in the United Kingdom, Belgium, Germany, Italy, Croatia and the USA. His work can be found in significant institutional and corporate collections including Art Gallery of Nova Scotia, Canada; Derwent London, UK; Brown Rudnick, Boston/London; BUPA, London; and Groucho Club, London.

# C'MON... what are you waiting for?

Get your entry in.... The exhibition is open to emerging and established artists alike. All visual art forms are welcome, including original prints, paintings, drawings, sculpture, film and photography. CCAI accept applications from artists with links to the island who may be working elsewhere as well as Channel Island artists.

The exhibition is based on the model at the Royal Academy Summer Show each year. Exhibits are selected by a panel of professional artists and shown in a group selling exhibition. The Jersey Summer exhibition is now in its 7th year and continues to be a highlight in the calendar at the gallery.

# Enter at ccai-jse.co.uk



# POP UP EXHIBITION

# WITH LOCAL ARTIST ROBERT ALLEN

There will be a Pop-up exhibition at Greve de Lecq Barracks with local artist Robert Allen this month. Robert Allen's practice is based around drawing and painting the coastline of Jersey's great outdoors.

His aim is to create artwork that describes the sensation of a place and he has recently been exploring more abstract processes. For this exhibition he will be presenting a series of artworks focusing on the coastline and harbours of Jersey. These pieces aim to capture the different colours, forms, textures and changing tidal areas of Jersey's shoreline.

Robert said "I am really excited to exhibit with ArtHouse Jersey in April. The setting of the Barracks above the beach set amongst the cliffs on the North Coast are a perfect fit for my artwork. I have spent a lot of time recently recording areas around the North Coast with its beautiful colours and clashing textures. This area has been my main inspiration for my work and so I hope the site and artwork compliment each other well."

The ArtHouse Jersey Pop Up with Robert Allen will take place at Greve de Lecq Barracks on Saturday 15 and Sunday 16 April 2023, between 10am and 5pm both days.



### **PHOTOGRAPHIC PROFILE**

# On Pointe

Dasa Wharton, (whose work you might be familiar with already from our feature about the Jersey Opera House), is a Czech photographer specialising in dance and performance photography. She grew up in Prague, working as the resident photographer for the Czech National Ballet before moving to Jersey in 2008. We chatted to her about her passion for dance and what drove her to a life of photographing performance art.

# How long have you been a photographer?

I have always been interested in photography, but I didn't get into it seriously until my husband bought me a Canon camera, and a few rolls of film. Our daughter was born around that time so I had a patient little model on whom I could experiment and learn different techniques. It wasn't long until I decided to pursue photography professionally, starting up my own business 13 years ago.

# What got you into the industry'?

It was an unconventional route! At university I studied International Finance and International Relations, and after getting my Masters I worked as an auditor in Coopers and Lybrand (now PwC). Later on I moved to work for Citibank in Amsterdam so it was safe to say that my life was lined up to be in the financial sector. After having two children I spent seven years at home, as we moved around a lot with my husband's work and it was at that point we came to Jersey. Here I found an advertisement in the JEP from a local (and totally wonderful) wedding photographer, who was looking for an assistant photographer. We met, and despite my zero technical knowledge he took me on! Working alongside him was the best training I could ever wish for.

After some time, I decided to try and make things work on my own. Needless to say, I could not have made this huge step without the amazing support of my husband. My main concern was my lack of education in the area of photography and art, so I started studying and never stopped really... I studied photography at the Open Art University, became a member of the Royal Photographic Society gaining Licentiate Distinction, and in 2021 was selected as a long term mentee of Magnum Photos, which gave me the chance to learn from some of the best documentary photographers in the world.

# And why did you start photographing ballet?

I grew up in Prague and loved seeing ballet performances despite the fact I had no dance or ballet training myself. About 10 years ago I went to Prague to visit my parents, and took my mum and my daughter to the National Theatre to watch a ballet performance of the Czech

National Ballet (CNB). Sitting in the theatre, I suddenly realised that this is what I wanted to do, to photograph ballet dancers - it sounds silly but that's exactly how it happened! The same evening I wrote to the artistic director of the CNB to ask if I could photograph his dancers- and amazingly he put me in touch with one of his ballet masters and allowed me to come to the ballet studios and photograph rehearsals. Everytime I went to Prague over the next three years, I made sure I was at the CNB photographing the dancers. It was a massively steep learning curve, but I soon got to know everyone and with their help, learned which are good and which are bad ballet photos as well as the importance of showing the dancer in the best moment of his/ her movement and how to best photograph various jumps. One day I got an unexpected offer from the CNB to be a resident photographer and spent four wonderful years photographing preparations and performances of the company.

# What are the biggest challenges of photographing ballet?

Photographing live ballet performances is something I absolutely love but there is also a fair amount of stress involved - besides the very poor spot-lighting, or very harsh full stage lights there are so many variables at stake - the high speed and unpredictable directions of movements for example. You need to capture the story of the ballet and get the key moments as well as ensuring you've photographed the dancers in the perfect ballet positions, in the top of their jumps, from the angle that elongates their bodies. You need to take close-up images to show the emotions of the dancers, and then photos from further away to show the choreography of the whole ensemble. It can be stressful, especially when it is a premiere and there are no materials available to study the choreography ahead to get prepared. But I love it.

# What are the best bits?

I love photographing 'behind the scenes' projects, and was very lucky to have several opportunities to work closely with some wonderful artists, like the Royal Ballet principal dancer Yasmine Naghdi. I documented how she prepares for some of her roles, being literally a couple of feet away from her while she warms up in the studio, has her hair and make done and gets her shoes prepared (a really complicated and lengthy process). It's a trust that I value most in these relationships, and being let into the private space of a dancer means so much to me because I love to photograph the person who is behind the principal dancer, as well as the artist on the stage.

# Where's the most interesting venue you've worked in?

It's got to be the Royal Albert Hall, where I photographed the opening night of Matthew Bourne's The Car Man. The choreography was specifically created for the circular stage of the RAH and it was a visual feast to see and to photograph. I also loved photographing in the Segerstrom Centre for the Arts in Costa Mesa, California, it's a beautiful multi-disciplinary cultural institution.

# Favourite ballet productions you've photographed?

It's a long list! But the most memorable one was the first one. It was a performance of Giselle with the Czech National Ballet with two world renowned soloists, Svetlana Zacharova and Friedeman Vogel – both of them in their prime and rated as top dancers in the world. I managed to photograph this one-off performance only thanks to an incredible American ballet photographer, Gene Shiavone, who was flown from the USA to Prague to photograph this ballet, and who managed to smuggle me in as his assistant. So not only was it my first ever ballet to photograph but I was also working with the best ballet photographer in the world – who, I am very pleased to say, became my mentor and friend, and with whom I am still in touch with today.

# Who is the most talented person you've photographed?

I cannot possibly name just one – all ballet dancers, young, older, professionals, amateurs are to be admired for their dedication, hard and lifelong training and their everyday commitment. Every new project that I take on is the best one, because it is an uncharted territory and it brings new opportunities to develop my practice, to connect with people and to portray them in the best possible way.

Working for the first time in the Royal Ballet in London was magical, as I had to pinch myself to believe that I was really there. And walking around the corridors and passing by some of the dancers who I'd previously only known on the screen was super exciting. But the best moments were when we talked, laughed, shared our stories, talked about our families ... The feeling of belonging at these moments was very strong and I am grateful that I had a chance to experience it.

# Do you have a favourite photograph?

I have many! In terms of ballet choreographies I've photographed, my favourite one is the Swan Lake – both the traditional one and the Matthew Bourne version, when the delicate swans are replaced by an all male cast - wonderfully visual scenes, filled with timeless emotions of love, loss and deceit.

# Finally, if you weren't a photographer, what would you be?

I would probably still be in my accountancy job, but I would be someone who would count the hours until the end of the day when I could get home to watch a ballet performance online...

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dasawharton.com



# Where the pancakes are It doesn't get any batter than this...

We don't need to wax lyrical about why pancakes are great - the reasons are as simple as the ingredients needed to make them. But if you're not in the mood for the homemade stuff this Pancake Day, here is where you need to go on the island to eat cracking crepes. From American style buttermilk beauties drenched in maple syrup to banana-infused pancakes smothered in honey and topped with fresh fruit, these are the places to go to celebrate spring pancake season...

GALLERY LIFE & STYLE IN JERSEY

# Nude Beach

# What to eat PROTEIN PANCAKES

If you're in the mood for good food but not bad-for-you food, then Nude Food is the place to go. Their St Aubin's restaurant (Nude Beach) is serving Protein Pancakes, homemade with banana, eggs, oats, vanilla protein and blueberries and served with yoghurt, berries and honey. These might be lighter on the calories but they pack a serious taste punch.

La Haule Slip, St Aubin



# The Pavilion

### What to eat **PAVCAKES**

These are serious business pancakes for three reasons. They are madeto-order and served straight off the plancha (that's a grill for you and me) so they don't get fresher - or hotter. You get 10 of them. Yes, you read that correctly, 10. And you can get a choice of toppings. From whipped maple butter & pancetta or Nutella & sliced banana or perhaps fresh berries & Chantilly cream is more your thing. Either way - these fluffy buttermilk vanilla pancakes get our vote. Someone pass the Gaviscon.

La Route de la Libération, St Helier



# The Yard

# What to eat **COCONUT PANCAKES**

Okay we know coconut is a divisive taste but listen up because these pancakes are a thing of beauty. Made with a carrot halwa (a blend of carrot, milk and dry fruits) these pancakes have so many brilliant and bonkers accompaniments we dare you to not use the 'masterchef' voice when reading them... chai tea cream, mango compote, orange and clove syrup, blueberry jam, lemongrass cheesecake, wood sorel and agave syrup....you still with me? If that list of ingredients doesn't get you curious, we don't know what will. Head down to give them a go.

The Weighbridge, St. Helier

# Sands

# What to eat **BANANA PANCAKES**

It's a classic combo right? And sometimes you just can't beat the classics. Served with berries, fresh cream and maple syrup, these secret recipe pancakes are as classic as they come. Pillowy soft and fluffy as air, they're subtly sweet thanks to the hint of banana. For those wanting to walk on the wild side of pancake life, you can add a side of streaky bacon. We'll be keeping ours a classic, thanks.

Grande Route des Mielles, St Ouen

# Lockes

# What to eat YANKEE PANCAKES

It's got to be tried to be believed - but maple syrup and bacon are a match made in heaven. Thank you to Lockes, and Lockes only for bringing us these Yankee Pancakes. Thick, airy buttermilk beauties that look more like cakes than pancakes, these fluffy morsels come with maple butter and are teamed with sticky rashers of salty streaky bacon. It's making us salivate just thinking of them. Little nippers can get in on the pancake action with their very own pillowy portion but served with honey and fresh berries (and we can attest that it passes the toddler taste test). It's a ten from us.

5 Pitt Street, St. Helier



# Le Braye

# What to eat

# AMERICAN FLUFFY PANCAKES

We know this is another serving of stateside cuisine, the third American-style pancakes we've included in our roundup, in fact, but bear with us because these pancakes portion size alone deserved an entry. They'd make any American proud because they're enormous. Which is a very good thing in our books. And can we also just mention the giant dollop of vanilla mascarpone which is heavenly and light, and the crispy pancetta which is satisfyingly salty. Oh and the well of warm maple syrup they're served with. And the scattering of fresh zesty berries...we could go on, but we won't because you get the point. Why not get down there and try it for yourself.

La Grande Route des Mielles, St Ouen



# The Samares School Burger Challenge

The students of Samares School were tasked with creating a burger that used as many local ingredients and produces as possible. A group of five year 6 students designed and created something not only unique, but slightly terrifying and also very impressive. They took out the competition and really hit the mark!

The 'Roastin Royals' burger is an absolute beast that doubles down on meat and vegetables; a handformed Jersey-beef burger, buttermilk chicken, honey glazed carrots, roasted parsnips, Jersey Royals, bacon & tomato relish, served with a side of gravy for dipping. Woah! What better way to give a nod to local ingredients than with the classic Jersey Royal, eh ma luv'?

I was a bit hesitant when I heard the description. Beef and Chicken? In one burger? Carrots and parsnips too? On a casual Tuesday (which I usually reserve for a mostly healthy, plant based meal) I was about to dive into something that's been described as 'roast dinner in a roll'.

When it arrived at the table, I think I may have let out a bit of an audible gasp. This burger was no joke. As someone who admits they have a big appetite, I thought I may have found my match. It towered, in a way that seemed to defy gravity. Leaning, but not falling.

Some might have chosen to tackle this with cutlery, but I am a burger purist. The only way to eat one of

GALLERY LIFE & STYLE IN JERSEY

god's gifts is by hand. I did have to remove some of the chicken and eat it separately, but that was mostly due to not being able to fit it all in at once.

The beef patty was thick, inch-thich in fact. It had a perfect just-pink centre; succulent and juicy, but firm. There was also none of the messy dripping-down-fingers-and-hands with eat bite and mouthful you sometimes get with a big burger. For something so huge, it was surprisingly easy to eat - some consideration of burger motion had clearly gone into the construction.

Carrots and parsnips in a burger is unusual. However, these root vegetables paired well with the side of dipping gravy, which the students decided would be best served cold. Sounds odd, but worked so well. No doubt the kids who conveived of this concoction will grow into potential culinary geniuses.

My usual preference would be a plain ol' cheeseburger, but the variation of textures and flavours within this burger did work (really well). The sesame bun and big pickle on top really add to the 'big burger' element

I chose to pair this with a pint of 'Katy Berry', a new-on-tap sharp, juicy, blueberry sour beer that provided the much-needed refreshment and hydration to help cut through the heaviness of this beasty burger.

The Roastin Royal will set you back £16, with £2 of that going towards the students' Leavers Party. Run, dont walk and get yourself to JB's. Really, they're selling out daily! (This was my second-attempt visit).





# Introducing Pêtchi native produce cooked over fire.

BY the time this edition hits the streets, Number 10 Restaurant & Bar will be closed, after 7 incredible years at 10 Bond Street, and moving to pastures new & opening a new restaurant coming in early summer.

Pêtchi is inspired by the reverence of locality and the simple heady joy of a good meal with a nod towards the basque country. A brand new restaurant in a beautiful and ambitious space all centred around a wood-fired open kitchen.

The number 10 team will be moving with chef-owner Joseph Baker & his wife Charlotte, who will be joining forces for this new venture. Located in Unit 13C Liberty Wharf, a grade one listed building - Pêtchi promises to truly reflect our ethos & island, its wonderful produce and the community.

Joe Baker (chef-owner of Number 10) said, 'It feels hugely emotional announcing Number 10's closure. We are so grateful for all the good times and cannot thank our loyal customers enough for all the love and support, my parents who started this journey with me, the entire team past and present without whom we are nothing, our suppliers and all the others who have pushed Number 10 to become what it is today. But all good things must come to an end. With Pêtchi we are so driven to create a beautiful restaurant that makes sense in today's world. We know it's going to push us, and what we do, to greater heights.'

# Bohemia retains Micehlin Star for 19th Year

Bohemia has retained its Michelin-star for the 19th consecutive year maintaining its unrivalled position as the only restaurant in Jersey (and the Channel Islands) to be awarded this prestigious accolade.

The third star the restaurant has received under Head Chef Callum Graham, Bohemia offers modern European fare featuring only the finest quality, fresh, local, and seasonal ingredients available in Jersey and surrounding islands. Reflecting his classic training, gleaned from Michelin-starred restaurants in London, Paris and Geneva, Callum's menus are an exercise in elegance, refinement and flavour. Callum Graham, Head Chef at Bohemia Restaurant said: "I am absolutely delighted and honoured to be recognised by Michelin once again, alongside so many brilliant restaurants across Great Britain. It's fantastic to see our hard work being recognised and a true testament to the full team who strive to do their very best day in and day out. The entire Bohemia brigade are dedicated to delivering impeccable standards and memorable experiences for each and every guest. To attend the event was a real privilege and a fantastic experience to have the whole Michelin family together in one room celebrating such wonderful restaurants." Take the chance to book yourself a table ahead of the summer tourist rush!



# JAMES CARTER

BLISS BREW CO.

Bliss Brew Co. is the Channel Islands first ever crowdfunded company and craft brewery, first created through a passion (bordering obsession) for beer. Shareholder James Carter is also the man behind the distinctive, vibrant packaging which can be seen on shelves around the island.

# Can you tell us a bit more about Bliss Brewery?

I was approached a few years ago to work on the brand for the company and develop the graphics for the brand etc. I was so excited to be part of it. I spoke with the team and decided to work towards sweat equity in the business, now a few years in the brand I have been invited to be an equal shareholder. Our team is made up of such a diverse skill set with brewers, business minds and creatives coming together in a perfect storm.

# What's your role within the team?

As Creative Director I create and curate all graphics and brand assets that go out. I work with the brewers to get inspiration for the graphics for each of the brews.

### Do you get involved in the brewing process?

I try to be available and on hand on brew days where possible. It's such an interesting process, It's like a bit of science meets magic, mixed with a measure of skill and precision. It's always fun.

### What about the tastings?

The tastings are always the best parts as we finally see the fruits of the labour, they never disappoint.

### Do you have a favourite tipple within the range?

hits on all notes, from the nose to the mouth-feel and finally the taste, it's a masterpiece. It was also the first of our beers which we canned, a process we started using in 2020. Cans have become the packaging of choice across the world for many of the top craft breweries due to their superiority over the bottle, as it completely blocks any penetration from UV light or oxygen, ensuring beer quality and longevity for our customers!

My favourite, as with a large number of our patrons is Cream, it just

# Where do you get your design inspiration from for the Bliss brews?

I drink the product and it goes from there, but we always have a subtle link to Jersey in the graphics, staying true to our roots.

# Why did Bliss decide to join Genuine Jersey?

We just felt that it was the right way to push our local product and together with the other Genuine Jersey producers and makers, raise the profile of our Islands diverse offerings.

# What have you got coming up that we should know about?

There is always something brewing, but we have just launched a new product called Intergalactose, a vanilla, tonka bean, cacao nib and coconut stout that is quite literally out of this world.

# Where can we buy Bliss beer?

We're stocked on the shelves of a number of on island retailers, you can't miss our distinctive cans and of course you can also try our beers on tap at JB's Brewhouse in St Helier.

Each month we feature some of Jersey's creators and let them share their creative visions and handmade goods with you lot, our island consumers. If you like what you see, check out genuinejersey.com and hunt them down to support our local industries!



# Hair Candy

How pretty is this? And a total bargain at £19.99! Why not add a sweet bit of multicoloured fabulousness to your day? Invisibobble Rosie Fortescue Headband Trendy Treasure, available at Boots

liamond 3

# **BRING THE SPARKLE**

These beauties will elevate any outfit, and any situation. Whether you're off to a music festival. or really, any event you can get away

with adorning your face with crystals, (of which there should be more... can we make it a more casual thing?).

£4.99 Barry M at Boots



# SPRING VIBES

Get all the spring feels with Accessorize's fresh drop of citrus themed beaded bags. We love a bit of kitsch!

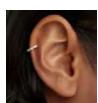
Lemon Beaded Drawstring Bag, £40 Lemon Fruit Shape Pouch Bag, £35 Orange And Lemon Embellished Beaded Clutch, £42



# A ROUND UP OF SOME SHINY **NEWTHINGS FOR SPRING**









# **NEW BRAND: PDPAOLA**

Wonderful Jewellers, STORY by Rivoli, have just got in the latest collection by one of the coolest jewellery brands around, PDPAOLA. We don't mean to be dramatic, but we are obsessed with every single piece of jewellery that this brand produces.

Hailing from Barcelona, PDPAOLA was founded in 2015 by siblings Paola and Humbert Sasplugas. Inspired by Paola's childhood passion for jewellery. The siblings revolutionised the jewellery industry by creating an industry-changing brand that bridged the gap between the worlds of jewellery and fashion, bringing us stunning pieces such as these classics....

"Jewellery is a means of self-expression just like any other fashion item. We felt it was the perfect time to reach new audiences with a fresher value proposition: product design and quality, affordability, customer experience and a strong brand DNA that could resonate well with our audience."- Humbert Sasplugas, Founder and CEO PDPAOLA has established itself as a global brand with a cult following. Continually staying ahead of the curve, the brand consistently turns out new drops and signature collections that stay true to its 'effortlessly elegant' essence.

Coming soon to STORY by Rivoli, 21 King Street



# **STOMPING**

Because we live in the UK wellies are an essential part of your spring wardrobe - ssssppp-BLING things up with this pretty pair currently on sale in Schuh. Hunter Girls Giant Glitter Wellies. Was £55, now £28.50.

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floaty floral dress one day and technicolour girl boss the next.

If you've not the inclination to wear the rainbow just yet, then why not inject a pop of colour into your existing wardrobe? Try a pair of pink lounge pants teamed with an old white tee, or throw on a brilliantly orange overcoat over jeans and a gray sweater. Alternatively, build your colour confidence through accessories - with a pair of bright blue earrings or a boldly-hued tangerine bag. We've rounded up some of the best colourful pieces to buy now; happy shopping.

Side Stripe Drawstring Wide Leg Trousers, **£29.50**, *M&S* 

GALLERY LIFE & STYLE IN JERSEY







Photography and styling: Danny Evans

Make up: Sophie Cubbage and Kate Morrison

**Prop creation: Midnight** 

See What You're Your journey Missing, starts here.















**Svetlana wears:** Jumper by American Vintage £140.00. Trousers by American Vintage £135.00.Both from Manna Trainers by Kurt Gieger £119.00 from Voisins.

**Ben wears:** shirt by Allsaints £89.00. shorts by Selected Homme £36.00. Shoes by Mallet £185.00 all from Voisins.

**Abigail wears:** shirt by Kitri studio £113.00. Trousers by Kitri studio £113.00. Shoes by Kurt Gieger £119.00 all from Voisins.









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# fashion hunter

Styling, Photography & Words Kasia Guzik @themaniajersey Model Hibara Yui

Yes, I know! Florals for Spring? How groundbreaking! As everything is coming back to life and flowers are blossoming again, so fashion is. A floral print outfit makes you feel fresh, alive, fun and beautiful. It needs very little added to become a great look too. Pair it with either boots for an edgy feel, heels to add elegance or trainers for a comfy & casual look. Get yourself a sun hat and you're ready to enjoy the Spring!

Here are my favourite local picks from the high street.





FOREVER NEW Dress £99 de Gruchy, KATE SPADE Bag £356 and Sun Visor Hat £21, both from Voisins

BEIGE & BLACK FLORAL DRESS, £170, REISS, VOISINS



Photography: Oliver Doran. Styling: Kasia Guzik (The Mania) Styling Assistant: Hibara Yui. Make-up: Kate Morrison. Model: Pati Altamirano



BLOUSE £45 & PANTS £35, FABULOUS FASCINATOR. £35. VIE DE VIE BOUTIOUE



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SKIRT, £143, REISS BOTH FROM VOISINS



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BLAZER £90 & SKIRT £65, BOTH FROM FABULOUS. NECKLACE, £17, VIE DE VIE BOUTIQUI

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DRESS, £70, FABULOU



GALLERY LIFE & STYLE IN JERSEY



DRESS, £180, ALL SAINTS, VOISINS

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# Salut Sephora

















Local beauty fans will certainly have noticed by now the black and white facade where FeelUnique once stood. For those not already aware, the much loved locally owned cosmetic retailer FeelUnique was rumoured to have been bought by the French luxury conglomerate LVMH in 2021.

A fter a year of rife speculation, the news was made official and the brand switch over took place. Gone was the demure white shop frontage of FeelUnique as the bold monochrome stripes of Sephora loomed out over St. Helier's highstreet. But fear not FeelUnique fans, we'll let you in on a secret. This new Sephora is actually pretty great. Really great in fact. It didn't become the holy grail of beauty retail for nothing.

The name Sephora is synonymous with French cool - stocking pretty much every cult skincare product ever created and this new store's brand list is no different. From previously un-gettable brands like Ilia Beauty, JVN and Makeup By Mario (possibly the most hyped brand launch ever) FeelUnique's replacement is every beauty stand paradise. And most of the brands you know and love from the FeelUnique brand list are also still available. Die-hard FeelUniquers will be relieved to hear that any built up rewards you've acquired will transfer over to Sephora. And if you're reading this thinking what the hell are we going on about, what is Sephora and why should I care? Well, let us acquaint you with all the details, from the brands you need to know to the products you need to







"We will still be stocking all the brands that are known and loved by our Feelunique customers and will be adding more exciting brands this year."

Kora Kilapatrick, Senior Sales Manager

# The Instore Brand List

Sephora Collection Chanel \*this is the only Chanel makeup counter on the island Estee Lauder Lancome Clinique Armani \*this is the only Chanel makeup counter on the island The Ordinary Sol de Janeiro Olaplex L'Oreal Professional Huda Beauty Paula's Choice Augustine Bader

In fragrance Sephora stock all of the above plus, Mugler, Prada, Maison Margiela, Atelier cologne, Guerlain, Givenchy, Hermes, JPG, Carolina Herrera, Paco Rabanne, Elie Saab, Issey Miyake, Mont Blanc, Dunhill, Cartier, Jimmy Choo, Versace, Hugo Boss, Kenzo, Lacoste, Gucci, Chloe, Ariana Grande,

Anna Sui and Marc Jacobs.

The Online
Brand List
Given the amalgamation of
Feelunique and Sephora, the
website isn't short of stellar
products and star names. The
brands that are exclusive to
Sephora UK include:

Tarte Cosmetics Ilia Beauty Makeup By Mario One/Size by Patrick Starr GXVE by Gwen Stefani Skinfix Vegamour Sephora Collection Then, brands that are sold elsewhere but are also available on Sephora UK include: Pat McGrath Labs Fenty Beauty Gisou Rose Inc. JVN Glow Recipe

# The Shopping List

This is your tear sheet for what to buy. Rip it out, photograph it, copy it, save it:

# Sephora Own Brand

Top of our shopping lists are the de-compostable sheet masks and make-up brushes from Sephora's own brand line. The price point might be low but these products are top notch and deserving of their cult status. Stock up before they sell out.

### Make-Up by Mario

Finally, an opportunity to purchase this brand without the hefty US import duties. You'll still have to order this online mind as it's yet to grace the actual Jersey Sephora's shelves. Mario is Kim Kardashian's make-up artist so you know his makeup line is going to be serious stuff that delivers what it promises. Put to the test, his products are really easy to use and perfectly pigmented - they're fast becoming our everyday makeup bag heroes but the standout product has to be the Soft Pop Blush stick.

### JVN Hair

Jonathan Van Ness of Queer Eye fame knows good hair. He's a walking talking advert for glossy locks. And this set is a great introduction to his newly-launched brand. The Complete Trusted Trio - a set of, you guessed it, three travel-friendly sized essentials contains JVN Hair's three bestselling products; an Air Dry Cream Travel in 30ml, a Pre-Wash Scalp in 50ml and an Instant Recovery Travel Mini in 25ml. Handy.

### Rose Inc

After a two decade long career in the modelling spotlight and the makeup chair, Rosie Huntington Whiteley has launched her namesake brand Rose inc and it's as good as you'd imagine. If we said your skin will look as dewy and luminous as hers after using these products it wouldn't be an exaggeration. This makeup outperforms in every category. Our top picks are the Skin Enhance Luminous Serum which is featherlight to apply but gives enough coverage to be used in place of foundation and the Cream Blush Lip and Cheek colour in Heliotrope which we're almost reluctant to tell you about, it's that good.

### Dr Barbara Sturm

She is a world-renowned aesthetics skin doctor whose beauty line is inspired by her research into anti-inflammatory medicine. The result? Products that are rooted in proven science to reduce visible signs of irritation and poor hydration. Think incredible skin, bottled. The price tag is big (as well it should be with all that science stuff behind it) but it lasts forever making the price per pump slightly more bearable. Trust us when we say it's worth every penny.

# RARE Beauty

Your search for the perfect lipstick stops here thanks to Rare Beauty's Soft Pinch Liquid Blush. Rare Beauty is one of those brands that is whispered with reverence on the well-glossed lips of every good beauty journo. For good reason. Created by Selena Gomez, Rare Beauty is making a stand against unrealistic standards of perfection which is ironic because the Soft Pinch Liquid Blush has set the lipstick perfection bar pretty high. This viral, award-winning best-selling blush blends beautifully and the weightlessness of the liquid allows you to gently build on the colour meaning you can achieve a natural flush or a more pigmented blush without having a beauty degree.

Sephora can be found at 25-27 King St, St Helier with another store opening at Les Quennevais later this year.

# WE WANT **THAT**

A lil'round up of some very fabulous new bits from the world of beauty.



I mean! How beautiful is this? Guerlain, the industry leaders when it comes to covetable, stunning-looking products have just knocked it out of the park with their latest range of customisable lipsticks. Rouge G de Guerlain, firstly, is an exceptional lipstick that will infuse your lips with luminous, long-wear colour in a satin finish. But secondly, you get to choose your lipstick case, and the options are incredible. From this denim and bumblebee stunner to emerald leather and some exciting all-out bling diamanté ones too! You can even have them engraved to make them into a very wonderful present.

Approx £64 at Guerlain.

Next up we have this brand new fragrance from Sisley. These guys make such wonderful, unique, stand-out scents. L'Eau Revee D'Hubert, named in memory of the legendary Hubert d'Ornano, Sisley's founder. A two-sided, two toned scent of Geranium with a powerful aromatic base packed with green notes that warm on contact with the skin. This does not disappoint, and throws you into summer vibes - go try a spritz when you're next passing Voisins.



Approx £120 (100ml).



Finally, a hair mist! How oo's! Elevate your daily routine with fragrant Star Magnolia Hair Mist by Jo Malone. With natural argan oil and pro-vitamin B5, the formula is lightweight and gives hair a healthy shine, ideal for your dry winter locks. Leaves hair scented with this flirtatious, light floral fragrance. How fun!

£40 Voisins.

# A health infusion.

IV therapy and 'drip' bars have become one of the hottest new wellness trends based on their ability to efficiently deliver a cocktail of vitamins and nutrients directly to the bloodstream, where they can be readily absorbed by the body.

nfuse U- the only intravenous vitamin hydration and wellness company in Jersey was created by Dr Jane Bracken after a family member was diagnosed with Cancer and advised to be treated with high dose IV Vitamin C. Unable to receive this treatment in Jersey, Jane felt she needed to help provide this care for them and others in the same situation. Together with 3 other passionate highly trained medical professionals - Dr Ivor Thompson, Nikki Faux and Mike Dudek the IV Infuse- U business was started on the island.

We caught up with Dr. Bracken to find out more about the benefits of this booming wellness business.



IV Vitamin Therapy is not new, invented over 30 years ago by Dr John Myers, a physician who believed that many diseases were related to nutrient deficiencies, designed infusions to treat these conditions with amazing results - the Myers Cocktail is one of our most popular infusions. It is essentially a nutrient-rich intravenous (IV) therapy that typically contains a combination of magnesium, calcium, B vitamins, vitamin C and other active ingredients. Infuse-U's IV Vitamin Therapy works by infusing vitamins and minerals directly into the bloodstream at a faster rate and higher dose than is possible through oral consumption. Bypassing the digestive tract allows for 100% absorption of all nutrients, which makes them immediately available for cellular use unlike oral vitamins that up to 80% are lost in the gut. We also have a bespoke service which includes treatments that are based on your DNA so specifically tailored to you alone.

# What are the benefits?

The stress and busyness of daily life can put a strain on your immune system, especially during the winter when we are exposed to more cold and flu viruses. With Infuse-U's IV therapy you can ensure you're well protected against infections by boosting your immune system with a high dose of vitamins A, D, EC and B complex and zinc. This makes it an ideal treatment for stressed business men and women as it's great at recharging peoples batteries. IV therapy can also give you the edge when it comes to physical performance for athletes, or those preparing for a sporting event. Our therapy helps repair cellular damage and assist your body's natural healing process leading to reduced recovery time and improved endurance. Our athletes have all reported improvements in their times and recovery post operations.

The benefits of an Infuse-U IV treatment are particularly advantageous if you are vegetarian or vegan. B12 which is commonly found in meat, fish, cheese, milk and eggs is vital for brain function and a deficiency can severely affect the brain and nervous system causing muscle weakness, mild depression or anxiety, confusion and in some cases, dementia. B12 is one of the many vitamins included in the IV therapy making it an ideal treatment for those not eating meat products. It can also be given on its own in IM (intramuscular injections) which are very popular. In addition to this it is a great hangover and jet lag cure because the deliverance of essential vitamins provide relief from the after-effects of dehydration.

With Infuse-U's IV therapy you can ensure you're well protected against infections by boosting your immune system with a high dose of vitamins A, D, E C and B complex and zinc. This makes it an ideal treatment for stressed business men and women as it's great at recharging peoples batteries.

The hydrating saline solution helps reduce any symptoms of dizziness and headaches whilst the powerful combination of vitamins will soothe any feelings of nausea, fatigue, desert sleeping patterns and anxiety to help you get your day back on track.

As well as treating a wide range of health concerns, many of the nutrients in our drips are required for the maintenance of healthy skin and hair - biotin helps with hair loss (our intramuscular Biotin injections has shown to improve hair condition and prevent or reduce hair loss), magnesium and vitamin C and Glutathione leave your skin looking healthier and softer with a reduction of fine lines and wrinkles. Beauty starts from within!



### What are the effects?

You may experience a lift in mood or an increased feeling of alertness. This is because IV Therapy provides vital nutrients like amino acids, ascorbic acids, glutathione and B vitamins all of which provide a significant boost in energy. With IV therapy, you can begin to feel the positive effects on your body almost instantly. Within several hours, you can feel the full effects of the IV nutrients, as you'll have more energy, think more clearly, and enjoy an improved mood. Most clients experience mild improvements at the beginning, and those benefits continue to increase with subsequent visits. The effects last up to 3/4 weeks and the ideal is to combine the therapy with healthy eating and exercise to achieve the best effects. If money were no object, monthly infusions would be ideal but a one-off visit will also yield noticeable results.

### Are there any negative side effects?

IV Vitamin Therapy is a safe, effective, and minimally invasive method that is well tolerated by most people and has a low risk of adverse side effects. Before any treatment begins, the team at Infuse U will test your vital signs, monitor your blood pressure, and carefully examine your health history. Doses will be adjusted to your individual needs, and every therapy session is conducted under strict supervision.

### Where can I get the treatment and what do they cost?

Infuse-U treatments are available at our 16 Sand Street and 9 Bath Street Bracken Barrett dental surgeries but we have the flexibility to come to you at home or your office. We look after corporates, going in during the lunch hour and are part of their wellness programs to destress and reinvigorate the team at their desks. You won't have to spend a lot of time waiting for your treatment to be completed. Most Infuse-U treatments can be done in under an hour. You simply relax and enjoy the process in a comfortable, relaxed environment, wherever you choose. Prices start at £60 and our website lists the full range of treatments as well as feedback from past clients. Most of our clients are now repeat customers and rave about the service and the IV infusions at Infuse U.



A discount code is on offer for Gallery readers, simply quote  $\frac{GALLERY15}{S}$  when booking to receive 15% off your IV treatment. Call 01534 281222 or visit the website: infuse-u.com

# Put some spring in your step!

As we emerge from nature's annual lockdown it is time to dust off the training/tennis/golf shoes and get your feet moving. *Mr Sudip Ray*, Consultant Vascular Surgeon at The Lido Medical Centre Jersey, explains why Spring is the perfect time to pay attention to your aching legs and varicose veins.

ince the average person walks the equivalent of three times around the world in a lifetime it's no surprise that legs are subject to intense pressure which can often produce aching or swelling during or after activity. This may be worse if one has faulty or varicose veins as a result of family tendency, pregnancies or a sedentary lifestyle. If you are one of the 25% population affected by vein problems then perhaps now is a good time to consider a few lifestyle changes as well as medical intervention to give lasting improvement.

### **PUT A SOCK ON IT.**

Compression socks (elastic stockings) used to be reserved for patients in hospital or with swollen ankles. Nowadays they can improve aching legs in workers who stand for long periods, particularly if they already have varicose veins. In runners they may improve recovery times by aiding the washout of lactic acid and reducing muscle vibration during exercise, and perhaps contribute to the "marginal gain" we all seek!

### WATER, WATER EVERYWHERE.

Like the Ancient Mariner our small island is beautifully surrounded by sea water. The simple hydrostatic pressure from standing in the bay or a pool gives compression similar to wearing a stocking, and is definitely more uplifting. Swimming gives the additional benefit of muscles squeezing excess fluid and blood away from the legs, and will soothe tired feet. Finish off by applying an outdoor Jersey cream like Manomara soul butter to maintain a healthy skin barrier.

# **BETTER LEGS, BETTER LIFE**

If you are affected by varicose veins then questionnaire studies conclusively show that keyhole treatment will improve the quality of your life. At the Lido Medical Centre we offer microwave closure of faulty veins which can be performed under local anaesthetic with a quick recovery time, and medical superglue is a good alternative. Microsclerotherapy of thread or spider veins can be performed at the same time to give an improved cosmetic effect, but plan ahead as it can take a few weeks to become fully apparent.

Call Carly on 07797 817964 or visit endovein.co.uk





# Get to the point of pain.

Words: Lorna Jackson 1ST BSc (Hons) Acupuncture, MBAcC, AFN

Acupuncture involves the insertion of ultra-fine single-use sterile needles into designated points on the body, which stimulate the nervous system and cause the release of neurochemical messenger molecules, such as serotonin, which change the processing of pain in the brain and spinal cord. The resulting biochemical changes influence the body's homeostatic mechanisms, promoting physical and emotional well-being.

n the last 20 years there have been numerous studies that have shown that acupuncture is effective in the treatment of chronic pain, including back pain, osteoarthritis, or headache, knee pain, shoulder problems, chronic pelvic pain syndrome and tennis elbow.

Acupuncture helps in chronic pain conditions because the stimulation of certain acupuncture points affects areas of the brain that are known to reduce sensitivity to pain and stress. The stimulation also promotes relaxation and the deactivation of the 'analytical' brain, which is responsible for anxiety. Research also shows that acupuncture helps to relieve chronic pain by reducing inflammation and muscle stiffness and joint mobility is improved by increasing local microcirculation, which aids the dispersal of swelling (BAcC, 2018).

At Health Point Clinic our goal is to reduce pain and improve function, so the person can resume day-to-day activities. It is always deeply satisfying to make a change to a patient's level of pain and see some of the symptoms shift or clear up completely, which has such a huge impact on a person's life. Supportive treatments available at the clinic include:

- > Acupuncture
- > Deep Tissue/Swedish massage
- > Tuina Chinese Medical massage
- > Chinese Cupping massage
- > Reflexology
- Thealthpointclinic.co.uk

# Taking to the

Have you ever been faced with a challenge that tested your limits, both physically and mentally? That's exactly what a group of nine women experienced when they took on the White Collar Aerial Challenge last month. Over the next few pages you can see what they achevied and hear what they thought. One of the stars, *Jo Ferbrache* (above!), tells us more about the experience.

### 

As someone who was a part of this incredible journey, I can attest to the challenges and rewards that come with pushing beyond our limits. Our training with Hayley from Aerial Antics began in December, and from the start, we knew it wasn't going to be easy.

M ost of us couldn't even lift ourselves up the first week! The thought of getting up on stage and performing in 14 weeks felt impossible. The physical demands of the training were significant, but it was the mental challenges that truly pushed us to our limits.

Each week, we pushed ourselves to achieve new heights, confronting our fears and insecurities head-on. And while the journey was difficult, the rewards were immeasurable. We built a sense of camaraderie that will last a lifetime, and we learned the true value of coaching and support.

The feeling of accomplishment and satisfaction that came with our performances in front of an audience was indescribable. The White Collar Aerial Challenge showed us that we are capable of so much more than we think, and that pushing beyond our limits can lead to incredible rewards. It's an experience that will stay with us forever and serve as a reminder to always reach for the sky.

# Meet the Aerial stars.



# **SOPHIE**

# Drama teacher

I wanted a challenge to commit to each week that would strengthen my body and mind as well as socialise with new and likeminded people. I wanted the opportunity to perform again on Island so this was a fab opportunity to dive into! It has been exciting, and self-validating in a strange way. I am strong and my body has done some epic things over these training weeks.

# **ANNETTE**

# Youth worker

I've seen aerialists at a couple of events and thought it looked amazing! When I saw Hayley promoting her White Collar Cabaret I decided I was up for the challenge... to show myself and others that we shouldn't put limits on what we're capable of! It's been challenging, and at times painful, but most of all it's been an amazing journey!

# LISA

# Accountant

As a full time working mum of two I wanted a challenge for me that would also take me out of my comfort zone and I have always had a passion for gymnastics. The challenge has been amazing. I feel stronger, fitter and more confident but terrified about the end show!

WWW.GALLERY.JE @GALLERYMAGAZINE



# JOR Accountant

My daughters did aerial with Hayley and they loved it, so when I heard about the White Collar Cabaret, I thought it would be a great opportunity to be more active and challenge myself. It has been a challenge both physically and mentally, but I loved every second!

# **CHES**

# Regulatory Consultant

The ad for White Collar Cabaret came up at just the right time for me, as I really felt like I needed an exciting challenge and to do something for myself. This looked completely outside of my comfort zone but I thought, why not give it a go and see what happens. It has been so tough, but I've met a wonderful group of ladies and I'm loving the buzz of achieving new things and getting stronger and more confident each week.

# **CERI**

# Senior People Partner

I really wanted to challenge myself and White Collar Cabaret brought together multiple areas that would put me to the test. Building enough self confidence to walk out on stage and perform. Trusting myself enough that I could remember a routine and stay safe. Putting my full trust into someone else. Sharing an experience with a group of people I had never met before. The journey so far has been inspiring and exciting!

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# **LEANNE**

# Mental health worker

I wanted to do White Collar Cabaret for a personal challenge, to help boost confidence and to feel empowered. It has been tough and exhausting but I've slowly started to find strength I didn't know I had. Falling from a height and hanging upside down genuinely terrified me at the start, but now I absolutely love it. Going to these classes each week and being surrounded by wonderful women has honestly been the best experience. I've enjoyed every minute, including the pain, bruises and calluses I've gained. It's been a blast.

# **ZANDY**

### Lawyer

I was looking for something different to get my fitness levels up again and to challenge myself. This is something that was well out of my comfort zone and I needed that. I wanted something to give me a confidence boost and WCC has been perfect for that. It has been tough and I have been pushed to my limits, but White Collar Cabaret has been amazing at the same time. It is the best thing I have done in a long time! I am surrounded by a group of amazing women and we have all supported each other from day one.

# JOF Coach with a passion for sobriety

I'm new to exercise, let alone aerial and I wanted to overcome stage fright. I love a challenge and pushing myself outside my comfort zone, exploring new heights literally and figuratively! I have been on a transformative journey of pushing past the limiting beliefs that have held me back in the past.

# A note from the coach....

The challenge for me was building a show from scratch with strangers who have never done aerial before. Lucky for me, I found a group of incredibly determined, committed and trusting ladies. I am so grateful to have been able to share my passion of coaching and aerial arts with this group of utter queens! As a team, we have tackled many barriers and discovered that we are capable of so much more than we thought.



# Movers & Shakers





Power Women as Standard.

Standard Bank have announced that two of its international fiduciary services executives have been recognised at this year's Citywealth Powerwomen Awards for their exceptional leadership and commitment to promoting gender equality in the workplace.

Mokshda Beeharry, Head of Client Services, won silver in the 'Women of the Year - Leadership (Director)' category, while Beatrice Fok Chow, Head of Client Experience, won bronze in the 'Women of the Year -Leadership (Managing Director)' category.

Mokshda, a fellow of the Association of Chartered Certified Accountants (ACCA), has been with Standard Bank for over 20 years and has become an integral member of the trust team. She said; 'I am thrilled to receive this award that recognises not only my professional achievements but also my commitment to empowering and supporting other women in leadership, I believe that empowering other women to succeed is crucial in creating a more diverse and inclusive workplace. It's through initiatives like the Powerwomen Awards that we can shine a light on these crucial issues and inspire more women to pursue leadership roles.'

Beatrice is a STEP member and an Associate of the UK Chartered Governance Institute. She joined Standard Bank over 20 years ago and quickly rose through the ranks of the organisation, fulfilling a director role since 2006 already. Beatrice commented: 'I am humbled to work for an organisation that actively prioritises equality and supports women in leadership roles. Receiving this award is a great honour, and it is a testament to the hard work and dedication of everyone who values diversity and inclusivity in the workplace. This recognition is not just about me, but about the collective efforts of my team and colleagues who work tirelessly to make a difference. I want to express my heartfelt thanks to my colleagues and clients for their unwavering support, which has been an integral part of my success.'

# 2 New at IQ-EQ

IQ-EQ welcomes Suzanne Howe and Jon Herbert as directors within its Funds segment in Jersey, reflecting IQ-EQ's commercial growth in the jurisdiction.

Suzanne joins IQ-EQ with 15 years' experience in private equity, venture capital and alternative asset fund administration. Most recently, she was Associate Director for JTC Group, where she delivered gold standard fund administration services to complex regulated and non-regulated structures.

Suzanne has eight years' experience in digital assets and is a member of the Digital Assets Working Group (DAWG) with Jersey Finance, and the Jersey Association of Trust Companies' (JATCo) crypto and virtual assets working group. Meanwhile, Jon joins the Group with over 20 years' experience in fund and institutional services, spanning banks and service providers in Jersey, Luxembourg and Asia. He was previously Director for RBC Investor and Treasury Services where he led multidisciplined private capital fund administration teams servicing European locations. He is a qualified accountant and chartered company secretary with proficiency in management, operations and client relations.









### New Plans at Benest and Syvret.

Advocate Darry Robinson has been made a Partner at Benest & Syvret, having joined the firm in August 2018. Advocate Greg Herold-Howes has now joined the firm's dispute resolution team.

Darry is an experienced litigator dealing with a broad range of matters both criminal and civil. His practice includes criminal defence work, Children Panel appointments, personal injury and medical negligence claims. Greg will work alongside Darry and Nina Benest to develop the firm's litigation and dispute resolution services. Greg has a particular interest in planning matters, having successfully represented an appellant in a decade long dispute involving multiple third-party planning appeals. He has a detailed knowledge of the policies of the Island Plan and can advise in respect of proposed development or following a planning decision.

### Charlotte gets compliant at Oakbridge

Oakbridge welcomes Charlotte Larbalestier in the role of Compliance Officer. Charlotte joins Oakbridge with over ten years' experience having previously held compliance and client data analysis roles with Canaccord.

Charlotte tells us, "I am looking forward to sharing my knowledge and insights as Oakbridge continues to invest in systems and people". David Baker, Managing Director, commented "Charlotte joins Oakbridge at a crucial stage in its development and at a time when the business continues to see a growing demand for its investment services. Because of that growth, Charlotte will be a great asset to the business as we continue to harness new technology and navigate the changing regulatory landscape".

# Movers & Shakers

### Rebecca qualifies

Rebecca De Freitas qualified as an English Solicitor in March. Rebecca was a bursary student with Viberts having been a part of the firm since 2015, before completing her legal studies in the UK.

Rebecca achieved a 2:1 in her LLB (Hons) degree at the University of East Anglia before going on to attain a Distinction in her Legal Practice Course and in her Masters in Professional Legal Practice (LLM), with the University of Law.

Rebecca is in the corporate and employment law department, where she has been gaining experience and assisting members of the team with all aspects of corporate and employment law. Previously, Rebecca spent two years in the private client department.

Zoë Blomfield, Managing Partner, said: "We are really proud to see Rebecca qualify as an English Solicitor under the Viberts' English Solicitor Training programme. It is fantastic recognition of Rebecca's ability and her hard work and takes our number of qualified lawyers to 21".





# **NEDBANK: IN IT FOR THE LONG RUN AND PACKING A PUNCH!**



Nedbank Private Wealth is a multi-award-winning boutique private bank offering full-service private banking and wealth planning. They take a distinctly different approach to wealth management, offering an individual personalised service tailored to their clients' needs. Very active in the local community, the company encourages and supports team members to get involved in a wide range of charity activities.

Nedbank Private Wealth has been in Jersey for over 25 years and their office is headed up by Cameron Walker, who was recently awarded Private Banker of the Year at the prestigious Citywealth IFC Awards. They are growing their Jersey office significantly this year with Richard and Matt being two of their most recent recruits. Learn more about them below:

### **RICHARD TRIBE**

Senior Private Banker

Scarily, I've now worked for over 35 years in the financial sector, covering banking, investment management, and trust & fiduciary. Day to day I see my main role as being a trusted adviser to the clients I look after, with the primary aim of protecting the wealth they have placed with us.

### What is the best part of your job?

People's stories and backgrounds always fascinate me, and I think that when you really get to know your clients, you start to build the trusted, long-term relationships that can last for years.

### ...and the hardest part?

We have a great digital platform for our clients to access their accounts and portfolios, but as I'm a complete duffer when it comes to all things technical, I tend to leave it all for Matt to deal with!

### Who inspires you in business and why?

The fact that Warren Buffet is still working at 92 is amazing – he must really love what he does!

### Career highlights so far?

I have been very lucky to have travelled so much throughout my career, so my highlights would probably be some of the amazing places I have been – all over Africa, the Middle East, Asia, including China, and parts of South America.

### What's your plan for the year ahead?

Matt and I are still getting to know the clients we have taken on, so lots of face-to-face and virtual meetings. I am also working very closely with our marketing team to promote our brand and help raise awareness of the services we can offer in Jersey. There aren't too many truly boutique private banks left now who can also offer a full wealth management service, so it's something we should be very proud to tell people about.

### How are you supporting Nedbank Private Wealth's work in the local community?

The business has always been very active in supporting the local community, and personally I've always been involved in supporting various charities having done numerous charity events and walks over the years. Our office has chosen to support Autism Jersey this year. They are one of the local charities who will be benefiting from the Round The Island Walk, so we are looking to enter a relay team to support them. My dog, Burley, is always very keen to join me on the cliff paths, and he's a big help with my training!

### **MATT GOLLOP**

Private Banking Officer

I'm an ambitious person and so it was important to me to join a business that can help and support me in achieving my career aspirations. I currently work closely with Richard and in doing so I can see the role of a Senior Private Banker and that's what I aspire to be in the coming years. Since I joined Nedbank Private Wealth I have been able to see what good looks like and have been encouraged to study for investment qualifications.

### What is the best part of your job?

I feel we have a real togetherness and everyone supports each other which allows us to do what we do. Plus, I'm the youngest in the office so that's nice too!

### ...and the hardest part?

The hardest part of my job is seeing how technical and knowledgeable our senior team members are and knowing that's where I need to be, but it's a great incentive for me to work harder and raise the bar.

### Who inspires you in business and why?

Steven Bartlett is someone I really admire, because he is entrepreneurial, inspiring and innovative. His use of social media and technology to drive business really resonates with me, and he is constantly challenging the norm.

### How are you supporting Nedbank Private Wealth's work in the local community?

I spend a lot of time on my health and fitness, and I've started this year by challenging myself in learning a new sport and plan to take part in a White Collar Boxing event. I have been training with a local business called Boxd Off and will be fighting on 1st April.

I've loved every second of the pain, sweat & tears, and can't wait to get in the ring! This is something very special to me because I'm doing something I love and it's for a great cause too. I'm raising money for Brighter Futures Jersey, so the fact that I can do these two things together I think is incredible. The business is very supportive of staff raising funds for local charities.

### Find out how Nedbank Private Wealth can help you.

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Call 01534 823233 or email richard.tribe@nedbankprivatewealth.com Visit nedbankprivatewealth.com

## IOD Director of the Month SIMON HURRY

Simon is a Jersey advocate and partner in the dispute resolution team in Collas Crill. He leads their contentious insolvency and restructuring department and specialiss in high value commercial and trust litigation (including 'trust busting'), enforcement and asset tracing and crossborder insolvency matters

### What does your company/organisation do?

Collas Crill is a top ten offshore law firm with offices in BVI, Cayman, Guernsey, Jersey and London. We deliver a comprehensive range of legal services in banking and finance, corporate and M&A, investment funds and private equity, trusts and private wealth, dispute resolution, insolvency and property.

### What does a typical day look like for you?

As cliché as it might sound, I cannot remember the last time I had a typical day. I learnt early on that the invariably urgent and unpredictable nature of dispute resolution work, particularly across different time zones, requires a fluid schedule (and in my case also a very understanding better half).

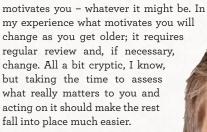
However, I make a concerted effort to try and keep my day balanced between client work, internal meetings and management, business development and CPD – although admittedly my reading pile does not seem to be getting any smaller!

My day starts much earlier than it used to. This is partly driven by necessity from the demands of a fast paced and competitive industry, but also because there really is something to taking a moment in the morning to exercise and regroup with a cup of tea before the email notifications start pinging.

### What's the best piece of advice you've ever been given?

I have been very fortunate throughout my career to be mentored and guided by some truly exceptional people. It's difficult to single out one piece of advice as being the best.

However, a piece of advice that I continue to cherish is to try and find, understand and then work towards what truly





### A Lift for Women.

The Lift, established last month by Kristin Morris, encourages established business coaches and mentors to provide pro-bono services or program scholarships to 1-2 aspiring female business owners per year who would not otherwise be able to afford their services.

Kirsten is passionate about the economic empowerment of women, gender equality, and increasing the number of women who are running successful businesses and accessing funding for their businesses. While the movement is starting with modest aims, the goal is to eventually help secure funding for grants, business loans, for female entrepreneurs, and to donate to organisations which support female entrepreneurs in third world countries.

Kristin said; "I am thrilled to be launching The Lift, an idea I have been nurturing for several years. Applications are now open to be a Lift coach and to apply to receive coaching. I remember how

hard the early days of starting a business were for me and I feel so grateful to be in the position now to be able to help others. I am offering two scholarship places to my high-touch Coaching Membership for one year.

I would encourage other female entrepreneurs to reach back and help lift another woman from that period of struggle and uncertainty in early entrepreneurship. My hope is that your actions will create a ripple effect for these women and their families and that they will go on to coach or mentor too...to Join the Lift."

jointhelift.com



Strengthened leadership at Rosscot

Rosscot Chartered Accountants has promoted from within, establishing a new senior leadership team and promoting four team members to help drive the business forward as part of its recent expansion.

Tricia Redmond, previously Practice Manager, has stepped into a new position as Director. Tricia, a qualified Chartered Certified Accountants who also holds the IOD Certificate in Company Direction. She joined the Rosscot team in 2014 having previously held senior management positions in the industry, and with her significant contribution has helped drive change within the business contributing to its success. Sean O'Flaherty has also stepped up from his position as Director to Managing Director and will be leading the overall business strategy for the group, as well as continuing to support his existing client base. Sean has been a member of the Rosscot team since 2008, having amalgamated his own business into Rosscot, and is largely responsible, and a key driver of, business development and communications.



Barbara Littler heads up Parslows' Family Parslows has announced the appointment of Barbara Littler to head up Parslows' Family Law team.

Barbara specialises in all aspects of family law, with particular experience in financial matters (including complex high net worth) in the context of both divorce proceedings and non-matrimonial proceedings, such as Schedule 1 (Children's Law) applications (financial provision for unmarried parents). After completing her education at Beaulieu Convent School in Jersey, Barbara graduated from the University of Edinburgh where she studied Classical Studies and went on to obtain a LLB from the College of Law, York. Barbara has over 10 years' experience in family law and was admitted as a Solicitor of England and Wales in 2015. She joins Parslows from another local firm where she was an integral part of their litigation/family team in the role of Associate.



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## Back to the Garden

I'm surrounded by banana palms, an apple tree, pear tree, plums and fig trees with fresh spinach and chard brushing my ankles. Am I in the garden of Eden? Or maybe even the Caribbean? No, it's the Acorn Café car park where I'm chatting with gardener Steve Ball.

Steve came to Jersey over 25 years ago as part of his traveling and started out doing seasonal farmwork, but his nomadic life ended here when he met Gillian, now his wife. When I ask Steve if he's happy to be living in Jersey, he says, "I live and breathe the sea." I'll take that as a yes. >>

>> We walk around Acorn Enterprises where Steve works full time as a training and development coordinator and uses the therapeutic aspect of horticultural work to create a stimulating environment for his clients. "I started out wanting to be a teacher," he says, then got his BA in social sciences, all the while doing a bit of gardening for his family and friends. When the position for Jersey Employment Trust at Acorn came up, it combined many of his passions and training.

The outbuildings, raised beds, garden walls, drainage, fences and scarecrows are all composed of recycled and donated materials, and most are made by clients with disabilities or long-term health conditions. One greenhouse is made from plastic bottles. A pallet-board storage shed has a functional window constructed from CD cases. We stroll up a wheelchair-friendly path to the allotment above the outbuildings where clients are taught to grow onions, potatoes, kale, beetroot, spinach, chives, artichokes, raspberries, white current, blackcurrant, rhubarb, sorrel and a variety of lettuces in ground-level gardens and raised beds. Many clients take home what they've grown, and the rest of the produce is placed in Acorn's honesty box. "It's a learning environment but also a place to benefit nature and benefit everyone's wellbeing," Steve says.

We stroll up a wheelchair-friendly path to the allotment above the outbuildings where clients are taught to grow onions, potatoes, kale, beetroot, spinach, chives, artichokes, raspberries, white current, blackcurrant, rhubarb, sorrel and a variety of lettuces in ground-level gardens and raised beds.

Steve hopes to demonstrate the therapeutic aspects of gardening to adult students across the road from Acorn at the Philip Mourant Centre where he will be teaching Introduction to Gardening on Wednesday evenings from May to July as part of Adult & Community Education for Highlands College. He wants to pass on his lifelong knowledge of gardening while emphasising that the process benefits nature and benefits each individual wannabe gardener.

The course will combine classroom theory and practical lessons and incorporate aspects of plant identification, propagation, garden design, soil management and the basic elements of planting—maintenance, beds, borders, wedding, pruning, etc.

For more information on Steve's gardening course, visit HighlandsACE.com.







SHOWCASING SOME OF JERSEY'S BRIGHTEST STARS FROM JERSEY'S BRIGHTEST EMPLOYERS





























## DANIEL NOLAN AUDIT SENIOR, GRANT THORNTON

### What made you choose to work for Grant Thornton?

When looking for a full time position post-graduation, I came across Grant Thornton Channel Islands. Grant Thornton is a reputable local firm with global connections. I knew upon joining the firm that I would be given opportunities to work with a variety of clients and given responsibilities not readily available in other firms. I immediately felt valued. The Audit team is also very sociable so there is always a fun event to look forward to.

### What professional training have you done?

I joined Grant Thornton's associate programme in August 2019 and started my professional training to become a qualified accountant. With ongoing support, I was able to qualify with the ACCA in just under three years. I am now a fully qualified accountant.

### What does your average day consist of?

For me, an average day at Grant Thornton usually consists of being a day-to-day point of contact for our clients. I also carry out planning, fieldwork, and completion procedures. Sometimes this can be achieved in our office but other times it requires onsite client visits at their premises. These are great opportunities to meet clients in person and to work with professionals from a variety of different backgrounds.

### What are your next steps?

I want to continue developing my knowledge, skills and experience within the audit profession, and in time will explore opportunities available at Grant Thornton to progress my career within the firm.

### What advice would you give yourself as a graduate considering the experience you have now?

My main piece of advice would be to demonstrate assertiveness and to not be afraid to ask questions. Learning from one's peers and other experienced colleagues is extremely valuable, especially when experiencing the work environment for the first time. I now participate in Grant Thornton's 'buddy' scheme for joiners - this is something I really benefitted from when I started with the company.



Age 25

University attended: University of Sussex

Course: History and Politics

Favourite possession? My AFC Wimbledon Season Ticket.
Favourite place to eat in Jersey?

Awabi restaurant. I am pescatarian and they have a variety of delicious options for me to choose from.

### What are your favourite ways to relax?

I have recently started running which is a great way to relax and enjoy the wonderful views in Jersey. I also enjoy attending lunchtime boxing classes with BoxinBusiness, which Grant Thornton arranges as one way to help support employees' health and wellbeing.

### **ABOUT GRANT THORNTON**

Grant Thornton limited is one of the Channel Islands' leading independent assurance, tax and advisory firms, dedicated to serving the needs of privately held businesses, financial services and private clients. Exciting opportunities await graduates and trainees with a can-do attitude and a willingness to go beyond. Get professionally qualified with a three-to-five-year associate programme that takes you on a journey to becoming a professionally qualified business adviser. We have vacancies in audit, tax and business advisory. Join a firm that has a strong sense of purpose that helps businesses, people and communities thrive.

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### JENNIFER HUGHES

**RETAIL SALES MANAGER, SURE** 

### **Age** 38

What did you want to be when you were 8 years old? An author, I've always had a love of reading

Favourite way to relax Travelling, but baking when I can't do that! Favourite place to eat in Jersey Upstairs at Anley Street Favourite possession My Jack Russell, Luna.

### What made you choose to work for Sure?

I was recommended by a friend who had worked for the company since launch and described Sure as a good company to work for with a great culture and development opportunities. I'm still here nearly 13 years later so they've been proven right! I started in the company as a part-time Sales Executive and have progressed to my current position, with support from my managers and other departments, as well as involvement in various projects such as store refits, billing platforms changes and technology launches.

### What professional training have you done?

I have focused on Project Management, Coaching and Leadership courses, as well as becoming a Mental Health First Aider.

### What do you do on an average day?

Working in retail at Sure means that every day can be completely different. I could be researching the latest technology, testing new systems and platforms to improve the service that we offer our customers or working through strategies to meet our financial

My consistent focus however is managing my team, and making sure they have all the tools and support necessary for both their own well-being and to be able to continue to provide their excellent customer service.

### What is your next step?

Being a manager has constant challenges, so I am always acquiring new skills in order to support a changing and developing work force. This enables me to continue my development which in turn supports the evolution of Sure as a business.

### What advice would you give yourself considering the experience you have now?

Be adaptable and open to change and new opportunities. At times, we can all feel like we're not ready for the next step but it's important to challenge ourselves, take advantage of support and mentorships, and to have self-belief in our abilities combined with a positive mental attitude.

### **ABOUT SURE**

Sure is a supplier of telecommunication and IT services in Jersey, Guernsey and the Isle of Man. Dating back to 1896, Sure has been keeping the island communities connected ever since then. With our lives becoming increasingly digital, Sure's mission is to keep everyone connected through innovative communications and technology solutions; whether it's fixed landline and broadband services, or state-of-the-art mobile networks. Sure's purpose is connecting our island communities for a better future, based on the values of one team, striving for customer satisfaction, reliability, having a passion for technology and learning, and being community and sustainability focused.

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### **JESS MOLL**

### **FUND ADMINISTRATOR, SALTGATE**

### **Age** 22

### What did you want to be when you were 8 years old?

An archaeologist. I was interested in history from a young age – I have 'Horrible Histories' to thank for that.

### Favourite way to relax

Cooking, baking, going on walks or to the gym. I enjoyed a wine tasting and education course I did recently too.

### Favourite place to eat in Jersey

Mano's, the Portelet Inn, or Enoteca – it does the most amazing pasta and wine.

### Favourite possession

My collection of Doc Martens - I have seven pairs.

### What made you choose to work for Saltgate?

I initially planned to do a gap year so did an apprenticeship in the Client Due Diligence (CDD) team. I then opted for university but when I realised it wasn't for me, I came back to Saltgate and they were really accommodating. The experience I gained previously had a big impact. As a company, Saltgate is really inclusive and friendly. Everyone knows everyone so I'm not scared to speak to anyone. It's not an overwhelmingly huge business so I feel valued. I work in partnership with the senior team who act with integrity and commitment. We partner with some amazing clients too, I learn a lot from them.

### What professional training have you done?

I'm studying for my CGI qualification (previously ICSA). I just passed my Certificate in International Finance and Administration and I'm working towards a Level 5 Diploma. I'm studying for two exams at the moment – Business Management in Practice and Fund Administration. Saltgate is really committed to our professional development. They're generous with study leave which definitely helped me pass my most recent exam. It's nice to have a good chunk of time to get all my revision done.

### What do you do on an average day?

Before my workday starts, I head to the gym. When I get to the office, I check my emails and write up my to do list for the day. My responsibilities include completing check sheets, writing minutes, and doing CDD reports. Client-side, I work with lawyers on transactions and keep my clients in the loop with everything going on. If it's a day of board meetings, I prep for that by writing notes and a script. If I'm not doing any of the above, I'm working on my continued professional development (CPD), training junior people in my team, or coordinating the next social committee event.

### **ABOUT SALTGATE**

Saltgate launched in 2007 to provide fund administration and accounting services for private equity, debt, and real estate asset classes. With offices in Jersey, Luxembourg, and London, its 200-strong team manages around US\$100bn of assets under administration. As a people-first organisation, Saltgate aims to attract the best people and help them develop so they can deliver exceptional client services. Saltgate embraces diversity and has a culture of openness, which is reflected in its core values – engagement, partnership, integrity, and commitment. Whether you're a client or a colleague, Saltgate will partner with you to make sure you achieve your best.

### **INTERESTED?**

Saltgate People Team opportunities@saltgate.com or 01534 850750 27 Esplanade, St Helier, JE1 18G

### What is your next step?

Professionally, I'll continue to do exams to become a Chartered Governance Professional. I want to keep moving up as I'd like to be in a management role at some point; I'd like to see more of the world.

### What advice would you give yourself as a graduate considering the experience you have now?

Have confidence and don't be scared to showcase your abilities. Speak to anyone and everyone too – I used to be so shy and hated picking up the phone, but now I'm not. I was 18 when I started at Saltgate and I've grown so much since then in this supportive environment.





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### **ALEX JOHNSTON**

AUDIT ASSOCIATE, PwC CHANNEL ISLANDS

### **Age** 23

**Education** The University of Manchester Course BSc International Management What did you want to be when you were 8 years old? A primary school teacher Favourite way to relax? A walk on the beach Favourite place to eat in Jersey? The Moorings Favourite possession? Roxy (my dog)

### What made you choose to work for PwC?

When I was in my final year at university, I wasn't 100% sure on what career path I wanted to take. I knew several people who worked at PwC and recommended it as a place to work. I was also aware of the opportunities PwC had to offer, from an attractive training programme with a highly-respected qualification at the end of it, to exciting and fun sports and social events, I also found the firm's approach to corporate sustainability and its commitment to diversity, inclusion and flexibility quite refreshing and appealing. All in all, this made the decision to join very easy.

### What professional training have you done?

I am currently studying for my ACCA qualification with First Intuition Jersey to become a Qualified Accountant. It's a three year qualification and is arranged and funded by PwC. So far I have undertaken a series of online exams, and I will start my written exams this summer. PwC provides encouragement and support to make this qualification achievable by facilitating study leave and time off to sit exams. I find having many colleagues who have gone through this process and achieved great exam success a huge benefit as I can ask for advice and compare thoughts.

### What do you do on an average day?

My job day-to-day can vary hugely which is something that I enjoy. The variety of work can also be fast paced, challenging and diverse. Some days I will be working from home reviewing and documenting client deliverables, and on other days I might be based at the client site, solving a particular client problem, alongside my core team. Because of the diverse nature of my role, and the different mix of colleagues and clients I get to work with from project to project, I'm fortunate to get excellent exposure to many industries ranging from private equity to retail banking. In doing so, I gain such invaluable experience. These opportunities to work alongside colleagues of varied experiences and cultures is inspirational for me and I'm grateful for the resulting professional and personal relationships I've formed since joining PwC.

### ABOUT PwC IN THE CHANNEL ISLANDS

We help clients ranging from multinational organisations to local businesses, charities and governments, offering tax, assurance and advisory services that help to improve the way they work in the short and long-term. From auditing their financial data and planning their taxes, to identifying the risks they face and supporting them with strategic decisions, we work with our clients, creating cutting edge solutions for them. We work hard to attract locally grown talent in the Channel Islands, offering training contracts to local school leavers, undergraduates and graduates from all degree disciplines each year. We are now accepting applications for our Class of 2023 intake programme.

### INTERESTED?

Get in contact with PwC on bci\_recruitment@pwc.com Visit pwc.com/jg/careers, our Facebook careers page /pwccareerschannelislands or search @PwC\_CI 37 Esplanade St Helier Jersey JE1 4XA

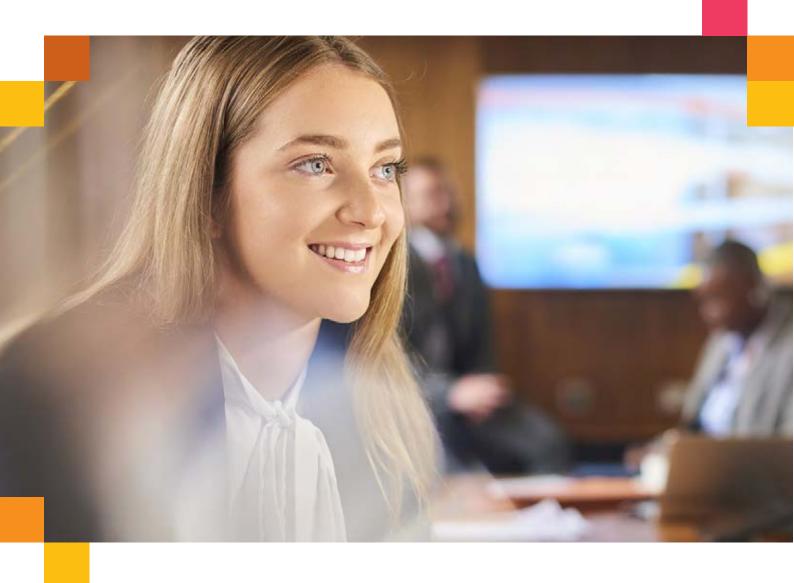


### What is your next step?

My focus currently is to complete my training contract over the next 18 months and become an ACCA Qualified Accountant, putting my education to good use and to further my knowledge and experience within Audit. Going forward, I hope to leverage my connections within the PwC network, which employs over 328,00 people across its offices in 152 countries. The idea of spending time overseas gaining professional experience, and immersing myself in a new culture by working at another PwC office really appeals to me, so I'm quite excited about that prospect. PwC Australia would be my first option for an international secondment.

### What advice would you give yourself as a graduate considering the experience you have now?

Looking back, I would say a trainee role at a Big 4 company is a steadfast option to progressing further after university. The experience you gain is really second to none. However, there is no need to rush the process. Take everything at your own pace and don't compare your journey to others. I would also say networking and meeting new people is a key part to progressing so try to do that from day one, and enjoy every moment of your career!



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### DISCOVER NEW WORLDS OF OPPORTUNITY AT STANDARD BANK OFFSHORE

As a leading Africa-focused financial services group, and an innovative player on the global stage, Standard Bank Offshore offers a multitude of career-enhancing opportunities within the world of banking.

Whith a footprint that stretches from Jersey and the Isle of Man, to as far and wide as Africa and Mauritius, and clients ranging from individuals and businesses of all sizes to high-net-worth families and large multinational corporates and institutions, roles transcend those typically associated with the traditional banking organisation. From marketing to innovation, corporate affairs, compliance, HR and graduate and internship programmes, the breadth of roles is vast, and varies from entry level through to senior across many of its functions – perfect for individuals looking to either enhance, change, or kickstart their career. Rebecca Gorin, Resourcing Partner at Standard Bank Offshore, explains how the banking group champions employee empowerment through continued investment in its workforce's personal and professional growth.

'As Resourcing Partner, I manage the recruitment activity across three of our offshore locations - Jersey, the Isle of Man and Mauritius. As the bank continues to grow, so do the number of roles we are recruiting for. A typical day therefore involves attending interviews, reviewing applications, attending briefings with hiring managers and direct sourcing on LinkedIn.

Tjoined the bank three years ago – and the biggest stand out for me was its collaborative culture. Colleagues are regularly kept up to date with the group's overarching business strategy, its financial performance and given the opportunity to ask questions and provide feedback on a regular basis. Our Senior Management team are also very approachable, readily available, and welcome challenge and feedback – which is unique for an organisation of this size.

What really makes Standard Bank stand out is its people, and how the bank looks after them – making it a diverse, inclusive, and rewarding place to work. The Offshore group employs over 400 people, located across five jurisdictions – yet it feels like a tight knit family. Alongside our competitive employee package, we host regular social activities and staff events, as well as lunch and mingle dates that give colleagues the opportunity to get together away from work and have some fun, whilst building new relationships with co-workers they wouldn't usually see on a day-to-day basis.

With a continued drive to succeed in its marketplaces, our priority is to build a workforce of client-focused individuals who are digitally savvy and possess a mindset for driving change. The bank therefore places huge emphasis on empowering its people in career development and continually looks to provide colleagues with the opportunity to enhance their career through internal mobility, secondment schemes and bankfunded learning and development initiatives. We also offer a range of opportunities for those in the early stages of their career, including a wide selection of graduate and internship programmes each year.

'We definitely 'walk the walk', and in 2022 over 45% of our vacancies were filled internally – a figure we strive to beat this year. By doing this we give our people the chance to pivot and advance, as well as opening up opportunities for new people to join the bank and our team in the roles that the internal moves create.

If you're a potential candidate, my advice is to invest time in crafting your CV. The recruitment market is highly competitive, so it's crucial to make yourself stand out from the pack. A well-structured and concise CV that highlights your key information can help hiring managers quickly understand your strengths and potential. I'd also recommend creating a LinkedIn profile that showcases your experience and personality as it's a great way to get noticed by recruiters. Many hiring professionals use LinkedIn to search for talent, so having a well-crafted profile can help you seize any opportunities that come your way.'

### **INTERESTED?**

Discover career opportunities at Standard Bank Offshore by visiting: www.standardbank.com/sbg/standard-bank-group/careers.

### **REBECCA GORIN**

RESOURCING PARTNER AT STANDARD BANK OFFSHORE

Did you attend University?

Yes, Liverpool John Moores

What did you want to be when you were 8 year's old?

A professional athlete

What is your Favourite way to relax?

In front of the TV watching a movie and eating chocolate!

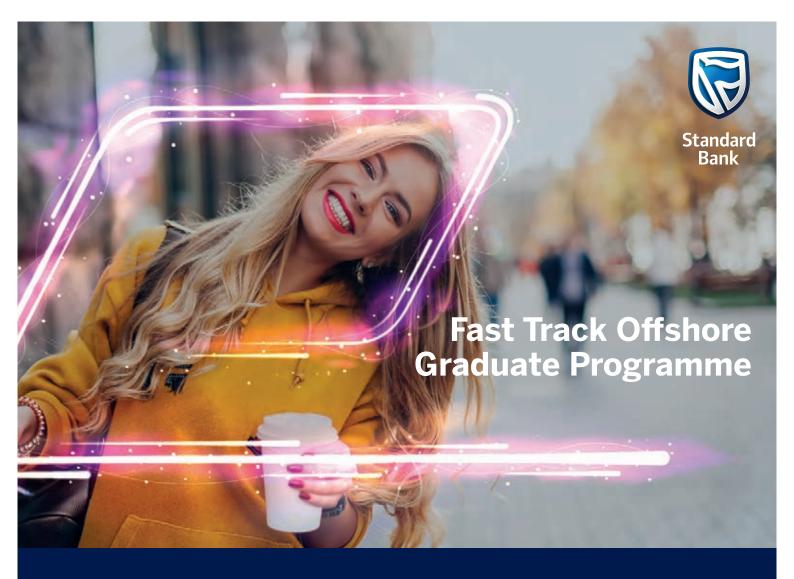
Where is the best place to eat in Jersey?

Salty Dog

What is your most treasured possession?

A bracelet with my little boy's name on it – was given to me for Mother's day one year and I've not taken it off since!





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Standard Bank

A wedding planner



### SCARLETT CLAYSON

AUDIT ASSISTANT,
KPMG IN THE CROWN DEPENDENCIES

Age 19
Education Jersey College for Girls
Courses Biology, Economics and Psychology
What did you want to be when you were 8 years old?

Favourite way to relax Getting my nails done Favourite place to eat in Jersey Caffe Ristorante Italia Favourite possession My Uggs



### What made you choose to work for KPMG?

As soon as I considered applying for a role in finance, KPMG immediately came to mind as the perfect place to start a career. The firm's prestigious reputation and global reach made it an obvious first choice. KPMG have allowed me to work in a nurturing environment while supporting me with gaining my professional qualification to become a chartered accountant.

### What professional training have you done?

I have so far completed five exams towards my ACCA qualification. At KPMG you receive a tremendous amount of support from both the firm and BPP Professional Education. This can mean extra sessions from a tutor or support with how to deal with exam stress. Working while also doing your professional education is an amazing opportunity – as I progress with my exams, I can apply the skills and knowledge learnt at college in my job.

### What do you do on an average day?

Every day is different! At KPMG you get to work with a diverse range of teams and clients. My average day consists of client catchups, assisting the team with test work and other tasks like coaching newer audit assistants. At KPMG you also get the opportunity to work from the client's office, giving you an amazing opportunity to communicate directly with clients and build on your relationships. We are always doing extra training sessions – whether online or in person – which really helps boost technical skills and keeps your knowledge up to date.

### What is your next step?

My next step is to continue working towards my professional qualification, as I hope to become a member of the Association of Chartered Certified Accountants within the next few years. At KPMG you are also given incredible opportunities to be seconded to another member firm across the network once qualified. This is something I am eager to pursue, as it means you get to travel the world whilst working!

### What advice would you give yourself as a graduate considering the experience you have now?

My best advice would be to have more confidence in starting work straight after A-levels. At the time it felt daunting choosing this path instead of university, but I have made amazing friends at KPMG and haven't felt like I have missed out at all. At KPMG you are given so much support from the moment you join, which really eased my mind and helped me progress quickly in the firm. Working whilst doing exams can be tricky, but if you keep asking questions and reach out when you're stuck, everyone at KPMG is more than happy to give you guidance. You always have a large support network, from other audit assistants up to managers.

### ABOUT KPMG IN THE CROWN DEPENDENCIES

As one of the largest professional services firm in the world, KPMG can offer unrivalled opportunities for graduates, school leavers and career changers wishing to train in chartered accountancy or tax. Working at KPMG in the Crown Dependencies means excellent support and training from day one. Our close-knit teams provide an opportunity to take on early responsibility, work with fascinating clients and gain invaluable industry experience. You'll develop relationships built on credibility and trust with clients across a wide range of sectors and you'll get to the heart of how they work and what challenges they face.

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SENIOR ADMINISTRATOR (REAL ESTATE), INTERTRUST GROUP - A CSC COMPANY

**Age** 22

Education De La Salle College Course Business and IT

What did you want to be at 8 years old? A baker What's your favourite way to relax?

Going on holiday, I always have to have one booked!

What's your favourite place to eat in Jersey? Awabi - without a doubt

What's your favourite possession? My watch

### What made you choose to work for Intertrust Group?

I liked that Intertrust Group has a global presence, with offices in so many jurisdictions. I felt that this highlighted their expertise and reputation within the industry. I could tell that the culture would be a great fit for me as an individual and would push me to progress with my career and ambitions. I've always had an interest in real estate and remember hearing how reputable Intertrust Group's department in Jersey is.

### What do you do on an average day?

Every day is different which I love. I usually start the day with an extra-strong coffee before responding to any client emails. As I work in real estate, the work varies from dealing with transactions (clients acquiring/ disposing of their assets, refinancing etc), to general company secretarial work such as holding meetings and ensuring records are up-to-date and in accordance with local regulations. I work within a great team, and so I also check in with them regularly throughout the day, providing support where necessary.

### What professional training have you done?

I'm working towards my ICSA qualification in International Finance and Administration. In the future, I would like to do a RICS qualification as I feel it's more specific to the real estate industry.



I joined Intertrust in 2019 as a trainee. Intertrust Group are supporting me in reaching my career goals. I was promoted to Administrator in September 2020 and I've recently been promoted to Senior Administrator. The next step in my career would be to move up to Assistant Manager. Intertrust Group have management development courses which I will attend in the future to learn the best techniques, enabling me to support my peers whilst progressing my skills further.

### What advice would you give yourself as a graduate, considering the experience you have now?

I would say, take as many opportunities as you can; I've found all experiences invaluable. Put yourself out there and do your best to always make a good impression - positive connections are always helpful in this industry. A smile also goes a long way!

### **ABOUT INTERTRUST**

At Intertrust Group we're committed to ensuring Intertrust is a great place to work, where our employees can thrive and enjoy coming to work each day. We embed our values into everything we do, championing professional development and continued learning in addition to ensuring health and wellbeing remains at the forefront. If you'd like to find our more about the career opportunities at Intertrust Group get in touch today.

### **INTERESTED?**

Contact: Louise Carter, Senior HR Business Partner - Head of Resourcing, Human Resources +44 1534 753806

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### **EMMA DORRIS**

TRAINEE, CAREY OLSEN JERSEY LLP

Age 25 University

Oxford Brookes University, BPP University

Course

History at OBU then a Post-Graduate Diploma in Law at BPP What did you want to be when you were 8 years old? Either a Meteorologist or a Fairy Princess

Favourite way to relax A sunset BBQ down at St. Ouens or a slow and chatty cliff path walk on the north coast with friends. Favourite place to eat in Jersey Oyster Box

Favourite possession Photo albums filled with photos from the last few years, I took a lot of the photos on film so would be devastated if they were ruined.

### What made you choose to work for Carey Olsen?

Prior to joining Carey Olsen last year I had no legal work experience, therefore I wanted to join a firm that I felt offered the best opportunities for me to learn and develop my career in an encouraging environment. I had heard that Carey Olsen was a great employer as well as being a highly regarded firm and after interviewing for a couple of roles at the firm I felt they were the right fit.

### What professional training have you done?

I am currently studying for the SQE2 (Solicitors Qualifying Exams) which I will be taking in May, after passing SQE1 last July. The best training however has come from working in a department that is full of highly experienced (and very patient) individuals who I am continuously learning from.

### What do you do on an average day?

I work within the property team and although the work varies hugely depending of the transactions I am dealing with, the majority of my time is spent liaising with other firms and advising clients, as well as drafting and reviewing documentation.





What is your next step?

Qualifying as an English Solicitor, hopefully by the end of this year.

### What advice would you give yourself as a graduate considering the experience you have now?

Don't feel like you need to know what you want to do straight away, and feel free to explore different career paths to decide if it's the right fit. One thing that's great about starting a career in law at the moment is that the new Solicitor Qualifying Exams have made it easier to enter the profession regardless of what you have previously studied or your previous experience so you don't need to have it all figured out as soon as you graduate.

### ABOUT CAREY OLSEN:

Carey Olsen is a full service law firm practising the laws of Bermuda, the British Virgin Islands, Cayman Islands, Guernsey and Jersey with offices in nine global locations – and we are growing! This brings a range of exciting opportunities in a culture that is dynamic, supportive, and inclusive. We are interested in bright and enthusiastic individuals at all levels of their career who have the drive to reach their full potential and to deliver excellent levels of service to our clients. If you would like to explore your career prospects to become part of a leading law firm please get in touch.

### **INTERESTED?**

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'It has been great to have the opportunity to work in a top offshore law firm while studying and qualifying through the SQE route. Carey Olsen has supported my professional development and allowed me to be involved in a variety of technical matters, which has accelerated my learning.' – Emma Dempsey, Trainee

'I have found the Carey Olsen trainee program to be excellent. The firm have supported me through my SQE with dedicated study days and have been highly responsive with any queries I have had. The ability to work within Carey Olsen's industry leading teams of corporate lawyers has added unrivalled real-world experience and perspective to my studies. This I believe has better prepared me for a career as an effective offshore corporate lawyer than traditional qualification routes.'

– Tom De La Cour, Trainee

### OFFSHORE LAW SPECIALISTS



### MICHAEL OGILVY WATSON

**DISPUTE RESOLUTION ASSOCIATE, OGIER** 

### Age 29

### University attended

University of Southampton, University of Amsterdam and City University, London Course Bachelors of Arts in History with Honours, Masters of Art in History and Graduate Entry LLB What did you want to be when you were 8 years old? Spider-Man

Favourite way to relax Reading classical fiction and history Favourite place to eat in Jersey Casa Paco Favourite possession

Paddle board

### What made you choose to work for Ogier?

My belief (now confirmed) that Ogier is one of the best firms in Jersey to work for.

What professional training have you done? BPTC, LPC and training contract.

### How does Ogier look after its people?

By having a culture that encourages employees to develop professionally and personally.

### What do you do on an average day?

Draft pleadings, research, prepare memoranda of advice for clients, matter management and organising team socials.

What is your next step?

To become a Jersey Advocate.

What advice would you give yourself as a graduate considering the experience you have now? Stay persistent and open-minded.



### **ABOUT OGIER**

Ogier is an international professional services firm with the knowledge and expertise to handle the most demanding and complex transactions and provide expert, efficient and cost effective services. We have three divisions: Legal: practical advice on a unique combination of six laws: BVI, Cayman, Guernsey, Irish, Jersey and Luxembourg. Corporate and Fiduciary: integrated legal and corporate administration services. Consulting: independent, proactive guidance across sustainable investing, regulatory compliance and tech. Covering the Asian, European and US timezones, our network of locations also includes Beijing, Hong Kong, London, Shanghai, Singapore and Tokyo.

Contact Harriett Barnes, Group Resourcing and Onboarding Manager at harriett.barnes@ogier.com or 01534 514019 44 Esplanade. St Helier, Jersey, JE4 9WG

GALLERY

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### JOHNNY HOPWOOD

ASSOCIATE. EY

### **Age** 19

Education I joined EY's associate training program straight from Victoria College, as an alternative to university.

A-levels I studied Maths, Economics and Design & Technology

What did you want to be when you were 8 years old?

A pilot

Favourite way to relax

Surfing or a BBQ on the beach

Favourite place to eat in Jersey

Wally's Chippy or El Tico, for its nachos.

Favourite possession My Randalls Loyalty Card

### What made you choose to work for EY?

I did work experience at EY when I was 16 as part of Project Trident. It gave me a great insight into the opportunities EY offers. I applied to other accountancy firms, and a few accepted me, but none had the same feeling that I experienced at EY, so here I am.

What professional training have you done? I've just started my ACCA qualification.

### What do you do on an average day?

My day begins with a morning walk to work, and I arrive at around 8:30 am. After checking my emails, I create a to-do list to keep me focused throughout the day. I then meet with my team to see if there are any updates, ask for help or pose questions. I may attend client meetings, assisted by more experienced team members, to gather information for the audit. In the evenings, I either play hockey or go to the gym with friends to stay active. With exams coming up, I spend some evenings studying.

### What is your next step?

After completing my ACCA qualification, I plan to seek a one-year secondment to other offices within EY's global network to experience a different culture and develop new skills.

### What advice would you give yourself as a student considering the experience you have now?

I would emphasise the importance of organisational skills. Using my calendar to set reminders and creating to-do lists has helped keep me on track with deadlines. Even though it may seem like a small thing, being organised can make a big difference in achieving both personal and career goals. I'd also urge myself to get involved in more things to help meet new people, as EY has such a diverse office, and there are many different people to meet from all walks of life.



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### **SOPHIA LORA**

TRAINEE ADMINISTRATOR,
MOURANT GOVERNANCE SERVICES

University Manchester Metropolitan University
Course Forensic Psychology Bsc
What did you want to be when you were 8 years old?

Radio Presenter

### Favourite way to relax

It would be hard to choose one. I love cooking, a personal achievement would be winning the Macmillan bake off at Mourant. As much as I enjoy cooking, I also enjoy going to the gym to relax, often going to BoxinBusiness (conveniently opposite the Mourant office).

### Favourite possession

A ring I received from my parents for my 21st birthday.

### What made you choose to work for Mourant?

When considering graduate opportunities in Jersey, I was attracted to the friendly approach at Mourant as well as it being a reputable and growing firm. I was interested in the idea of working closely with law firm colleagues and since joining it feels like an exciting time in the business as Mourant Governance Services grows alongside the law firm. From my first day at Mourant, I felt like I'd made the right decision and that it is the best place for me.

### What professional training have you done?

Mourant is fully supportive of professional development and I'm currently doing my CGI Level 4 Certificate in International Finance and Administration at Chapter One.

### What do you do on an average day?

There is no average day, which is what I like about it! My role is ever changing in response to clients' needs and I continually adapt in order to support my team. I frequently attend meetings, assist in onboarding and creation of new companies and act as the first point of contact for a varied portfolio of entities.

### What is your next step?

I'm always looking for new opportunities and ways to grow and develop. My focus at the moment, is to finish my CGI Level 4 Certificate in International Finance and Administration whilst progressing in my role.

### What advice would you give yourself as a graduate considering the experience you have now?

Gain more experience in the finance industry. If I could go back to university, I would sign up to summer schemes and take advantage of what firms have in place for students to get ahead! This gives you the chance to explore different teams and get a feel for what type of role you might be interested in as a graduate.





### ABOUT MOURANT

Mourant Governance Services delivers a comprehensive range of corporate, accounting, governance and fiduciary services through a dedicated team of experienced professionals. Our clients include financial institutions, asset managers, global corporates and family offices. We routinely work in partnership with the most prestigious international legal and accountancy firms. Our governance professionals deliver bespoke solutions and assist our clients in complying with local legal and regulatory requirements across a number of sectors including real estate and private equity. Mourant Governance Services is an affiliate of Mourant Ozannes, one of the world's leading offshore law firms. We regularly draw on the expertise of our law firm colleagues to provide our clients with seamless legal, corporate and fiduciary services.

Contact recruitment@mourant.com or call 01534 676000 Mourant Governance Services 22 Grenville Street, St Helier, Jersey, JE48PX



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### **CHLOE HAM-HOWES**

TRAINEE ADMINISTRATOR, CRESTBRIDGE

**Age** 19

Education/University Attended

Beaulieu Convent School

Course/subjects

 $\operatorname{My}$  A-Level subjects were Psychology, Sociology and Health and Social Care

What did you want to be when you were 8 years old?

An Air Hostess

Favourite way to relax

Definitely going to the beach with friends.

Favourite place to eat in Jersey

El Tico

Favourite possession

My phone

Chloe joined Crestbridge in September 2022 on the company Trainee Programme. Aimed at recent graduates and school leavers, this two-year programme gives hands-on, practical experience across different client-facing departments. Over the duration of the scheme, the trainees explore three busy teams, gaining invaluable work experience, as well as studying towards a recognised professional qualification.

### What made you choose to work for your company?

Crestbridge stuck out to me when I was considering my employment options after school - I wasn't 100% sure what area of the finance industry I wanted to go into. On that basis, the trainee programme that Crestbridge offers allows me to work in three different departments across the business, before then choosing the one I feel I'm most suited to at the end of the two-year programme. From the first interview I had here, I knew this was where I wanted to work; everyone seemed so friendly and kind from the get-go.

### What professional training have you done?

There's a great Learning & Development team at Crestbridge and there's so many courses, webinars and presentations you can sign up for. But, as part of the trainee programme, you work towards a recognised professional qualification and I'm currently studying towards the Chartered Governance Institute IFA Level 4 qualification. I'm enjoying learning this side of the industry too and I'm getting ready to sit exams for this in June.

### What do you do on an average day?

Every day is different, and my tasks will vary daily – I love that no two days are ever the same. I'm currently working in the Real Estate Funds team and as a Trainee Administrator, my main duties consist of liaising with clients, making payments, making calls to clients, and drafting minutes for client meetings.



### What is your next step?

I'm just coming to the end of my first eight-month placement, and I'll move to the Private Equity Team in May, which I'm looking forward to. Ultimately, my next career step is to work through the three team placements, study hard and become a qualified administrator in the next few years. I'm really enjoying the work and the company, and I'm pleased I made the decision to join the Crestbridge scheme.

What advice would you give yourself as a graduate or school-leaver considering the experience you have now? Joining a business straight from school was definitely a challenge at the start, it's so different from school life. I think the best advice I could give would be:

- 1. To not give up when you think things aren't working, you can learn from every challenge.
- 2.To take every opportunity you get there's so much you can benefit from, both through the work you do, but also through the training options and social activities that companies offer.

### **ABOUT CRESTBRIDGE**

Crestbridge is a global network of relationships - with our employees, our clients and the communities we operate in globally. We build collaborative relationships with each for life, not for cycles, and we understand the future of our business relies on the investment we make in our relationships. Our employees are our main value proposition and the future leaders of our business. We believe that good client experiences start with our people and we are confident that our inclusive and friendly culture and the investment we make in our team through CPD, mentoring, well-being, as well as our commitment to diversity and inclusion, supports their success and the success of our clients and wider communities.

### **INTERESTED**

Contact careers@crestbridge.com or call 01534 835600.

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# Looking at options post-school or university?

If you're still considering your next steps, but unsure what area your skills are best suited to, the Crestbridge fast-track trainee programme could put you on the path to career success!

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Chloe
Ham-Howes
Current Trainee
Programmer.

careers with



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### **JACK TAIT**

### COMMUNICATIONS AND SUSTAINABILITY ASSOCIATE, KINGSROSE

### What made you choose to work for Kingsrose?

There's a couple of things; initially, what caught my attention is the challenge of an environmental, social, and governance [ESG] role in the Mining Industry. Historically mining has a poor reputation, so when I heard of this role at Kingsrose, a sustainable mineral exploration firm, I knew it was going to be interesting.

Today, modern technologies and sensitive community engagement have changed the way mines operate for the better, often achieving significant net-positive impacts on the communities and the environment in which they are located. Furthermore, Kingsrose is focused on exploring for critical minerals, once extracted these are metals that will be used to decarbonise and electrify the economy. Wind turbines, electric cars and solar panels all require substantial amounts of the minerals we are exploring for. Historically the supply of these minerals has come from Russia and South Africa, countries which have challenging ethical postions.

Secondly our CEO, Fabian Baker, has put together an excellent team and their positive, pro-active attitude is contagious. They all share the same vision and they're also great fun, which is invaluable to me. I realised quite quickly that Geologists are just scientists that prefer the outdoors. Finally, the role gives me the opportunity to continue to travel which is something I love to do. To see and be in these places which we are exploring is a privilege and I am proud to be a part of an exploration firm that operates to the highest of standards and care.

### What professional training have you done?

As part of our exploration in the Arctic Circle in northern Norway we'll be flying up there to do an Arctic Survival Course. This will involve sleeping in snow caves, learning how to deal with extreme weather and wild animals out on the ice plains, being trained to drive snowmobiles and making holes in the ice to go for a freezing dip!

### **Age** 25

**University** Newcastle University

Course International Business Management with Spanish

What did you want to be when you were 8 years old? 007

Favourite way to relax: Running, reading or any activity that involves the sea.

Favourite place to eat in Jersey: My parents house, they are excellent cooks.

Favourite possession: Headphones or wetsuit

Kingsrose are very supportive with my training, later this year I'll do the Cambridge Institute for Sustainability Leadership Course, following this I will be looking for courses that are geared towards environment and community care unique to the mining industry.

### What do you do on an average day?

We are working towards B-Corp accreditation which is essentially a sustainability audit, and I am renovating the website so these projects are part of my 'office role'. Tomorrow I'm flying out to Lakslev to talk with local stakeholders, specifically the wonderful tribes of Sami Reindeer Herders up there, to understand how mineral exploration can work for, and alongside, their way of life.

"This will involve sleeping in snow caves, learning how to deal with extreme weather and wild animals out on the ice plains, being trained to drive snowmobiles and making holes in the ice to go for a freezing dip!"

### What is your next step?

Learn Norwegian! I also need to fully understand the intricacies of how Kingsrose operates. So, at this point I need to become a sponge and take everything in that is going on. Once I have got to grips with this, I would like to complete an ESG reporting course whilst extending my knowledge of Nordic and Sami cultures.

### What advice would you give yourself as a graduate considering the experience you have now?

Do not settle in a role that does not interest you, if the role interests you, your enthusiasm will come through in your work.

### ABOUT KINGSROSE

Our mission is to discover new mineral resources that are critical to building green energy technologies. We are passionate about protecting the environment and building positive relationships within the communities in which we work. We're a diverse team of geologists as well as sustainability, environmental and communications experts working to create value and positive change. We'd love to support students and graduates in Jersey to explore an exciting career with us, so if you are interested in our internship program please get in touch.

### **INTERESTED?**

Visit kingsrosemining.com

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Spring is so much more than just flowers blooming and house cleaning, it's about fresh starts, new beginnings, an overdue farewell to frosty mornings and dark depressing afternoons. But how to prepare for this new season of joyfulness as we step squinting into the spring sunshine? Well first things first - you need a fresh cut. Because nothing says clean and shaven more than, well, getting clean and shaven. So if you're in the market for a bit of a Spring trim then let us introduce you to the island's barber quartet...

### The Industry

Having opened in Feb 2021, The Industry is one of the newest salons to the island's barber scene. But don't let the fresh paint fool you, the ethos and skills at The Industry are well-honed and rooted in the progressive movement of barbering. Owner Jack tells us how he went from learning about the industry to owning a barbershop named after it.

### So, what made you want to become a barber?

I didn't know I wanted to be a barber until I was 18. I left school at 16 and was working in a gym as an instructor and had some other odd jobs on the side like labouring. It wasn't something I wanted to be doing long-term and I really felt that I should be doing something more creative. I was always into tattoos, watching Miami Ink and LA Ink on TV. A good mate of mine, Matty, is a tattoo artist over here and I used to go to conventions in the UK with him and loved the culture of it all, so I thought - maybe tattooing? But I didn't dedicate enough time and effort to drawing at home so gave it up before I had even really started! From then on though, I knew I had to get into something creative. Kyle at KSG was a real inspiration and I began my barber career at their salon. Suddenly I was mad about hair, getting trims every couple of weeks. Barbering can be really creative which I love. I saved up enough to quit the gym and moved to London for 3 months to complete my course. I haven't looked back.

### Any advice on what topics to bring up in the barber chair?

I've been barbering for 6 years now and some of my clients have been with me since the start. So you do get some stories and become more friends than clients with a lot of people. It's like they just sit in the chair and can chat openly about most things. It's great that the shop can be somewhere

[0] Photography: Travis Berthou



The Industry

people can switch off and have a good time for half an hour or so, and talk about anything. We have probably covered most topics in the world in that short space of time

### Who's been your most interesting client?

I haven't had too many celebrities in the chair but have had the loyalty of my good mate and content creator Kristen Hanby in the chair from the start near enough and we have a laugh every single week. Having grown up in Gorey Village together with a group of us it's nice to keep that going and chat about the days we used to mess around to now taking different routes.

### Any career tips to the would-be barbers?

I started looking at the history of barbering on YouTube and following big names on social media to see more about the trade and lifestyle. There are many ways of training and qualifying, but I'd say the best way into the trade is doing an intensive course in the UK with one of the many prestigious academy's. Maybe start going to a few different barbers to get advice during a haircut and pick the brains of ones you are drawn to. The courses are usually 9-12 weeks long, but even when you get that qualification it takes months if not years to get a solid client base and your skill crafted properly.

6 Waterloo Street, St. Helier, @theindustry

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### Lads n Dads

Jersey's newest barbers, Lads n Dads was started by Ali in August 2021. But after a flood shut down the business for four weeks shortly after opening, it's safe to say the first few months have been far from smooth sailing. The business is now back on track and it's been a great success with a loyal and varied customer base. We caught up with Ali to hear her story.

### As a woman, what obstacles have you had to face in what must be a pretty male dominated industry?

I struggled with confidence when I first started. After school, I applied for an apprenticeship in women's hairdressing and trained to be a color technician. It didn't feel like the right environment for me and it was my sister who suggested barbering. I went to Dublin to do my City and Guilds and was surprised how much I enjoyed the challenge of being one of the only girls in the room. As I gained experience I became much more able to control those feelings of reduced confidence I had at the start.

### What made you want to start your own business?

Covid was a turning point in my career. When we could begin working again, the amount of messages and calls I got from clients made me realise just how big my clientele was, and so the idea of Lads n Dads was planted. It's been the single best decision I've made so far.

### Best bits of your job?

I love meeting new people, there are always new clients coming through the door and I love catching up with my regulars who have become good friends over the years. My job helps me to make good connections with people, I don't just cut their hair, I'm a part of events in their lives such as, new jobs, weddings, the arrival of new babies, funerals, break ups etc. It's quite a unique job being a barber.

### And the worst?

It can be mentally and physically exhausting especially after a busy day. Being client facing can be tough when you have something personal going on in your own life, you've got to put your mask on and smile as the client always comes first.

### Who is the most famous client you've ever had?

The English and Irish Lions Rugby team when they visited Jersey. They were absolute gentlemen.

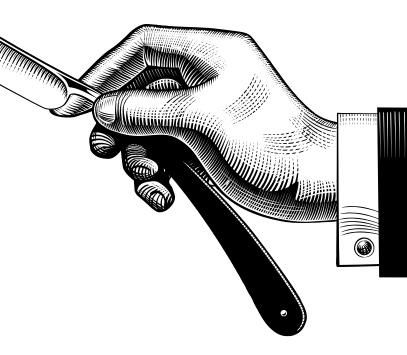
### What is the best story you've ever been told by a client whilst barbering?

A barber chair is considered a confession box, so unfortunately the stories told in the chair stay with the barber!

Corner of Weighbridge place & Wharf St, St Helier ladsndads.co.uk



I went to Dublin to do my City and Guilds and was surprised how much I enjoyed the challenge of being one of the only girls in the room.



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Emma has 25 years in the barbering industry and decided to open Rudy's with her partner back in 2015. She brought about a different, cooler barber shop vibe to the island offering well-priced trims with a free beer or coffee. She tells us about her career and what it was like being a female barber in the 90s.

### Why barbering?

I got into barbering in 1998 after 10 years as a stylist in a high end UK salon, long before it was a hip career choice! I was offered a job with some Italian barbers and I was excited about proving I was good enough in what was a really-male dominated industry. Back in the 90's not many ladies had barber shops or were recognised by male barbers. Most barbershops were run by multiple generations of men from one family. I had to prove my worth to these guys by mastering my skills. Thankfully I was fully accepted in the end!

### What made you want to start your own business?

When I moved to Jersey in 2011 I saw that only a certain type of barbershop existed on the island. Shaving for example wasn't being offered. So we added hot towel shaves to our services, along with beard trims, haircuts and face care. We encouraged pre-wedding party bookings where the groom and his family and friends could get pampered and a local cafe provided the breakfast. Cold beers were stacked in our Smeg vintage fridge - and it was a real success. There were 12 much more traditional style barber shops operating in Jersey when we opened but Rudy's really was something new.

### Where did the name come from?

The Specials have this great song, A Message to you Rudy! I love it, and my nephew is called Rudy so we thought it was a cool choice.

### Any celebrity clients?

We get past governors of Jersey, CM ministers, visiting actors, screen writers. Olympians, DJ's, musicians, reality TV personalities, Jersey Reds and Jersey Bulls . We keep all the names secret. You know who you all are and we love every client, whether they are famous or not!



### What is Rudy's unique selling point?

Its unusual quirky decor gets people talking the shop has a definite Bristol/ West Country vibe due to my Somerset roots. Free drinks are always on offer, and sometimes the odd beer!

### What's the best story you've been told by a client?

Well this wasn't told by a client but Pat, our senior barber had a very unpleasant experience with a polar bear. He lived to tell the tale, but you'll have to ask him for the full story when you come in for a cut or shave.

### Any advice for interesting topics of discussion when getting a haircut?

We talk about all sorts, it's never just the weather or upcoming holidays. We talk about everything and anything, generally music festivals are a great topic as I go to Glastonbury every year.

### Any dos/ don't before coming in for an appointment?

Arrive on time, not too early and definitely not late! And if you book an appointment and can't make it let us know so we can re-fill the space. As well as running Rudy's, I also look after Trevor's barbershop at Red Houses with a team of friends and creatives. We have big plans so watch this space!

7 Hope Street, St. Helier rudysbarbershop.nearcut.com

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## KSG Barber Shop

Opened in February 2016 by Kyle Gibault, KSG Barbershop is a seriously cool salon with stacks of credibility. Since opening, the shop has gone from strength to strength, building a very loyal clientbase full of vibrant islanders. We caught up with Kyle to hear all about the journey.

#### How did you get into barbering?

I got into barbering around 10 years ago. I had been living in London and working in television at the ITV London Studios, but found I was lacking direction. I always knew that I wanted to return to Jersey but needed something exciting and practical to do as I never wanted an office job. My mother has been a hairdresser for 50 years so I've been brought up around the industry and I decided to re-train as a barber and come back and open a business.

#### What made you want to start your own business?

I come from a family who have always run their own businesses. My father was co-owner of Tramps clothing, my mother still owns Teryles hair salon, my sister owned Naughty Monkeys for many years before going on to co-own her own recruitment agency Recruit Right. It was like I was destined to own my own business, it's a family tradition.

#### What are the best bits of your job?

The people. You have to like people to do this job. The creative element and pride in the job also rank pretty high, nobody's hair is the same so every haircut is unique to that person. It feels good to make other people feel good.

#### And the worst?

Standing up all day!

#### Any celebrity clientele?

I gave Nigel Mansell a haircut last year and also tidied up his famous moustache.

#### What is KSG's USP?

A cool, comfortable atmosphere where everyone is welcome. Alfie, Arron and I see all our customers as friends. We take our time with the haircuts and listen to what the customers ask for. It's a pretty simple recipe.

#### What do you like chatting about with your clients?

I could talk the hind legs off a donkey so I never have any problem with the chat. I like talking about real life and what's going on in my clients' lives. You'd be amazed at how relaxed people become with their barbers. The good times and the bad your barber should always be there to

I personally think it's one of the best careers you can choose and I would recommend it to all young individuals. It's a life skill that can take you anywhere in the world.

listen. What's said in the chair stays in the chair.

#### Any advice for the next generation of barbers?

For future kids I think it's important they are getting into barbering for the right reasons. It's got a 'cool' aesthetic these days which can influence people into wanting to train - but it's important to remember that the success of individuals and shops is built on hard work, passion and customer service. Mastering the trade takes years but it can be a fantastic, scary, fun-filled experience for the right person. I personally think it's one of the best careers you can choose and I would recommend it to all young individuals. It's a life skill that can take you anywhere in the world.

KSG 6 Bath Street, St Helier ksgbarbershop.co.uk



Rarely on an island as small as Jersey, do you find a property that benefits from the peace and tranquility of the countryside as well as close proximity to a beach. Usually it's one or the other, sometimes it's a little of both but never is it an even distribution. Meadow Farm begs to differ.

Nestled in its own idyllic valley of green-wooded countryside, you'd be forgiven in thinking this was a purely rural retreat, sequestered in its own lusciousness. But this family home is also only moments away from the beautiful fishing port of Rozel Bay.

In fact, the property is one of a very small number of detached residences in the Bay, where the famous Hungry Man beach cafe and Rozel Tea Rooms can be found. Just a short stroll in the other direction leads to Chateau la Chaire and the Rozel Country Pub. Back at the house, this family gem sits within a delightful and mature south-facing garden, where the numerous entertainment areas can be enjoyed whilst listening to the sounds of trickling water, thanks to the natural stream running through it. Listen hard enough and you might also catch the not-too-distant sound of the waves. In terms of location, Meadow Farm is truly unique.

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# "It is easy to imagine summer dinner parties with the conservatory doors thrown wide soaking up the sunny valley views"

The exterior of Meadow Farm is as pretty as its name suggests; the property is classic Jersey granite with traditional white limestone rendering, white shutters and features a very complimentary addition of a conservatory. Inside, the ground floor which stretches to an impressive footage of 1191 square feet feels airy and roomy. The large family sitting room in particular with its beautiful bay doors leading out to the garden feels especially big.

The kitchen is traditional in decor with farm-style counters, a breakfast island that seats four and a large dove-grey AGA. The conservatory leads off from here, and would make a brilliant dining space to entertain friends and family. It

is easy to imagine summer dinner parties with the conservatory doors thrown wide, soaking up the sunny valley views. Also on the ground floor is a second sitting room - an ideal space to in which to make a playroom for a family with young children, a large utility room and small but handy downstairs bathroom.

The first floor is made up of two ensuite bedrooms; the larger being the master which has a generously-sized bathroom and plenty of wardrobe space. The room benefits from sweeping views of the wooded garden, a vista







Stepping into the garden you'll be hard pressed to decide which seating area to enjoy first; the quaint wooden pavilion, the patio overlooking the lawn or the raised decked area perfect for BBQs and sunbathing.





that can be enjoyed further from the bedroom balcony. The second bedroom is also well proportioned. Like the master, it features a great-sized fitted wardrobe and a newly-decorated ensuite making it an ideal guest room or bedroom for an older child. The top floor features two cosy bedrooms with plenty of character thanks to their pitched ceilings. Despite the eaved roofs, there is no lack of light up here due to the large windows in each room and size-wise they are perfect for younger family members.

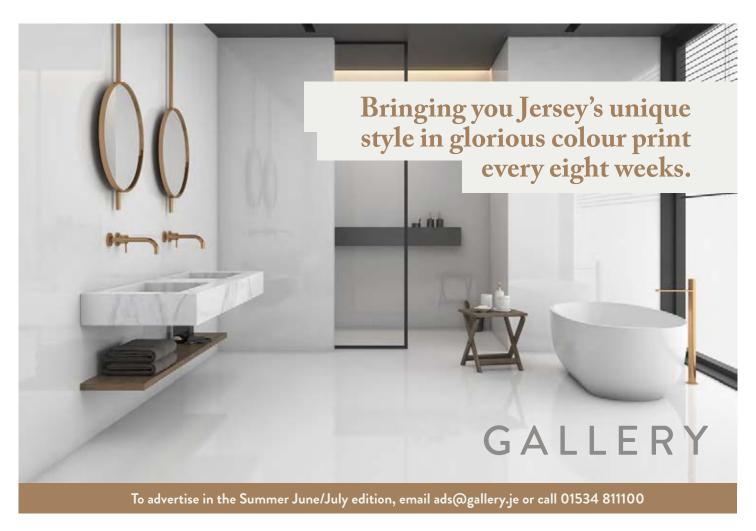
Stepping into the garden you'll be hard pressed to decide which seating area to enjoy first; the quaint wooden pavilion, the patio overlooking the lawn or the raised decked area perfect for BBQs and sunbathing. There is plenty of scope in the garden for a green-fingered family and there's enough room to accommodate a host of landscaping ideas. Parking is very generous and provides ample space for cars, boats and the host of outdoor equipment that comes with family life in Jersey.

It's safe to say that the condition of Meadow Farm is turnkey - ideal for any family wanting to move without the hassle of immediate renovations or decorations. However, like the beautifully wild garden that surrounds it, there are opportunities for someone to tame certain areas and to add their own personal touch. For most though, the wild beauty of Meadow Farm is its charm - and why would you want to change that?

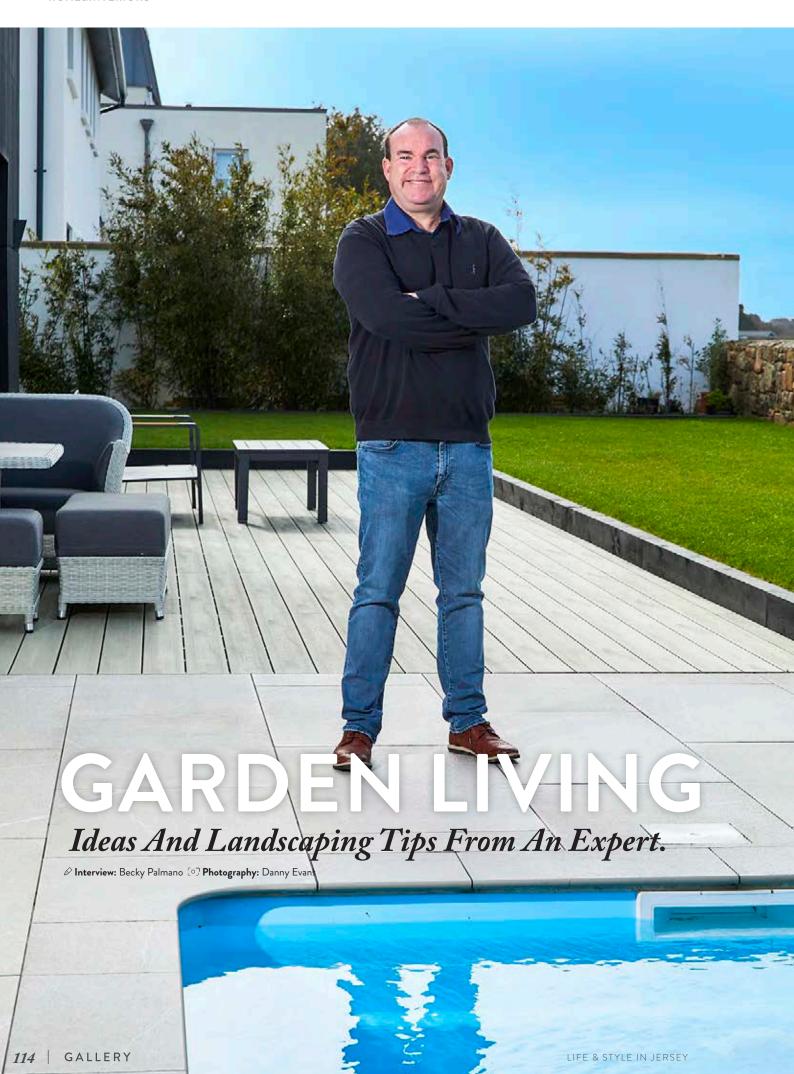
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Your garden should be a place where you can find solace to sit and relax, or perhaps somewhere you can entertain friends and family. For many it is a space to let the children run around and blow off steam. If yours is doing none of the above, and you want a garden design that is more colourful, more exciting or simply more maintenance friendly then you'll need the help of a landscape gardener. They're on hand to help craft an attractive space to grow plants that give you a beautiful environment and design a practical layout that allows you to use your garden how you want. We met with Neil Britton, the Managing Director of Premier Landscapes who shared his gardening ideas and landscaping tips for those in the market for a garden upgrade.

First things first, can you tell us exactly what Garden Landscapers

We enhance a client's outdoor spaces and use every inch to its full potential, often creating more areas to sit, relax and entertain. But we provide everything from composite decking, paving, fencing, driveways and all the associated groundworks. We use an amazing 3D design service, taking the time to sit down with our clients to fully discuss their requirements and desires for their garden. The 3D design service allows the client to see what their garden might look like once it's finished. From there it's all about working together to create a dream outdoor living space.

We are very fortunate to be part of a larger family with our sister companies of Naturalis Limited and The Small Pool Company which allows us to be more competitive and provide a full turnkey operation under one roof with the latest technologies in materials and alfresco entertaining. However our long-standing relationships with other local suppliers allows for a very comprehensive range of mature plants, shrubs and trees.

#### What drew you to the profession?

From the age of 16 I started out maintaining hotel gardens under the watchful eye of my old boss Frederick Carpenter. I have always enjoyed working in outdoor spaces and Frederick instilled a lifelong passion for gardening in me, teaching me about the island's varied soil conditions and his vast knowledge of plant names and maintenance

techniques. Once Frederick retired, I took over, taking a

Do you have any favourite plants or flowers? Definitely Wisteria because it brings back some lovely memories of learning the correct skill of pruning them with Frederick and then watching them flourish. Dahlia's are also up there due to the variety of colours and patterns they produce.

For the novice gardener, what sort of gardens work well in Jersey?

The island's soil is typically more sand than soil and the salty sea breezes are too extreme for many plants to handle. All you need to know is the right plants for your location, and how to create fertile soil from sand. Amend sandy soil with organic material, like compost, to enrich it with nutrients and enable moisture retention. Creating a raised bed garden is the easiest way to create healthy, fertile garden soil in a sandy environment. It is always important to us that nature is involved in the garden, as it will always help with biodiversity, soil health and pest control. Nature always gets underestimated, not being condidered the crucial component for any garden and not always the aesthetic.

Best type of garden for someone wanting something low maintenance?

Raised beds are great for a low maintenance garden and plants like geraniums are good because they fill awkward corners and they don't mind a bit of shade. Hardy hibiscus loves full sun and attracts both hummingbirds and butterflies. Heathers are great because they are a lowgrowing evergreen shrub and they create a carpet of colour which keeps the weeds at bay.

Any advice to someone with a small garden? Be clever and create garden zones even if you are

working with a small space. For example, creating a decked area for seating or putting down some paving for a BBQ area is a good way to mix up materials. Using a "less is more" approach to planting and utilising colour schemes where you can, will make your garden feel bigger. Wall coverings can also add a perception of depth and space to a smaller space.

keen interest in the design and construction elements of hard landscaping and have grown my business Premier Landscaping into what it is today.

"Nature always gets underestimated as such a crucial component for any garden and not always the aesthetics."

#### Where do you find inspiration?

We attend European trade shows such as Futurescape in London and I keep up to date with growing trends on social media and landscaping forum groups off the Island. I also gain a lot of inspiration from listening to my clients and what their personal requirements and priorities are. Pro Landscaper Magazine is a really good journal to keep up to date with new trends and Pinterest is growing into a great resource of ideas.

#### What are some of the best gardens in Jersey?

Howard Davis Park is a wonderful public space. It provides an all year round oasis of colour which is lovely thanks to the many different garden zones - the rose garden is always pleasant.

Are there any garden trends to look out for this vear?

Outdoor living is very trendy at the moment with kitchens, fire pits and garden rooms gaining in popularity. People are seeing gardens as an extension of their home now more than ever since Covid and so we've seen an increased demand for home offices and such. The garden has become more a place of function. I'm not sure if it's a direct result of that, but we've seen less demand for herbaceous planting and softer landscaping, so fewer Chrysanthemum, delphinium, foxgloves and peonies and more desire for contemporary outdoor living spaces with specific landscape lighting and architectural features.

premier.je



## SPRUCE UP IN TIME FOR SPRING

Get your garden sunshine ready with the best of Jersey's outdoor furniture. This season's garden trends include materials such as bleached wood and soft grey concrete and feature colours like off-white and pale jade. Think modern modular sofas rather than the rattan seating so popular last year, and circular gas fire pits have replaced the traditional wood and coal-burning chimeneas. From matte black planters to portable pizza ovens, these are the pieces we've got our eye on...



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HOME&INTERIORS ADVERTORIAL



Dandara has been managing properties on behalf of purchasers for over 20 years. The team consists of Clair Lumsley - Head of Residential Rentals, Brendan McGill - Residential Rentals Manager, Terri Booth - Residential Rentals Assistant Manager and Samantha Patocka - Property Inspector. We caught up with Terri and Samantha at Dandara's brand-new resident's club lounge at Westview to ask them some questions about their roles.

#### Terri Booth

Residential Rentals Assistant Manager

#### What attracted you to pursue a career in this industry

I initially temped in the role in 2013 so I could save up before continuing travelling to Africa and Australia and then when I got back, Clair and Brendan offered me a permanent role. Since then I have worked my way up to Residential Rentals Assistant Manager and my role includes the marketing of the properties, carrying out viewings, moving tenants in and out and completing condition reports.

#### What does it take to do your job well?

Being a good clear communicator is so important. Managing lots of different types of relationships. Landlords, tenants, removal companies, plumbers, cleaners, the list goes on. Timekeeping is also essential, you need to be on time when you have multiple appointments in a day. Being late for one affects your whole day and does not create a good first impression with a potential client.

#### What is your favourite aspect of the job?

No day is ever the same. There are always new challenges and how you think your day will go is not always the case. It is a fast-paced





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Samantha Patocka Property Inspector 506294 spatocka@dandara.com

environment and I work with a fantastic team. Meeting new people and hearing their stories and being able to help them find the perfect property for them is very rewarding.

#### What is next for you?

After recently passing ARLA Propertymark Level 3 of the Residential Lettings & Property Management course I am now studying Level 4. Outside of work I am training for the Rome Marathon which is early next year and my first Ironman 70.3 in the summer.

#### Samantha Patocka

Property Inspector - Rentals

What attracted you to pursue a career in this industry After working in the admin department for Dandara for several years I joined the Rentals Department as a Property Inspector. My role involves carrying out 6 monthly inspections of the properties and giving the landlords an inspection report. This gives them the reassurance that their property is kept in great condition and any maintenance is swiftly attended to.

#### What is your favourite aspect of the job?

Working in the new build industry I love seeing the properties coming together and then coming to life with the people that live in them. Each tenant makes it their home and puts their own stamp on it.

#### What does it take to do your job well?

I pride myself on my organisation and communication skills. Being a people person really helps. I have to plan my day so that I have time for the viewings and then preparing the paperwork side of things which is essential.

When you are not working, what do you like to do? I enjoy a good yoga class. Going out for a meal. In the warmer months I love going to the beach and for an evening swim. I love Island life!



# TIMBER!



Whether you're looking for an outdoor extension to your home, a new office space, or just a wonderful garden escape for you to relax and enjoy, Bridge Garden Rooms can provide the complete service, from the design and conception through to the installation and aftercare.

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Head to bridgetimber.com to see examples of their work, along with estimate prices. All their buildings can be customised for your requirements, so do give them a call to chat through what you're after on 01422 832863.

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# INTERIORS TRENDS 2023 PART TWO.

Jersey's covid care might have wound down but it seems we will perpetually discussing the pandemics influence on our lifestyles, and 2023 is no different. This season's home trends are a direct result of all those things we wished we had when we were locked down in our living rooms. Joyful colour abounds - headrests and sofa sets and comforting fabrics like boucle and sink-in shearling would have made the stay-athome message much easier to endure. Harking back to a simpler time with seventies-inspired shapes to interiors influenced by what's on our screens (read on for more) these are the five trends influencing our interiors this season...here are numbers four and five!



#### That 70s Show

The seventies are back but they've been given a contemporary and dare we say it, sexy twist so it's more sunset yellow than dijon mustard, luxurious fluffy carpets rather than shag-pile rugs and undulating, curved furniture. Gone is the laminate surfacing and in place is softly-coloured quartz and porcelain slabs. This is the seventies, but not as you know it.

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#### RIDE THE CHANGE

eBikes have the ability to transform the local community, the way we live and help to create a sustainable island that we can all enjoy and be

ith an electric bike, you can go further, faster and without breaking a sweat. They're perfect for commuting, running errands, or the simple joy of a leisurely ride. An eBike uses pedal assist, meaning you still need to get your legs moving to make the bike go, but you're supported by a motor to help flatten out the hills. You can also select the assist mode to suit your needs which also helps to manage battery level.

By opting for an eBike instead of the car, you're not only saving money on fuel but also reducing your carbon footprint, all whilst exploring the great outdoors. Plus, they're a quiet and efficient mode of transport that help to reduce traffic congestion.

If you struggle to view cycling as being a convenient or practical way of travel perhaps due to having young children or the need to transport heavy loads, an eCargo bike could be the perfect solution! With a powerful electric motor and a sturdy cargo frame, you can carry everything from kids and pets, to groceries and final mile deliveries.

Thanks to the current Government eBike Grant Scheme. islanders can apply for £300 towards the cost of an eBike and £600 towards the cost of an eCargo bike. To find out more visit www.gov.je/ebike

The Powerhouse stock a huge range electric bikes for all kinds of riders and lifestyles and will support the lifespan of your eBike by helping to keep it running smoothly and safely. On-site they have a fully-equipped Bosch and Shimano Service accredited by Cytech; the internationally recognised training and accreditation scheme for bicycle technicians. Their Service Centre is led by the only 'Cytech Master Technician' on the island, having achieved the highest level Cytech qualification. Head up there today to check our their brilliant display.



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Photography: Natalie Mayer

Following the incredible reponse to the new skatepark at Quennevais, it seems that the powers that be have begun to understand the positive impact that boardsports have for young people. Fuelled by that momentum, a group of islanders, frustrated by the lack of indoor spaces for young people, are undertaking an ambitious project to convert a cavernous disused chapel in St Ouen, into an undercover skatepark and culture hub.

The mission is to create a friendly place for all ages to skateboard, join art, film and photography workshops, find mentors aligned with their interests, and generally feel connected and supported in a fun and healthy environment. We went to see what's happening out west...

#### THIS SEEMS QUITE AMBITIOUS! TELL US MORE.

We have an amazing offer on the table from the Methodist Guardians of this old chapel. The building has been largely empty for 40 years, and they had struggled to find a user group who could put love back in. As soon as I saw the space, I knew what an incredible opportunity this could be. The success of the new outdoor skatepark has bought so many more people to this activity, and we would

like to create a space where this creative culture can thrive on the rainy days and dark winter evenings when the outdoor skatepark isn't usable.

### HOW MUCH WORK WILL BE DONE TO THIS HISTORICAL BUILDING?

The beauty of the project is that we don't need to do anything to the fabric of the building. The wooden ramps for the skateboard area will just slot in. There are aspects that need some repair and improvements, but overall the building is in fantastic shape. One of the bigger dreams of the project is to involve artists, and create a monumental floor to ceiling mural. A kind of skateboard Sistine Chapel- we could turn it into something jaw-dropping, and will give the project international recognition. We have a

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specific 'mural team' working on making this part a reality.

#### WHY IS THIS SPACE NOT IN USE ALREADY?

The guardians have had a few offers and ideas for what to put in here over the years, but no project seems to have come off the ground. I can now vouch for why that might be - the process of doing a Change of Use planning application is quite huge. The building's official use is currently listed as 'storage'. I've been working on changing this matter for a year. Thirty five onsite meetings, and 491 emails later, and I'm confident we've assessed everything we can in order to make this simple change a reality. I hope our application will be in Planning by the time this goes to print, and from there, we hope the Planner and community will agree that we have found a perfect new use for this space.

#### WHAT EXACTLY ARE YOU CREATING?

It's incredibly simple on the surface. Just some ramps, in an empty room! But the deeper aims of the project are to create an indoor space that helps an already thriving community maintain connection, and inspires a sense of pride in all those that use it. Somewhere where you can gather with a group of friends and feel welcome, and know that your presence there isn't dependent on spending money. We just don't have many spaces like that, which seems an awful shame as we know that a solid community connection is one of the foundational elements to positive mental health. It's all very well finding ways to support when mental health starts to fail, but this project aims to focus on what keeps people happy, and put investment into that. That's the aim. I like thinking about the root causes of our issues, and how to solve things on that level.

#### WHO IS MAKING THIS HAPPEN?

We have a charity called Skate Space that is leading the charge on this project. Tom Macaviney, an architect at Axis Mason has done a huge amount of work, and we have had support from Government and the Office of the Children's Commissioner, who appreciate our aims and know we are working hard to provide something that is much needed. As we get more into the practicalities of



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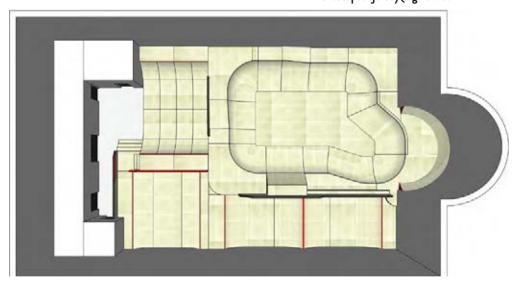
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the project (there has been a lot of paperwork so far), we are looking for support from local industry - building firms, suppliers, handy people of all kinds are invited to come forward and get involved. Something that's really fundamental is that this is a community-led project, and we are open to anyone who wants to hop in and help. It will be fun! It's not just the final product that will feel good to be a part of, the whole process of making this thing a reality will be quite a special experience, for anyone that wants to be a part of it.

#### **HOW DO WE GET INVOLVED?**

Drop an email to Skate Space if you want to share your thoughts and add some energy to this project... skatespacejersey@gmail.com . By the time this magazine lands on the stands, we hope our Planning Application will be live, and ready for public support. It's super-important that all the positive people stand up and be counted at this stage - sometimes negativity can suffocate positive projects, and we are determined to not let that happen as we know how much this is wanted and needed!

skatespacejersey@gmail.com



FOUR ONE FOUR

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Cats have long been associated with being fiercely independent creatures; they don't need to be walked like their canine counterparts and prefer to spend most of the time lazing in the sun. It's not every day you see two regal-looking felines exploring Jersey by leash. I had the privilege of talking to these two, Sir Clive of St Aubin and Sir Colin of Belcroute, who love nothing more than going on a catventure with their owner Cara.

How did they end up walking on leashes you might ask? Well, although they have a 24/7 access private catio(!), Cara felt it was unfair keeping them inside. Living in St. Aubin, she worried the cats would be out on busy roads with traffic. She wanted them to be in a safe environment but not miss out on being able to enjoy the outdoors and the beach, so she thought a bit outside of the box:

"I had seen some 'adventure cats' on Instagram and thought to give it a try. I picked up a kitten harness from a pet shop (they only had one style all dusty, hidden at the back) and started the journey with Clive."

Clive, was the first of the two to come into Cara's life. After trying to adopt a rescue cat (to no avail, as outdoor homes were preferred to indoor ones), the research began for the best 'indoor' breed. Cara came across a Ragdoll breeder just before lockdown and this is where it began. Clive came to Jersey and at 12 weeks old, beginning his journey into becoming a very much outdoor-loving, leash cat.

When lockdown restrictions eased and work-from-home reduced, Clive wasn't enjoying being alone so much, so Sir Colin of Belcroute joined the family! Colin is a rare 'Flame bi-colour' Ragdoll.

"The breeder wanted to keep him for breeding, but she loved their adventures so much that she wanted him to have the adventure cat lifestyle too!"

Obviously, Clive and Colin can't just adventure down any beach at any time. They have to think about avoiding their pesky canine counterparts; As much for their own safety and enjoyment on their walk as for Cara's stress levels! They tend to head to beaches less popular with dogs, like Plemont, Beauport, Archirondel or Portlet. These cats don't shy away from stairs, and they definitely get their daily step count in!

Cara tells me that the beach can actually be quite a scary place for a cat. It's a vast space without many places to hide. With a lot of patience, trust and experience, Cara has been able to take them all over the island, exploring sandy beaches and rocky outcrops.

If they do come across a dog, (especially a big one) Cara will swiftly pick them up until the dog is a safe distance away. They have had some aggressive dog experiences a few times before, where the dog has no recall, so Clive and Colin have a backpack to climb into for extra safety. Though sometimes it's the dogs that should be worried- Sir Clive and Colin tower over some of the smaller breeds!

As the owner of two leash-loving kitties, Cara has become quite used to looks and double-takes of people seeing a cat on a leash. She has been escorting them on their royal adventures for years now and posts regular updates to the boys' instagram @ sirclivethecat.

If you're looking to start training your cat to go out on walks, check out Cara's guides on instagram about how the Sirs became adventure cats!

#### What does a day look like in the life of Clive and Colin?

They sleep all day, watch birds in their catio, sunbathe in the catio and then at about 7pm they stand by the backdoor and look at me asking to go out, every night they get to go out, even when raining! In the winter we go around the pavements in the evening or on the beach in my lunch-time when I'm working from home and weekends.

#### Have they ever escaped off the leash?

When Colin was young, he once got a fright and slipped the harness when I had a cheap one from the pet shop, since then I found non-escape harnesses on Etsy and they have been amazing - would recommend!

#### Tell me about their names:

We found it slightly amusing that the breed is floofy and a little ridiculous that we picked the names to match the vibe!

#### What's the naughtiest thing they've done?

They're so cheeky, Clive is known as a 'grumpy cat' more cause of his facial expressions than his temperament, Clive always steals hairbands and tries to jump on kitchen worktops.

#### Favourite place to walk?

My favourite is Beauport, I do think it's a favourite of theirs too as they have rocks to climb and it's normally just us on the beach, otherwise, Noirmont and Winston Churchill Park is another fav.

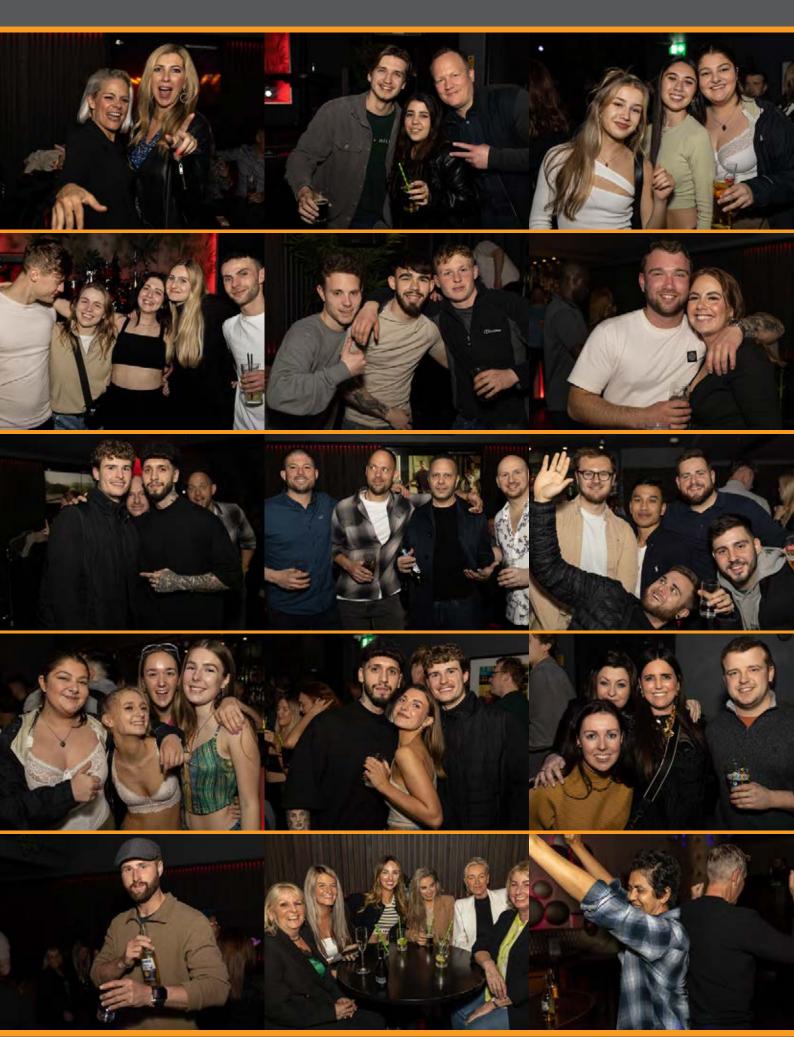
#### Favourite food/treat?

Lick-e-Lix - Webbox (they will do anything for it!)

## Any tips for others trying to get their cat to be leash-friendly?

The biggest thing you can do is only do what your cat is comfortable with. My boys were 12 weeks old when they started their training and it took patience and time, I didn't just plonk them in a harness and then on the beach!







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