

# GALLERY

/ LIFE & STYLE IN JERSEY





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# Life in Finance

An insight from students and firms



**Jersey Finance**

Delivering Insight • Driving Innovation



**Opportunities to travel**



**Meet like-minded people**



**Team-building community initiatives**



**Roles to suit everyone**



**Training and career progression**

## A diverse industry for the next generation

Jersey's finance industry has over the years succeeded in cementing its position as a forward-thinking jurisdiction with a network of finance firms that are active in markets around the world, from the Americas and Europe, to Africa and Asia. As a result, a career in Jersey's finance industry is an attractive option, enabling young professionals in the sector to broaden their horizons, make a positive difference to the future of the Island and to work with a wide range of talented, interesting and diverse individuals.

There are now 13,760 people working in the finance industry in Jersey, forming a fifth of the Island's workforce. They are proud to play a vital role in Jersey's success and make a positive contribution to Island life by helping build a stronger economy for the whole community, and by making sure that Jersey's interests are at the heart of what we do. Over the past decade, more than 3,000 young Islanders have found employment in all areas of the finance industry in Jersey.

## Something for everyone

The make-up of Jersey's finance industry means that there are a wide range of roles on offer across a variety of sectors, and there is plenty of flexibility when it comes to moving into new areas. It remains a fact that there is no such thing as a typical day in the life of a finance industry professional.

Aside from the more traditional finance roles, there are jobs now in marketing, event management, programming, analytics, fintech, IT, human resources, business development and much more.

The scope of opportunities in the finance industry is broad, but they all form part of a vibrant network of professionals offering some truly rewarding and exciting career experiences.

Reflecting on the importance of attracting young people into the industry, Joe Moynihan, CEO, Jersey Finance, the representative body of the finance industry, said:

"Jersey Finance is proud to support the Government of Jersey's strategic priority of 'Putting Children First' which includes improving their education outcomes and the opportunities available after school.

Life in Finance is a really special initiative designed to help students progress from school to the professional workplace, support them in learning new skills, and develop their existing talents.

It's a great confidence builder and gets them on track to personal and professional independence early on in their career. Our employee network is diverse, and is made up of Islanders from different backgrounds, work experience and stages in their career journey. Key skills such as communication, critical thinking and teamwork, combined with a great attitude, can present a world of opportunity to young job seekers."

## Life in Finance scheme

This summer, over 30 A-Level students from four different schools took part in the scheme, learning about the variety of roles available within the industry and gaining a valuable insight into what finance is really about. Not only does it help young people look to the future with more certainty around their career options, but for the firms themselves the scheme offers some real food for thought about the value our young people can add to the industry, learning from them too in the process.

**Find out more about what we do and the many career opportunities available at:**  
**[www.jerseyfinance.je/careers](http://www.jerseyfinance.je/careers)**





Marta spent her time working with both the investment and trust businesses; supporting projects, as well as shadowing senior members of the Affinity team – from compliance to client service.



Our Life in Finance student was fully engaged with the workplace environment, researching, understanding and challenging everything he encountered. Overall, the scheme was a good experience and we would love to participate again next year!



Like previous years, the Life in Finance scheme is a proven process that works well. This year we welcomed Tito, a very smart, keen to learn and extremely engaged individual. We really enjoyed having Tito join us for the week.



We were delighted to welcome Christopher to BDO. He displayed a great attitude and was eager to learn about the different aspects of working for our organisation.



#### BNP PARIBAS

Life in Finance is a well-organised programme. Naomi was an ideal student in that she was, attentive, eager to learn and keen to assist the team wherever possible. I certainly would not have any hesitation in recommending Naomi to a future employer!



Life in Finance is a key initiative to showcase the wide range of interesting roles and career opportunities we can offer local students. This year at Equiom we hosted Lewis, a very polite and mature young man and it was a pleasure to have him in the business.



The organisation of the Life in Finance scheme has been seamless, straight forward and well-organised. Cristiana is a lovely student who is reliable, intelligent and easily adaptable to a new environment. She was keen to learn different tasks, skills and was happy to assist.



It was refreshing to hear the students' views and their perception of "what a lawyer does" and I hope we managed to provide them with a rounded experience through exposure to a number of areas of law. We were very impressed with the calibre of students and the quality of work that they produced.



KPMG were delighted to take part in the Life in Finance scheme. Meeting so many enthusiastic students at the Meet and Greet event is always the highlight of the year.



We were delighted to support Troy throughout the week he spent with us at LGT Vestra, gaining valuable and practical experiences in the industry and we wish him all the best as he furthers his studies in finance.



MUFG Investor Services appreciates Fred's contribution during his stint with us. We hope that he gained valuable practical experience, and an insight into/flavour of the funds industry and what MUFG Investor Services does.



This year, the student pool for our finance supporting IT business was vastly improved, making the student selection process harder, which is exactly how it should be. Jack was an independent developer capable of handling difficult tasks, working away and asking questions when required. Overall, he performed brilliantly and in a professional manner.



This is a great initiative for introducing students who are interested in finding out first-hand what it's like to work in finance. We hope the time Reece spent with us will assist with his future career decision.



We were pleased to support the Life in Finance scheme again for a third year, and enjoyed hosting Chris for a week this summer. Chris was given the opportunity to sample the work of our teams across our business areas. He engaged well with all the assignments and impressed us with his enthusiasm and maturity.



The Life in Finance scheme was well-organised and the format worked well in terms of networking and giving each student a feel for the wide range of businesses across the finance industry. Max was an excellent intern, a delight to work with and I fully expect he will be successful in what he chooses to do.



We are thrilled to be involved in Life in Finance again as we feel passionately about the nurturing of talent on our Island. By giving students an experience of what it's really like to work in an office environment, we hope to spark an interest that might lead to a fulfilling career. We'd like to wish Ryan and Myles all the best with their studies and hope to see them again in the future!



We found the scheme to be well-organised with Andy spending two weeks with our Funds and Private Client teams. He seemed very engaged in the work we gave him, completing tasks to a high-level, not hesitating to ask questions.

#### Here's what some of the students said:

**Cristiana:** I would recommend the Life in Finance scheme to others because students can gain experience in different industries that they may not be very confident in and it also builds students' confidence and prepares them for the future.

**Finlay:** I have broadened my knowledge of the finance industry and have received more knowledge that was needed, which I enjoyed.

**Jack:** I would definitely recommend the Life in Finance scheme to others; as I believe it was a good opportunity to gain valuable work experience and a greater understanding of an industry which is very important to Jersey.

**Marta:** The Life in Finance scheme opens up a good opportunity for students and allows them to see clearer what it is they want in their future career.

**Myles:** The Life in Finance scheme provides a great platform to gain valuable work experience at top firms. I feel I have achieved a greater insight into finance from my placement, as well as gaining connections with people which could be helpful.

**Nina:** I have a better understanding of the finance industry, learnt new skills and improved on others like my communication skills.

**Reece:** My placement gave me a great insight into the finance world and has provided me with plenty of knowledge and experience to help me consider how I wish to carry on after I've finished my course.

**Tito:** I would recommend the Life in Finance scheme because it's a perfect opportunity to get out of your comfort zone and gain a good insight on how the finance world works.

**Troy:** My experience with the scheme was very rewarding as I have learned a lot and now have multiple contacts in the industry.

#### Participating schools/colleges:

Beaulieu Convent School  
Hautlieu School  
Highlands College  
Victoria College

#### Participating companies:

Affinity Private Wealth	PraxisIFM Trust Limited
Axio Capital Solutions Limited	Puritas Limited
Aztec Group	PwC
Barclays Wealth	Rathbone Investment Management International
BDO Limited	Royal Bank of Canada (Channel Islands) Limited
BNP Paribas Jersey Group	RSM Channel Islands Limited
Brewin Dolphin Limited	The International Stock Exchange
Equiom (Jersey) Limited	VG
Fairway Group Limited	Whitmill Trust Company Limited
Hatstone Lawyers	Zedra Trust Company (Jersey) Limited
Intertrust Group	
Jersey Finance	
KPMG Channel Islands Limited	
LGT Vestra (Jersey) Limited	
Mourant	
MUFG Investor Services	

# #167CONTRIBUTORS

*Out and about with cameras and laptops were...*



## LAURA MOREL

Laura went out to the miniwiers this month with a bunch of content creators and, well, created content. See some of it in her column. *See page 64*



## SABI APATI

Sabi took shots at everything from the Model Aero Club event, via some muscle men, right through to the Sapphire Ball this month. *See page 24*



## DANNY EVANS

Danny got Toni to smash her oscar as she took to the red carpet in a selection of looks for events this season. *See page 54*



## REBECCA EVANS

Rebecca brings us the ultimate hotel shortlist; the top five, as voted for on Tripadvisor, for consideration for your next getaway. *See page 38*



## IMOGEN PICKERING

Imogen took in the views from the penthouse at the Fulmar development at Portelet. Have a look around it in the Places section. *See page 72*



## SARA FELTON

Sara went for the beef, along with ginormous Yorkshire pud, whilst checking out Sunday lunch at the Atlantic's Ocean Restaurant *See page 66*

## *The rundown.*

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#### CREATORS WANTED

[contribute@gallery.je](mailto:contribute@gallery.je)

Got a blog? fancy writing in something that gets into print too? We're always looking for contributions from people that are passionate about subject matter close to their hearts. Become a contributor and get paid for your content.

### FEATURE

#### WE PROFILE

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[features@gallery.je](mailto:features@gallery.je)

If you are an artist with work to exhibit, an event or entertainment organiser with an event coming up; a business with some exciting news or a new product to feature; get in touch. We're keen to feature anything of interest that will be of interest to the 25,000 or so people that flick through a Gallery each month.





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# EDITO

## Fifteen years, going to the dogs.

Today is the 166th time\* I've sat staring at the screen deciding whether to go with a 'here's what's in the issue' angle or a 'have a rant about something irrelevant' angle. This little edito section was never really about me, but simply a way to introduce our first Gallery edition on that fateful day fifteen years ago.

Fifteen years. As a convicted felon in some US drama would say, it's time. Every year has passed at an increasingly rapid rate too; I see children that helped distribute the early editions of Gallery smashing it as lawyers these days. At fifteen it's a coming-of-age of sorts. Our baby magazine, born in a dodgy first floor room with no heating in David Place, has reached those troubled mid-teenage years. It's time to go drinking in parks, try to get into clubs and wearing totally inappropriate clothing to Weekender. Oh, and be sensible enough to carry on with life.

Walking the line of being engaging and relevant is always a challenge, particularly at the grand old age of 15. Ultimately the responsibility falls to you. The number of people that would rather forget being in the pages at the back as they start to see themselves in the corporate event pages at the front grows year on year, which is pretty funny really. Growing up happens. But as long as we're a reflection of you, it's all good with us.

This edition is titled 'Award-winning' and Gallery has been lucky enough to get a few over the years. Sadly the CIM Awards and Enterprise Awards are both in hiatus at the moment (although the former might return soon) but we do love supporting the Jersey Style Awards.

Rather than dwell too much on our achievements, we've therefore reflected on you with this edition (and your dogs) instead. Our 'Dog of the Year' competition (pg.14) went nothing short of nuts last month and it's great to see your four-legged friend in all their glory. They're the winners this month, we're just a little older.

BD

\*Missed just the one. Russ had my back while I was away in 2014. 🐶

## GALLERY

/ LIFE & STYLE IN JERSEY

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### Recycle.

Gallery recycles all its storage and packing materials, boxes and any old magazines that are returned. We don't get that many fortunately. We love to know our readers hang on to previous copies but when you move or find that they're taking up too much space, drop them down to the recycling bins in the car park off the Esplanade. If you want to find out more about recycling, call 01534 448586. We put this in a green font. It's not made out of leaves, honest.

# #167HIGHLIGHTS



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### ArtHouse Jersey presents: A Feast of Love

An evening of food & conversation  
with Laura Mucha, award-winning  
author of 'Love Factually: The Science  
of Who, How and Why We Love'

21st November, 7.30pm  
Greve de Lecq Barracks  
Tickets: [arthouse.je/events](http://arthouse.je/events)

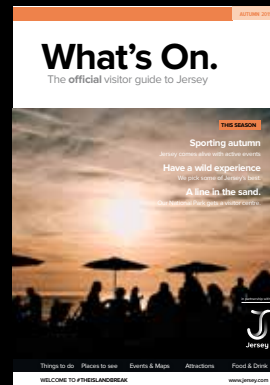


# What's On.

## KEY EVENTS FROM OUR TOURIST GUIDE THIS MONTH

This selection of events is taken from What's On, our sister publication Tourist Guide. Published quarterly, it's the essential guide for visitors to the Island. If you have people coming to stay or you're hosting AirBnBers, make sure you grab one from our transit hubs or Visit Jersey at the Liberty Bus station for them to keep as their companion during visits to Jersey. They're packed with local information and fresh each season. Look out for the Autumn edition now.

*If you ever want listings in What's On, register and upload details to Visit Jersey's 'Mylistings' portal.*



*If you're a business that wants to attract island visitors, get in touch about being included in What's On, the guide picked up by visitors. Email [WHATSON@FACTORY.JE](mailto:WHATSON@FACTORY.JE)*

### 1 OCT - 11 NOV 🕒 12:00 > 22:00 TENNERFEST 2019

The Channel Islands can look forward to six weeks of great meals at fixed prices. Restaurateurs in both Jersey and Guernsey are offering menus from £10 to £20. Why not come and sample some of Jersey's delicious locally grown and farmed produce at unmissable prices.

📍 Various 🗳️ NA 📞 £10 - £20

+44 (0)1481 714437

[tennerfest@hamiltonbrooke.com](mailto:tennerfest@hamiltonbrooke.com)

[tennerfest.com](http://tennerfest.com)

### 6 OCT 🕒 08:00 > 16:00 STANDARD CHARTERED JERSEY MARATHON 2019

The Standard Chartered Jersey Marathon is an established niche marathon, with breathtaking views and aims to raise valuable funds for two charities; Seeing is Believing with the second charity to be confirmed. The race is split into three categories, Marathon, Relay Race and 3K Fun Run.

📍 St. Helier, JE2 3NF 🗳️ NA 📞 £40+

+44 (0) 1534 505926

[contact@jersey-marathon.com](mailto:contact@jersey-marathon.com)

[jersey-marathon.com](http://jersey-marathon.com)

### 6 OCT 🕒 09:00 > 18:00 THE LINE IN THE SAND 10TH ANNIVERSARY CELEBRATION

The National Trust for Jersey and The Jersey National Park will be jointly celebrating the 10th Anniversary of the island's classic environmental demonstration - The Line in the Sand. The Frances Le Sueur Centre will host an open day for all the family including information on the importance of protecting the island's natural environment.

📍 St. Ouen's Bay, JE3 2FN 🗳️ 22 📞 Free

+44 (0)1534 483193

[stentfordmike@gmail.com](mailto:stentfordmike@gmail.com)

[jerseynationalpark.com](http://jerseynationalpark.com)

### 11 - 12 OCT 🕒 08:00 > 20:00 JERSEY RALLY 2019

This year's Jersey Rally will see rally cars race their way through 120 miles of the island's lanes. Over 170 drivers and navigators, support crew, 300 marshals, 100 or so officials and scores of spectators. Friday evening will include the night stages where the cars compete with auxiliary lights at speeds over 100mph.

📍 Various Jersey TBC 🗳️ NA 📞 Free

+44 (0)7797 894 617

[Jerseyrally.je@gmail.com](mailto:Jerseyrally.je@gmail.com)

[jerseyrally.com](http://jerseyrally.com)

### 12 OCT 🕒 20:00 > 22:00 GRIFF RHYS JONES: ALL OVER THE PLACE

Griff is back and once again, all over the place, touring the UK this autumn with his brand new full-length stand-up show. It's all guaranteed to be packed with wicked insights into the pains of celebrity, the vicissitudes of parenthood and encounters with the great, the good and even the royal.

📍 Gloucester Street, St. Helier, JE2 3QR 🗳️ NA 📞

+44 (0) 1534 511115

[boxoffice@jerseyoperahouse.co.uk](mailto:boxoffice@jerseyoperahouse.co.uk)

[jerseyoperahouse.co.uk](http://jerseyoperahouse.co.uk)

### 12 OCT 🕒 10:00 > 17:00 LA FAÎS'SIE D'CIDRE - CIDER FESTIVAL

Celebrate the apple harvest with everyone's favourite autumnal event. With live music, various creative activities, Genuine Jersey stalls, great food, great company, and a fantastic atmosphere; there's lots to do, things to learn, people to meet, & fun to be had! Free for Jersey Heritage members & children under six.

📍 Hamptonne Country Life Museum La Rue de la Patente

JE3 1HS 🗳️ 7 📞

+44 (0) 1534 863955

[info@jerseyheritage.org](mailto:info@jerseyheritage.org)

[jerseyheritage.org](http://jerseyheritage.org)

### 25 OCT - 2 NOV 🕒 FESTIVAL OF THE TIDES

Explore an island shaped by the sea where some of the most astonishing tides in the world circle the coast. The festival will include exciting walks and kayak tours that will take you over the seabed and into areas which are only accessible on the lowest tides of the year. Savour oysters, crustaceans and discover delicious seaweeds as you explore.

📍 Various Locations 🗳️ 📞

+44 (0) 7797 853033

[info@jerseywalkadventures.co.uk](mailto:info@jerseywalkadventures.co.uk)

[jerseywalkadventures.co.uk](http://jerseywalkadventures.co.uk)

### 25 - 26 OCT 🕒 20:00 > 22:00 THE ELTON SHOW - THE GREATEST CELEBRATION OF THE ROCKET MAN

The Elton Show is a celebration of Elton John's greatest hits performed by international singer-songwriter C.J. Marvin. This uniquely entertaining show joyfully re-creates the magical "spirit" of Elton John and his music covering 4 decades of incredible music, from the 70's to the present day.

📍 Gloucester Street, St. Helier, JE2 3QR 🗳️ NA 📞

+44 (0) 1534 511115

[boxoffice@jerseyoperahouse.co.uk](mailto:boxoffice@jerseyoperahouse.co.uk)

[jerseyoperahouse.co.uk](http://jerseyoperahouse.co.uk)

### 18 - 19 OCT 🕒 19:00 > 00:00 OKTOBERFEST AT THE MERTON HOTEL

Come and join the best traditional Oktoberfest! Dress up and enjoy live music from the Jersey Beerstompers, a German buffet and fun, themed competitions with great prizes. £34.00 per person. Strictly over 18s only. Special rates for overnight stays including use of the Aquadome and full breakfast, from just £35 per person.

📍 Belvedere Hill, St. Saviour, JE4 9PG 🗳️ 2, 2a 📞 £20 - £40

+44 (0) 1534 724231

[events@mertonhotel.com](mailto:events@mertonhotel.com)

[seymourhotels.com](http://seymourhotels.com)





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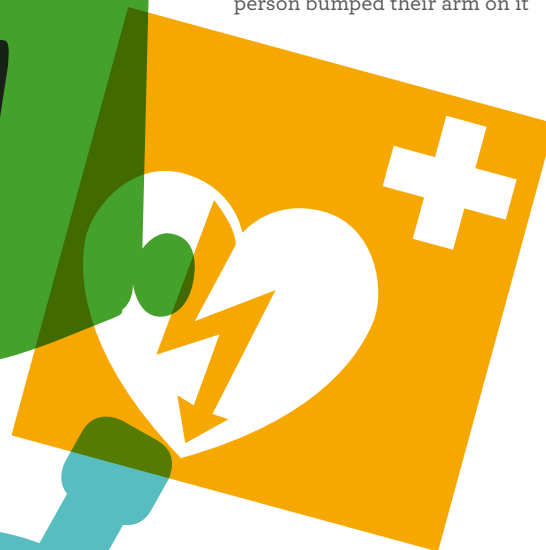
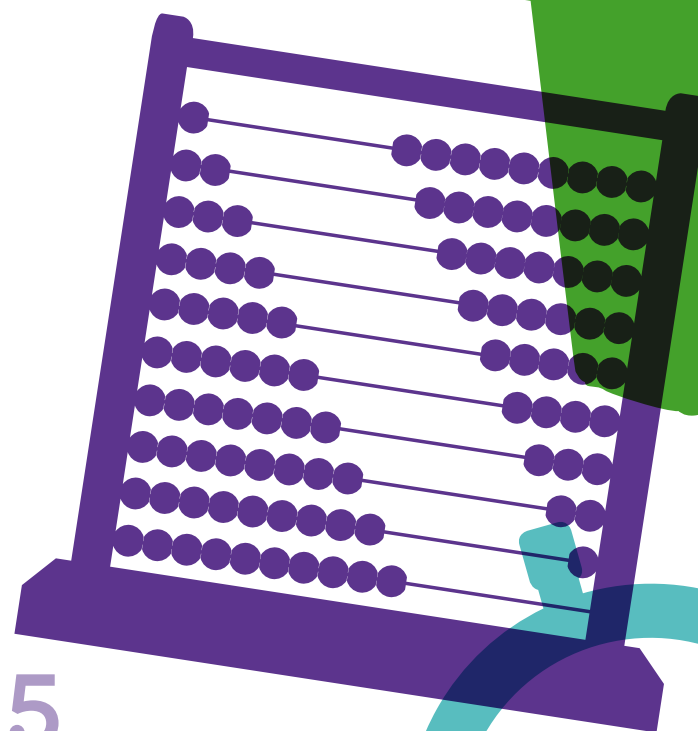
# NEWS IN NUMBERS

14,000

tonnes of annual local food waste prompts '10p initiative' in order to prevent leftovers being incinerated

1

defibrillator removed from St Helier and relocated indoors for use during working hours only following a complaint after a person bumped their arm on it



5

Government of Jersey departments to go over budget this year, according to forecasts

15

minute time limit proposed for speeches during States Assembly debates



2

Nespresso pod recycling points implemented by Jersey Post, with plans to expand with demand



26

mile car-pull challenge next on the agenda for local ultra-running 'challenge junkie'



21

mile cross-Channel charity swim completed by local swimmer in 20 hours







EST. 1998

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**DOG OF THE YEAR AWARD**

**gallery**

**2019**

**WINNER**

**Olly**

*Prize: Overnight stay for Olly and his owner at Greenhills Country Hotel*

**RUNNER UP**

**Frankie**

*Prize: Full service groom at Paws Pitstop*

When we conceived our competition for 'Dog of the Year' last month, it was with the knowledge that people love sharing a good dog photo, particularly when it's of their own four-legged friend. Each month our inbox has a selection for our regular 'Pet of the Month' feature and wanted to give owners the opportunity to get a vote for their canine buddy and potentially win something.

Little did we know how insane the response would be. We had to close submissions after 200 had been received because the pace of entries was accelerating at such a rate - owners all over the island were selecting their dog's best side and pinging us portraits at a rapid rate.

Not only was it a great month looking through all the shots with 'aws' and 'arrs' in the office all week, but our Facebook fans got on board and liked the pooch pictures in their droves. It actually became quite the scandal, as people began calling and messaging, asking us to put parameters on voting as some (see above) entrants had cast their net across the internet, appealing to dog-lovers the world over.

Our winner, Olly, managed to rack up almost 2000 likes as he and runner-up Frankie seemed to get some serious love from the extended Westie-loving community. If your hound got 100 likes, that's still incredible. Even if he was a late entrant and got just a handful, he's still special to us so thanks to all our entrants and their owners!





AJ



ACHILLIS



ALFIE



ALFIE



AMBER



AMY



ARTHUR



BAILEY



BANJO



BARNEY



BARRY



BASIL



BASIL



BAXTER



BEAR



BELLA



BELLE



BELLE



BENTLEY



BETSY B



BETTY



BETTY



BILLIE



BILLY



BLAYZE



BLOSSOM



BLUE



BLUE BOY



BOBBY



BONITO



BONNIE



BRODIE



BRODY



BRUCE



BRYN



CHARM



BUBBA



BUSTER



BUSTER



BUSTER



BUSTER BEAR



CASEY



CHANNEL



CHARLIE



CHARLIE



CHARM



CHIP



CODY



CONNIE





COOPER



COOPER



CRISTAL



DAISY



DAISY



DAISY



DAISY



DAISY



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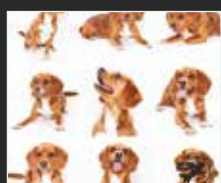
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## *Pet of the Month* **ZAK**

### *Clare*

**Age:** 37

**Breed:** Human

**Specialist skill:** Patience of a saint - especially when Zak rolls in fox poop

**Pet peeve:** Owners with no control over their dogs

**Happiest when:** Curling up on the couch with tired dreaming dogs after a busy day training/competing

### *Zak*

**Age:** 9

**Breed:** Border Collie

**Specialist skill:** Licking the ice cream bowl when no one is looking!

**Pet peeve:** When Jixxa steals my toys

**Happiest when:** Winning at agility

For dogs, physical activity and mental stimulation spells a happy, healthy life. Just as parents may encourage their children to take up sports or extracurricular activities to develop key skills, dogs can develop many of the same skills when placed in an engaging and challenging situation. For Zak & Clare, the answer is dog agility - an increasingly popular canine sport that promotes human-canine communication and exercises both parties in more ways than one.

"I got Zak as a puppy and always wanted to teach him tricks on account of his intelligence and eagerness to please. We had first competed at obedience, which was certainly a good basis for learning the fundamentals of dog training, and we even got as far as showcasing at Crufts!

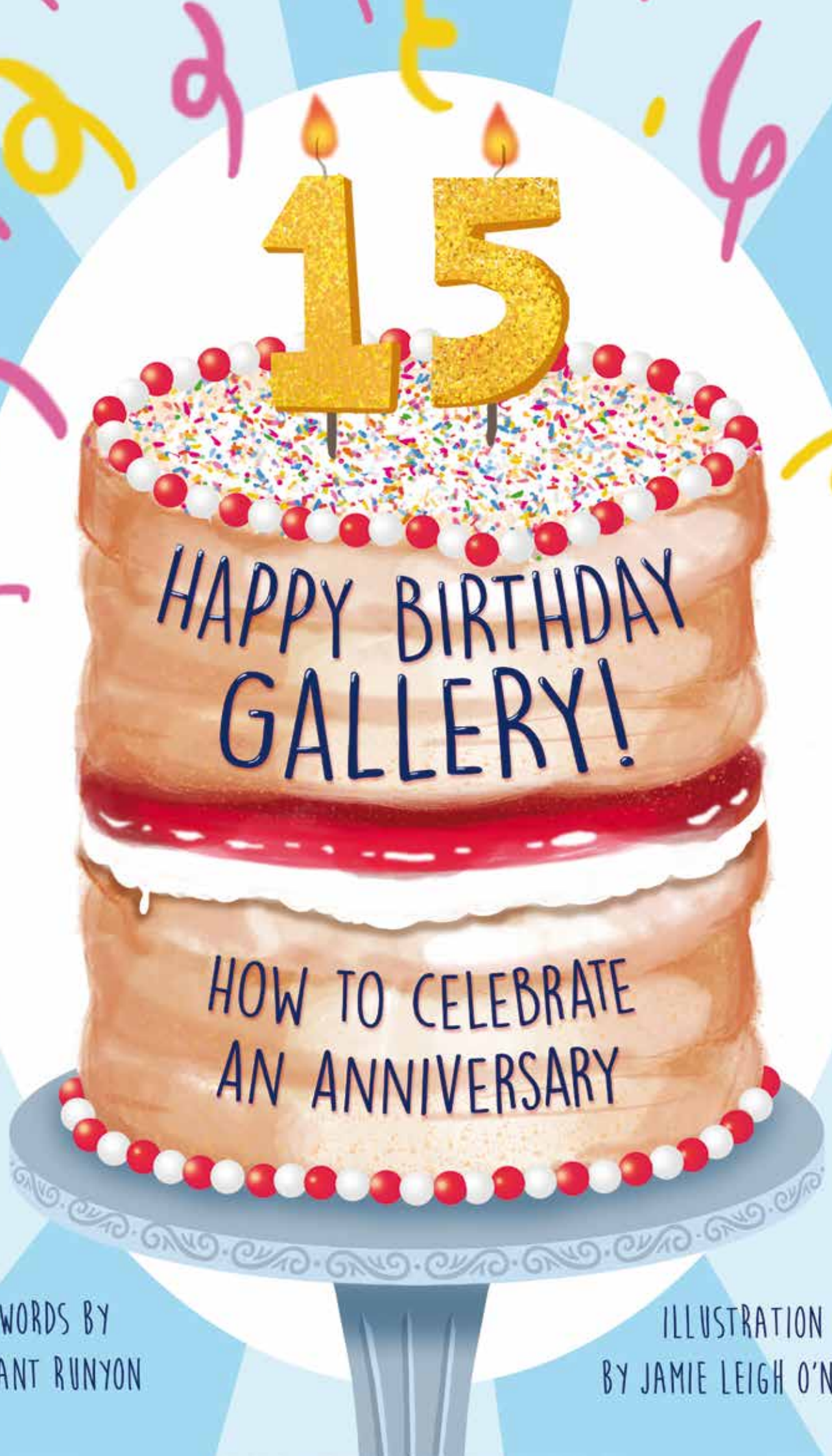
We then came across agility and after a few lessons at the local clubs, I was hooked! We now compete in Jersey, on the mainland and we even represented Team Jersey at the World Agility Open in the Netherlands earlier this year.

Agility isn't just about competing though. It's a hobby that you can enjoy with your dog; teaching them new skills; watching them learn and keeping them fit.

To keep my boys in perfect shape, Zak and my younger dog, Jixxa, both get regular checks with the Physio and Chiro. These checks help identify any aches before they develop into injuries. It's not all about running flat out - it's about having strength and flexibility, which is what makes them strong and fast.

I have learned over the years that the most important trait you need when competing with your dogs is patience! Always smile and enjoy what you do, as they are only being guided by you. If they aren't doing it correctly, you have to adapt your way of teaching them so they can understand. It's the best feeling in the world when it all comes together!

Over the years, we have qualified for many finals in the UK, competed at Discover Dogs in London, and have been part of Jersey Team at the World Agility Open, competing against the world's top handlers and their dogs. I am so proud of what Zak has managed to achieve, being my first dog, and the confidence he has taught me in the process. I also have a younger border collie, Jixxa, who is learning the foundations for agility and one day he hopes to be able to follow in Zak's pawsteps! However, I won't be able to get through the front door soon due to the amount of winning crystal..."



WORDS BY  
GRANT RUNYON

ILLUSTRATION  
BY JAMIE LEIGH O'NEILL



Gather round, light the cake and prepare to eat some candles because Gallery is 15 today. When ranked against other things born in 2004 the magazine easily beats off competition from *Strictly Come Dancing*, the debut single by McFly and the launch of the Devil's Phone Directory, a.k.a. Facebook. If Gallery were a human it would be sneaking out, staying up late and doing the floss dance instead of studying for its GCSEs.

**I**t might have temper and pimples, and perhaps you'd also be struggling to find an appropriate gift for a birthday party, one where it refused to talk to you. If Gallery was your wife, you'd be Googling "WTF is crystal wedding - is that real?" If Gallery was your dog, you'd be buying it a softer cushion and trying to persuade it not to wee indoors. What I'm getting at is that anniversaries have their own strange rules, and that doing the appropriate thing for each one is much harder than you think. Take this from me, a man who bought his wife a micro-scooter for her 40th and once said "congratulations!" to a group of Americans who informed me it was the anniversary of 9/11.

#### HOW TO CELEBRATE:

##### A 21ST BIRTHDAY

Young teenagers get a lot of flack, but maybe the reason they're no fun at birthday parties is because they're permanently buzzed off a cocktail of hormones and vape juice, yet sober enough to know the party won't get properly started for a few years. Even your 18th can be pants, because there's still people who can't served and some people you haven't worked out how to disinvite. By the time your 21st is on the horizon you've started developing adult tastes and a peer group to match, friends who'll help you con your parents into checking into a hotel and trusting you with an official house party. These people will make the party a special one - and then help you shampoo sick out of the carpet and get the "Grant's Mum: Town Bike" graffiti removed from the upstairs bathroom. Twenty-one is alternately the first year you deserve a significant gift, assuming you're almost done with higher education or have worked for a few years without being fired. Rich kids are guaranteed a jetski or new horse as a reward for the ruling class tradition of covering up the murder of at least one servant.

**PARTY, GIFT - OR BOTH? PROBABLY A PARTY, BECAUSE AT 21 YOU'RE STILL YOUNG ENOUGH TO CHANGE YOUR FASHION SENSE EVERY SIX MONTHS AND WILL BREAK ANYTHING MORE PERMANENT. IF YOU'VE BEEN STUDYING HARD YOU MIGHT JUST DESERVE A CHEAP TICKET TO GOA OR A DENTED FORD FIESTA.**

#### HOW TO CELEBRATE:

##### A 50TH BIRTHDAY

Woah, you're (over) halfway there. Woah-oh, you're living on a prayer. Whereas 21st birthday is full of young, beautiful people partying because they're old enough to enjoy it, a 50th is full of greying midlifers partying because they aren't quite so old that they need to stop. It's hard to say which is more fun to attend - probably based on whether you need to get up in the morning and whether the music is loud enough to cover up any gravelly noises from your hip joints. Depending on how thoughtful your friends/partner are your 50th is also the likely to be the first significant birthday on which you might snag a properly impressive gift. You've had decades to refine and communicate your tastes, working to buy essential yet boring stuff for yourself, and now your peers are old and sentimental enough to start clubbing together for the likes of aged Scotch and vintage Batman comics. Both parties and gifts are also made more spectacular by every 50 year-old's shared understanding that the grim reaper could unexpectedly take any of you, at any moment whatsoever. I'm still alive, pour me a triple.

**PARTY, GIFT - OR BOTH? BOTH, BUT PUT MORE EFFORT INTO THE GIFT. IF YOU HAVE A FRIEND OR PARTNER WHO'S APPROACHING 50 YOU SHOULD HAVE A GOOD IDEA OF SOMETHING THEY'D LOVE BUT ARE FAR TOO SENSIBLE TO BUY. JUST DON'T ORDER IT FROM THE DARK WEB OR ANY WEBSITE YOU WOULDN'T OPEN AT WORK.**

#### HOW TO CELEBRATE:

##### A ROMANTIC ANNIVERSARY

The anniversary of meeting or marrying your special somebody should be an occasion for joy, reflection, and a very thoughtful kind of celebration. That might mean 'thoughtful' in the romantic sense, or it might mean 'thoughtful' in the sense of being intellectually tortured by the complex rules that can apply to gifts to your romantic partner. Even if you're living in sin you could be in trouble if the gift isn't serious enough, or if it's too serious, or if you didn't pick up on their hints they wanted a Thermomix. If you're actually married you might be required

to observe the arcane rules that mark the number of years you've successfully not committed a murder over their snoring. It feels like consulting an insane witch. "Fifteen years married my son? Oh - you must buy your sweetheart a single bird, made of crystal, and wrapped in a ribbon of finest blue! Dance thrice and present in moonlight - or I shall curse you with baldness and your willy will be eaten by squirrels." If it's your second marriage I can't even help you - just make sure you keep it shiny and don't accidentally get the first one's name iced on a cake.

**PARTY, GIFT OR BOTH? IT'S A GIFT. BUY THEM A GIFT. A PARTY IMPLIES YOU HAVE TIME TO PAY ATTENTION TO OTHER PEOPLE - YOU MIGHT AS WELL ADMIT IT, YOU'RE HAVING AN AFFAIR, I KNOW IT. YOU BASTARD.**

#### HOW TO CELEBRATE:

##### A SAD ANNIVERSARY

You'll have gathered that I'm no great shakes at planning for other people's special days, but instead of doing much for my own birthday I just love to do the planning for my own funeral. I've learned that I'm not alone - plenty of otherwise healthy people chill out by planning (for example) to be lowered into the ground whilst their friends and family listen to "Get Low" by Lil Jon and the Eastside Boyz. Yes, the pallbearers are dressed as the original Ghostbusters, it's what he would have wanted. Older people love this, perhaps as a way of messing with their children, but they also love a sad anniversary in general. Depending on where the deceased was born, a funeral can easily turn into a situation where the police are called at 4AM to separate two octogenarians squaring off about a cricket match that happened in the 1970s. I swear if you could extend Remembrance Sunday to a weekend it would be my Nan's equivalent of the Glastonbury Festival. I've learned you're still allowed to celebrate a sad anniversary with a party, and cakes, and even booze - but apparently they draw the line at a decent sound system and my collection of classic jungle records.

**PARTY, GIFT OR BOTH? DEFINITELY A PARTY, GIVING SOMEBODY A GIFT TO CELEBRATE SOMETHING SAD IS LIKE A REVERSE BIRTHDAY GIFT, CURSING THEM WITH ANOTHER YEAR OF SADNESS AND ILL FORTUNE. JUST MAKE SURE THE FACEBOOK INVITE MAKES IT CLEAR YOU'VE GOT CAKE, BUT THAT STROBE LIGHTING AND SMOKE MACHINES ARE TAKING IT TOO FAR.**



## SPLENDIDA SALON OPENING NIGHT

*Ed Le Quesne House, Minden Place*  
Thursday 5th September

Last month saw the opening new St Helier-based salon, Splendida. Occupying one of the ground floor retail spaces is the newly-opened Ed Le Quesne House, founder Ana Henriques Gomes welcomed friends and clients to her new premises, having trading as a hairdresser for

over 10 years at her salon in Gas Place. A project which took more than 16 months to come to fruition saw an empty site turned into one of the most bright, chic and well-designed salons in Jersey and Ana thanks all of those who helped to make her dream come true.



## THE SAPPHIRE BALL

*The Royal Yacht*  
Saturday 14th September

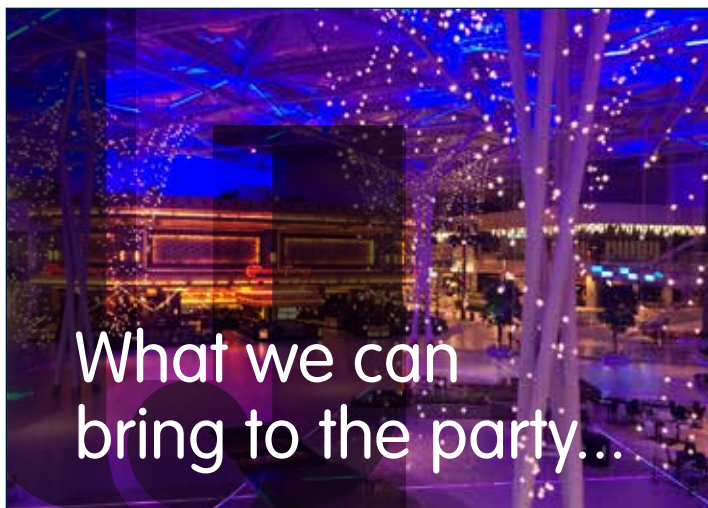
The Sapphire Ball brought revellers together for a sparkling event to raise funds for Mind Jersey and awareness of the work they do in Jersey. The organisers said 'Mental health and wellbeing is extremely important and even though it has become more acceptable

to talk about things, there is still be big stigma especially in a small place like Jersey where people don't feel comfortable enough to open up and get help, raise awareness and break this stigma'. The event included a chance to win, aptly, a real sapphire!



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## CI BODYBUILDING CHAMPIONSHIP

*The Opera House*

Saturday 15th September

Jersey's bodybuilding community turned out last month to see how their dedication to chicken and broccoli and getting into the weights six or seven times a week placed them against their peers in pursuit of the title of Mr and Mrs Channel Islands.

Categories this year included Fitness, Bikini, Miss Physique, Men's Physique, Teenage bodybuilding, Bodybuilding and the Overall Mr & Mrs Titles. Check out the results later in this edition.



## JERSEY MODEL AERO CLUB 2019 FLYING DISPLAY

*Jersey Model Aero Club*

Saturday 15th September

Sure, we had the Jersey Air Display last month, but you'll already have seen a load of coverage of that. But... did you know that Jersey has a Model Aero club and that they hold their own displays? The group got together last month to share their mutual passion for all things

aeronautical and miniaturised with their biggest demonstration to date. The free event saw Spitfires, Jets and entertainment for all the family, raising funds for the Royal Air Forces Association.





## Champagne Overnight Stay

The Atlantic Hotel has a fabulous package specially created for local residents showing that you don't have to go too far to experience a relaxing break with a loved one. Enjoy a night away from it all and escape to a special place. From just £100 per person the Champagne Overnight Stay includes half a bottle of Taittinger Champagne on arrival, a three-course dinner in Ocean Restaurant, accommodation in a Golf View room, full English breakfast and use of the Palm Club leisure facilities. This offer can only be booked directly with the hotel.

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## CHAMBERS RELAUNCH

### *Chambers*

Monday 9th September

It's been some time since we walked through the stone pillars of Chambers, as the venue has been shut for nine whole months of refurb. Last month saw it open its doors again, complete with every surface apparently renewed. The principle arrangement is the same with the famous long bar but the venue has a new first floor overlooking the dancefloor and lots of

new feature lighting and floral lightbox walls. After his strong support at Weekender, Pat Sharp was there on-stage for the launch. It's incredible that somehow he can get away with playing the Cheeky Girls and it somehow feels OK. If you've not been already, make sure you check it out this month. It was always a cosy place to go in the winter.



## THE 2019 IOD DEBATE

### *Royal Jersey Showground*

Thursday 19th September

The Institute of Directors assembled for their annual debate last month and enjoyed a consummate performance from Alastair Stewart, ably assisted by Jess Dunston, who together moderated a debate on the future of Jersey and how prepared we are for 2050. Headline speaker Tim Arthur, the former

Creative Director of Virgin Money and Global CEO of Time Out, gave an energetic and inspirational talk before the room engaged in app-based voting to offer live feedback and interaction on the matters discussed. The panel debated well with Rory Steel and Tracy Vallois shining under Alastair's scrutiny.



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Sunday 3rd NOVEMBER, 10.30am till 3.30pm, Royal Jersey Showground - FREE ENTRY

It's that time of year again, and if you are planning your wedding there is nowhere else you should be!

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Jersey Heritage are proud to host both religious and civil ceremonies, from the intimate setting of La Hougue Bie chapel for 25 guests, to the impressive Great Hall at Victoria College. You can even add some adventure to your special day by taking a ferry across to Elizabeth castle for your ceremony.

If you are looking for an impressive venue for a marquee reception then you are spoiled for choice at our Hamptonne Country Life museum with its idyllic surrounding meadows. Ancient La Hougue Bie is home to a canopy of mature trees offering a peaceful and organic setting. Mont Orgueil with spectacular views across to the twinkling lights of France.

Jersey Heritage sites offer several stunning indoor reception areas, including the Medieval Great Hall at the top of Mont Orgueil with its striking vaulted ceiling or the intimate surroundings of the Merchant House at the Jersey Museum with an outside courtyard.



Danny Richardson



Natalie Mayer

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to suit your own unique style. To book an appointment pop in store at Roulette Clothing or visit their website. Whilst you're there you can discuss what the groomsmen are wearing! Roulette have got you covered with suits from £145. They are now also offering the option to pay over 6 instalments to help spread the costs.

*"We loved the service at Roulette, both my and my partner Tom's fathers were kitted out, as well as all the ushers and my gorgeous page boy. They looked fantastic, the suits were all amazing, the team at Roulette did a fantastic job, so helpful, they sorted everything for us and had all the men looking picture-perfect ready for the big day. My husband Tom opted for the bespoke made to measure Mr.C service and loved it, and his suit. It's so different to have a suit made specifically for you. It fitted like a dream. The Mr. C service made the whole process so special and memorable, and it's an outfit he'll treasure."*

*Cherish Gallichan, née Chapman.*

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Pictured is Cherish & Tom Gallichan's wedding which was on Friday 6th September at Tom's family home. All the suits are from Roulette and the groom wore Mr.C. Images by Holly Smith & Daisy Barnard.







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## Film

Anna Somma is a cinematographer who has made a wonderful move away from traditional and cliché wedding videography.

Her stunning short wedding films are something to truly treasure. Anna enjoys a documentary approach to filming weddings, making the movies she crafts feel organic, natural and pristine. Her movies are a fine blend of documentary cinematography and beautiful visuals, always coupled by either tender music or touching audio. This vision has taken her across the world, to breathtaking spots where she captures beautiful couples and puts together for them something that will bring so much joy and last a lifetime...

**View her work at**  
[www.sommaproductions.com](http://www.sommaproductions.com)



## Your event, covered

As the name suggests, Vibert Marquees are a local, family run business. They pride themselves on holding family values at the heart of their approach and value the importance of communication.

A friendly, experienced professional team provide a first class service and they tell us 'no question or request is too big or small' - offering a personal service where no detail is overlooked. This year they enter their 38th year in business and, with that heritage, it's easy to see why so many choose to use their services on the island. The firm work closely with a portfolio of venues island-wide, from picturesque gardens, sweeping country views and locations with outstanding sea views. Their product range includes the largest selection of marquee styles on the island, the most recent addition for 2019 is the magnificent 'Will's Tent'. They pride themselves on strong feedback with one recent client stating, "From the first meeting to the final clear up Nigel, Georgina and their staff were professional, friendly and incredibly helpful and left no stone unturned in their attention to detail. They make a great team. I wouldn't hesitate to recommend Vibert Marquees for a wedding or any other celebration." No matter what the location or atmosphere you're looking for with your event, Vibert Marquees literally have you covered. Get in touch to meet up for a no-obligation conversation!







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# TOP OF THE (PLACES TO) STOP

 Words Rebecca Evans

If I asked you to name some of the best hotels in the world, what would your answer be? Maybe the Ritz in London, Atlantis the Palm in Dubai, Raffles in Singapore or the Plaza in New York?

But are these really the best hotels in the world, or just those with the best marketing teams, working hard on the media coverage, celebrity endorsements and product placement that ensure their properties have become household names, and then charging room rates that mean they're merely a dream for most of us?

Well, according to the 390 million monthly users of Tripadvisor, none of the hotels I've mentioned above even make it into the world's

top 25 when it comes to service and value for money. Each year Tripadvisor publishes a list of the world's best hotels, restaurants, destinations and attractions, with the winners determined by the percentage of 'excellent' ratings each has received from the reviewing public.

For the Award Winning Issue, I bring you the 2019 top 5 highly regarded hotels on earth which you should think about investigating for your next trip.

## 1: TULEMAR RESORT; MANUEL ANTONIO, COSTA RICA

As a huge personal fan of Costa Rica, I'm delighted that the top spot for 2019 has been snagged by a hotel in this beautiful country, with almost 95% of their 3400 reviews rated excellent.

Situated in 33 acres of private wildlife-filled jungle with access to an exclusive pacific coast beach, self-contained villas and bungalows provide luxurious accommodation with million-dollar sea views and access to 4 swimming pools, plus a choice of 3 gourmet restaurants or a private chef service.

If you can tear yourself away from the resort, activities in the area include catamaran trips, quad bike or horse riding excursions, rainforest hike, zip-lining and all manner of other exhilarating Costa Rican experiences.

*Rooms rates start from €250 per night for a standard bungalow sleeping up to 4.*







## 2: HOTEL BELVEDERE, RICCONE, ITALY

Sliding into second place with 94.2% excellent reviews (and holding the top spot in Europe) Hotel Belvedere sits in a prime position overlooking Italy's Adriatic coast and exudes Italian glamour and elegance from every pore.

With just 48 rooms and suites, the hotel strikes a perfect balance between exclusivity and atmosphere. Stretch out beside the lagoon style swimming pool; while away the days being pampered in the onsite spa and wellness centre, or dance barefoot on the sand at one of the hotel's renowned beach parties.

The majority of reviews heap praise on owner Marina, so be sure to say hello during your stay.

*Rooms start from €240 per night for a basic room*

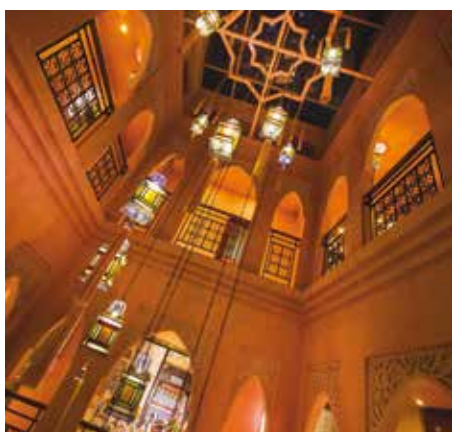
## 4: KENTING AMANDA HOTEL, NANWAN, TAIWAN

An unlikely (but clearly popular) slice of Morocco in southern Taiwan, the Kenting Amanda Hotel boasts an excellent review score of 92.5%.

With the design based on a redbrick imperial palace, and no aspect of the hotel left un-themed, rooms are decadent and sumptuous, with some of which include an open-air bathtub in which to enjoy relaxing soaks under romantic starry skies. Residents are invited to relax and sip mint tea in the landscaped gardens or enjoy an authentic Moroccan feast in Essaouira restaurant.

The journey from North Africa back to Asia takes guests just 15 minutes, with Hengchun Old Town, Houbi Lake and Kenting National Park all a short drive away.

*City Double Rooms start from NT\$12,000 (around £311) per night*



## 3: VIROTH'S HOTEL, SIEM REAP, CAMBODIA

Top Hotel in Asia and 3rd in the world, Viroth's Hotel in Siem Reap is the first in the list that has managed to avoid attracting even a single 'terrible' review; apparently even paradise can't please everyone, but this place comes as close as possible.

A calm green oasis in the heart of vibrant Wat Bo area, this boutique 35 room hotel invokes an atmosphere of the 1950s in present day Cambodia, right down to the vintage cars available for airport transfer.

A tranquil spa and fitness centre, full service restaurant and stylish poolside bar provide everything a discerning guest could need.

*Rates begin at \$110 per night for a deluxe room.*

## 5: HOTEL ALPIN SPA, TUX, AUSTRIA

Last, but not least on our list (try saying that 5 times quickly), Hotel Alpin Spa sits 1257 metres above sea level in the bosom of the Austrian Tyrol and delights skiers and sun-seekers alike, to the tune of over 1000 positive reviews.

Warm oak-panelled rooms are alpine-styled and cosily lit and the restaurant serves six course feasts of hearty Tyrolean favourites; breakfast and lunch are included in the nightly room price.

No nationality loves a wellness centre quite as much as the Austrians, and Hotel Alpin boasts one of the best, with no less than 6 separate, themed saunas, 5 relaxation rooms and every treatment you could ever need to recover from a hard day hiking or skiing in the surrounding mountains.

*Summer prices start from €292 per room per night, and in Winter you'll pay from €312 per night (someone has to pay the heating bill I suppose)*



• THE •  
Genuine Articles

Each month we feature some of Jersey's creators and let them share their creative visions and handmade goods with you lot, our island consumers. If you like what you see, check out [genuinejersey.com](http://genuinejersey.com) and hunt them down to support our local creative industries!

# VICTORIA BARDSLEY

## Victoria's Jersey Island Sea Glass

### How did it all get going?

I started collecting sea glass when our puppy Tangle arrived. It meant I spent a lot more time visiting the islands beaches. My nieces often joined me on these walks and would excitedly pick up 'treasure'. It wasn't long before all of my coat pockets were accumulating pieces of sea glass. I was drawn to the array of colours and smoothness of these pieces. Six years later sea glass was spilling out of vases throughout the house, which made me think of ways I could use it. Until then it was just a 'collection', but as I researched ways to use sea



Photography: Danny Evans

*"Until then it was just a 'collection', but as I researched ways to use sea glass, I became consumed by the possibilities."*

glass, I became consumed by the possibilities. So, I taught myself how to clean, drill and glue the glass. After a few months I contacted John Garton from Genuine Jersey and not long after became a member of the society.

### What do you produce?

I make pictures using tiny fragments of sea glass. I choose the pieces to make a shape e.g. seahorse and glue them into position. When working on a commission, I ask for various photos or ideas and then come up with my translation. I send photos of the initial work to my client and we go from there. I also make simple sea glass jewellery. The glass is drilled under water and put together with shells and tiny pebbles to make earrings, bracelets and necklaces. I have made sea glass buttons and rings.

### What makes your products unique?

You never find two pieces of sea glass that are the same. Due to the nature of the way the glass is broken and tumbled by the waves onto the shoreline it's a random formation of shapes.

### What's a typical day like for your business?

I work full-time so most of my pieces are made at the weekends or holidays. If I'm busy with orders I often get up really early at the weekend and work until about ten. Tangle and I then go for a walk, often on the beach if the tides are right for sea glass hunting. Sometimes I'll spend all weekend making.

### Best bit of your job?

Seeing people's faces when they pick up their pictures and their

lovely comments. Collecting glass is really relaxing and mindful.

### Where do you work?

I work from the spare bedroom. I have a very understanding and supportive husband - I have taken over a lot of space!

### What's something people might not know about your products?

Every piece of sea glass and every pebble has been found in Jersey and have not been changed in any way. Each picture takes a lot longer to perfect than most people think. The longest I have spent on a picture is 22 hours.

### What are you working on at the moment?

I'm working on a map for a wedding present and a family picture including two dogs.

### Where can people buy your products?

I sell at the Genuine Jersey markets and events. Most people buy my products through my Facebook and Instagram accounts.





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2019



# cultureculture

*Art. Theatre. Music. Suck it up.*



## EXHIBITION

### Louise Catrell: Light in Time

A new exhibition of Louise's subtly contemporary, yet timeless landscapes. Laura Cummings, Chief Art Critic for the Observer and winner of the James Tait Memorial Award for 'The Vanishing Man', openly compares the work to Turner. She calls Louise 'a romantic for the twenty-first century'. She explains; 'What makes these works so different from the romanticism of the past is the embodied sense of passing through the landscape, of passing through time, of moving towards something in the distance that seems always slightly out of reach'. Highly evocative of the light and magnitude of this extraordinary part of the world, 'these paintings express the way we experience such places, as much as what we actually see'.

**CCA Galleries International**

11th October - 18th November, FREE



## FESTIVAL

### La Faîs'sie d'Cidre

Jersey's annual cider festival - La Faîs'sie d'Cidre - returns to Hamptonne Country Life Museum this October. The popular festival, kindly sponsored by Islands, celebrates Jersey's rich heritage of cider production and our Island's vibrant community. Set amongst the beautiful grounds at Hamptonne, the festival brings together communities, volunteers and (of course) apple and cider experts.

**Hamptonne Country Life Museum**

12th - 13th October, normal entry price applies



## CONCERT

### Les Musicals - Live Concert Tour

Les Musicals Live Concert Tour is the ultimate celebration of Musical Theatre. Jonathan Ansell (G4 Frontman) and Jai McDowall (Britains Got Talent - Winner) have joined forces to create a dramatic a spine-tingling concert. This vocally dynamic evening showcases even more smash-hit songs from the greatest musicals of all time, brought to you by two of the world's finest voices. Immerse yourself into the world of Musical Theatre with classics from Les Miserables, Phantom Of The Opera, Blood Brothers, Wicked, Jesus Christ Superstar, The Greatest Showman, Miss Saigon, Chess, We Will Rock You and many more... After sell-out shows in 2018, this is certainly a concert not to be missed in its second exciting year.

**Jersey Opera House**

4th - 5th October, tickets £27.50 (£25.50 concessions)

## CONCERT

### Music In Action presents: Mozart Gala Mozart Gala - Jersey Chamber Orchestra

Soloist: Peter Donohoe

With a series of masterpieces, the "Mozart Gala" is a must-see for music lovers. The program includes excerpts of works such as the Overture to Don Giovanni and arias from the Marriage of Figaro. Full of joy and musical finesse, this homage to the Salzburg genius is guaranteed to be an unforgettable experience. "Everything is composed - it's only not written yet." Music seemed to come naturally to the Austrian wonderkind. The Jersey Chamber Orchestra will perform some of his favourite works with the legendary piano soloist Peter Donohoe, the unprecedented winner of the silver medal at the Tchaikovsky Piano Competition, performing Mozart's ever-popular Piano concerto No 20.

**Jersey Opera House**

19th October, tickets £5 - £27.50







## CONCERT RESPECT: The Aretha Franklin Songbook

Respect: The Aretha Franklin Songbook is an amazing live concert that pays tribute to the Queen of Soul with an uplifting sermon celebrating her life and greatest hits! Featuring world-class lead vocals from Stacy Francis, Cleopatra Higgins, Tanya Edwards and Cleo Stewart accompanied by a live band and gospel choir. This stunning two-hour live concert from the creator of West-End smash hit Thriller Live and directed by Racky Plews (Footloose, American Idiot), with script and choreography by Tiffany King, will take you on a nostalgic musical journey packed with over 24 of Aretha Franklin's greatest hits including Think, I Say A Little Prayer, Do Right Woman, Bridge Over Troubled Water, Natural Woman, Son Of A Preacher Man, Respect and many more!

### Jersey Opera House

18th October, tickets £24 (concessions £22)



## EXHIBITION Fox Judge Exhibition: Flora McLachlan

Printmaker and etcher Flora McLachlan studied art at Brighton College and has exhibited throughout the UK, including at the Royal Academy Summer Exhibition in 2005, at Glyndebourne, Lewes and at the Mall Galleries, London. "My work grows out of the experience of observing the landscape and the process of translating this experience into print. The motif of the quest found in folk and fairy tales informs my landscapes with a sense of travelling both outwards into the wild forest and inwards into the mysteries of self. I'm looking for a lost magic: a glimpse through the trees of the white hart" – Flora McLachlan

### Jersey Arts Centre

16th September – 12th October, FREE



## EXHIBITION A Splash of Colour

The Jersey Society of Artists are delighted to introduce their Splash of Colour exhibition, which will be taking place at the Old Magistrate's Court later this month. With all new paintings, they will also be selling prints for the very first time - ideal as affordable Christmas presents. There will also be a raffle, with first prize being a Kathy Rondel painting of a beautiful Jersey cow. Kathy is one of Jersey's most popular local artists and her cows are as famous and well-loved as the real ones! If you are interested in joining or would just like a chat, contact the Membership Secretary, Sally Reading by email at sp64jsa@gmail.com.

### Old Magistrate's Court

26th October – 3rd November,  
10am – 5pm, FREE



## EXHIBITION Fox Open Art Exhibition

An exhibition of this year's competition entries as judged and selected by Flora McLachlan. The Fox Open Art Competition, sponsored by Fox International Ltd, is now in its 37th year, and has featured local artists such as Jason Butler, Ian Rolls and Kevin Pallot. Make sure not to miss this showcase of local artistic talent, featuring a wide variety of mediums and depth of creativity. Preview + Prize giving: Tuesday 15 October 5.30pm – 7pm Image: 1st Prize winner 2018 – Linda Rose Parkes 'Looking through someone else's window'

### Jersey Arts Centre

14th October – 9th November, FREE

## JERSEY OPERA HOUSE



### GRIFF RHYNS JONES: ALL OVER THE PLACE

★★★★ "Great comedy" The Telegraph  
SAT 12 OCT | 8PM TICKETS: £19\*



### STEWART FRANCIS: INTO THE SUNSET

"One of the funniest comedians in the world!"  
farewell tour.  
WED 16 OCT | 8PM TICKETS: £22.50



### RESPECT: THE ARETHA FRANKLIN SONGBOOK

A stunning live tribute to the Queen of Soul.  
FRI 18 OCT | 8PM TICKETS: £24\*



### THE ELTON SHOW – THE GREATEST CELEBRATION OF THE ROCKET MAN

An unforgettable celebration of the pop icon.  
FRI 25 – SAT 26 OCT | 8PM TICKETS: £24\*



### JIMEOIN – RAMBLE ON!

★★★★★ "A comic dynamo... exemplary stand-up comedy." The Herald  
THU 31 OCT | 8PM TICKETS: £17.50\*  
AGE RESTRICTION: 14+

\*Check for concessions and/or member discounts



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# Love Factually: The Science of Who, How and Why We Love

What is love? Humans have pondered the question for thousands of years; from the ancient Greek philosophers to the English Romantic poets. Prince Charles famously queried the concept on the day of his engagement to the ill-fated Lady Diana.



**LOVE**  
**FACTUALLY**

In response to an interviewer's enquiry about his feelings of 'love' towards his bride to be, Charles responded with a cringingly uncomfortable "whatever love is." Tinder users of today take their own unique swipe at it. And if you haven't watched a single episode of Love Island then you're probably over 30 and had more pressing things, like your ironing, to do than the 5.6 million who tuned in for the recent series 5 final. Neither princes, poets, philosophers, nor even Millennials, appear to have landed a concrete answer to this age-old question.

Award-winning author Laura Mucha has decided that love is firmly in the air and has thrown caution to the wind by taking on this monumental question in the form of her first book 'Love Factually: The Science of Who, How and Why We Love.' Can Laura succeed where Plato and Aristotle, Keats and Byron, the young and the old have struggled? Can she help us understand what love, actually, is?

Laura's book is the result of years of interviews - either recorded or scribbled hastily down on Laura's trusty notepad: "I approached hundreds of people in airports, shops, markets, cafes, restaurants, bars, hospitals, parks, galleries, libraries, museums, buses, trains, planes and ships. I interviewed a pro American footballer by accident, a model who sat next to me on a plane, teenagers making noise on a bus, the bin man who worked at the local train station ... interviewed people in French, Polish, Spanish and English ... travelled over a quarter of a million miles, interviewing people from 8 to 95 years of age on every continent of the world."

The conversations that Laura shares within her book are intimate, frank and illuminating. She uses them as a springboard to dive into the subject of love, examining it from all angles - scientific, emotional, psychological, anthropological and philosophical. Whether or not Laura will help you to understand

what love really is all about is for you to decide. But in her book, the author offers up a clever, considered delve into this notoriously impenetrable subject and is a fantastic read for anyone who is curious about how we think, feel and behave when it comes to love.

ArtHouse Jersey is delighted to be welcoming Laura to Jersey this November through its Artist Residency Scheme. Locals will have the opportunity to engage with the award-winning author at a few different events:

*"I approached hundreds of people in airports, shops, markets, cafes, restaurants, bars, hospitals, parks, galleries, libraries, museums, buses, trains, planes and ships. I interviewed a pro American footballer by accident, a model who sat next to me on a plane, teenagers making noise on a bus, the bin man who worked at the local train station"*

The first will be a dinner at ArtHouse Jersey's new home at the Greve de Lecq Barracks on the 21st November. With Laura as a special guest, Love will, of course, be the order of the evening! Does love at first sight exist? Why do sparks fly? What qualities make for an ideal partner? These are all questions guests might playfully consider as they tuck into a feast of aphrodisiacal eats in the company of other like-minded foodies and friendly folk who are interested in finding out more about Love Factually: The Science of Who, How and Why We Love.

Laura will also be giving an informal talk at The Eagle Lab at Jersey Library on 20th November. Guests are invited to come along and enjoy a drink whilst hearing Laura talk about her book, the fascinating research process that she went through to write it, as well as what provoked her career change - from solicitor-advocate at an international law firm to award-winning poet, writer and speaker.



To find out more about these events, and other news from ArtHouse Jersey, visit [arthouse.je/events](http://arthouse.je/events) or follow along on social media @arthousejersey





## Happy 50th birthday, Jersey Post!

*On 9 October 1969, there was a simple ceremony at the main post office in Broad Street to mark the start of Jersey's postal independence from the British Postal Service. To mark the occasion, the first set of "Jersey stamps" was launched and Mr Frank Guenier MBE, was appointed to take the helm.*

There have been notable milestones during the past 50 years and Jersey Post boasts a rich and interesting company history. The organisation has moved its entire operation twice from the original Broad Street location, first to Mont Millais and then to Rue des Pres. Fast forward several years and the 1990's saw major developments for Jersey Post - the introduction of post codes, but also the employment of the first female delivery officers since 1798!

Times have perhaps changed more dramatically since then. In 2006, Jersey Post became an incorporated business, stepping away from local government operation and

operating commercially. Customer demand for quicker services led to the introduction of automated sorting machines, not just for letters, but also for parcels in order to accommodate the massive increase in three-dimensional mail. This increase in parcels came hand-in-hand with a rapid and significant decline in letter mail, a perfect storm which culminated in the need for an ambitious international strategy to ensure long-term revenue growth and stability.

This saw diversification, not just into new services - Ship2me, Call & Check and digital communications for business clients - but also into new markets. Jersey Post is no

longer a Jersey business, but a global one with acquisitions across the world that form a network of delivery channels to reach new markets and customers.

However, in spite of Jersey Post's new global stance, the organisation is still very much in touch with its local community and the needs of Islanders - both from a charitable perspective, where it supports a range of local charities and initiatives, but also from an environmental perspective, with the introduction of electric bikes and vans to its delivery fleet.

So, throughout October 2019, Jersey Post will be celebrating this milestone, but this time for a bigger, more diverse, more technology-enabled, global business. Cheers to you Jersey Post, and here's to the next 50 years!

Pictured: the first ever set of Jersey Post stamps and one of their new electric postal vans.

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Phil didn't get a foam finger. Tanks don't need them, they're tanks.

## Tank power for the Reds

*PDJ support The Jersey Reds in a three-year deal*

Having powered Jersey homes and commercial businesses with heating oil (and other fuels) for over 50 years, PDJ are celebrating their long-standing relationship with the Jersey community, by sponsoring the Jersey Reds Mascot in a three-year deal with the Jersey Rugby Club.

'Phil The Tank', who was originally introduced in 2018 is the company's mascot and the latest member to join the PDJ team. Phil The Tank will be helping to kick the season off this September, taking to the pitch at each home-game to cheer on The Reds and to entertain supporters in ensuring they enjoy the match to the max.

Managing Director of the Roberts Garages Group (which includes PDJ), Ricky Davey, stated 'we are very excited to be supporting the

Jersey Reds in what is a real milestone year for the company. We cannot wait to see our Phil The Tank running around the pitch, cheering on Jersey's very own rugby team. We felt, as a Jersey business, it was fitting to celebrate our 50th anniversary of partnering with such an iconic institution as the Jersey Reds. For part of our 50th celebrations, we wanted to support something that was fun and was close to the heart of much of the Jersey community, and the Jersey Reds filled this desire perfectly.'

Sales and Distribution Manager, Dave Bradley added 'we like to think that we at PDJ promote a team spirit just like the Jersey Reds and just as a rugby game, our ability to deliver and meet expectations is all about team work! PDJ's success is based on our team being able to efficiently organise ourselves to provide a first-class service and working hard to meet the high demands our customers have come to expect of us. Our team's skills and commitment, along with our competitive prices is what makes PDJ one of the leading fuel suppliers in Jersey.'



Amy giving a casual slide-by wave

## Amy Williams set to inspire

*Jersey Sport have partnered with the Dame Kelly Holmes Trust to deliver their successful programmes – a range of pathways for young people.*

The Trust are a UK youth sports charity which supports 11-25 year-olds who are harder to engage in both education and in the community. They train and develop world-class athletes to deliver personal, social and emotional development programmes for young people facing life challenges. Jersey Sport and the Dame Kelly Holmes Trust are proud

to announce their new partnership, and visiting Ambassador for the Dame Kelly Holmes Trust, Amy Williams MBE, will be speaking at the RaceNation 2019 Sport and Move More Jersey Awards on Friday 18 October. Amy was a track athlete who took the opportunity in 2002 to try-out the newly-installed bobsleigh and skeleton push-start training facility at Bath University. Hooked on the sport, she became a full-time skeleton athlete and won the silver medal in the 2009 World Championships. In 2010 she realised her dream and won Olympic Gold at the Vancouver Games, Britain's only gold medal of the Games and the first Winter Olympic Gold in an individual event by a woman in 58 years. Subsequently she was awarded the MBE in the Queen's Birthday Honours of 2010, and was short-listed for the 2010 BBC Sports Personality of the Year.

Since retiring from the sport in 2012 Amy has had a successful post-athletics career including such diverse roles as a motivational speaker and television presenter; in 2018 she was part of the BBC team providing coverage at the Winter Olympics. Speaking about her upcoming visit to Jersey Amy said, "As Ambassador for the Dame Kelly Holmes Trust, I'm really excited to be launching our partnership with Jersey Sport to bring our world-class athlete-led mentoring programmes to Jersey. The Trust have worked with thousands of young people over the last eleven years, helping them to gain the confidence, resilience and the self-esteem needed to lead a positive life. I can't wait to see how this partnership in Jersey develops over the months and years ahead."

Tickets for the RaceNation 2019 Sport and Move More Jersey Awards are on sale now.





The guys opted for the ever-popular 'stand straight with clubs in front' pose.

## Autism Jersey Golf day raises £30k

*Autism Jersey's annual golf day has once again broken its own record with £30,000 raised for the charity.*

The sell-out event, sponsored by JT, saw 25 teams of golfers competing at La Moye Golf Club on Friday 23 August with the overall winners being the Dandara team of Martin Clancy, Adrian Huckson, Steve Herbert and Bob Wickings. The Morris and Grange team came a close second and Bedell Cristin third. The charity is currently fund-raising to make a new multi-million-pound facility, which will become a home for the charity and provide a range of services to people with Autism and their families, a reality. JT's on-going support of this annual event also means the new centre will have the latest technology, ensuring visitors and carers can keep connected via state-of-the-art equipment, made possible by JT's full-fibre network.



Butterfield staff (and an orangutan)

## Butterfield swing into action

*Butterfield conducted a Community Action Month last month to help protect the environment. The firm is reinforcing its commitment to the environment by participating in a host of activities throughout the month.*

Butterfield employees in Jersey and Guernsey joined in various initiatives to reduce their impact on the environment, such as picking up litter in their lunch hours, establishing office collection points for recycling batteries, and travelling to work by carpooling, public transport or electric bikes and bicycles. The Bank also encouraged employees to make changes in their own time by living more sustainably at home. Working with Plastic Free Jersey and Jersey Marine Conservation, Butterfield employees took part in a Bio Blitz on 1st September at La Rocque Harbour. Employees spent the day learning about the different marine species and helping clean up their habitats by gathering sand which was filtered through a nurdle machine to remove microplastics. Butterfield employees also volunteered at Durrell Wildlife Conservation in the orangutan enclosure doing general gardening, as well as helping out at Acorn Reuse Centre which upcycles, repairs and reuses tonnes of unwanted items.



You can be slow or fast, but you must get to the line

## John Barnes in our Marathon Ambassador

*Liverpool FC Legend John Barnes is this year's Standard Chartered Jersey Marathon race ambassador.*

The Standard Chartered Jersey Marathon is proud to announce that Liverpool FC legend, John Barnes, will be its race ambassador on Sunday 6 October.

John started his career at Watford FC in 1981, moving to Liverpool FC in 1987. During his 10 years at Liverpool FC John made 407 appearances and scored 108 goals. In 1990 he top-scored with 22 league goals and was voted FWA Player of the Year for the second time.

As well as an excellent footballer, John was also an accomplished rapper, with records such as the 'Anfield Rap' which reached number 3 in the UK charts in 1988 as well as featuring on New Order's 'World in Motion' produced for the 1990 FIFA World Cup.

Henry Baye, Chief Executive Officer, Standard Chartered Bank, Jersey, said: 'We're looking forward to welcome John Barnes as this year's Standard Chartered Jersey Marathon race ambassador, and the runners, volunteers and supporters who have been key to the event's success. John's sporting achievements are an inspiration to many – I'm sure islanders are as excited as I am to meet him. It will be my first time at the event and I look forward to the great atmosphere I've heard so much about.'

Funds raised through this year's Standard Chartered Jersey Marathon will benefit Futuremakers for Standard Chartered, a global initiative to tackle inequality and promote greater economic inclusion for young people, as well as the JSPCA.

Registration for the full marathon, the relay race and 3K fun run is still open at [www.jersey-marathon.com](http://www.jersey-marathon.com). Islanders are also invited to the Pasta Party on Saturday 5 October where John will also make an appearance.

Tickets are £12 and can be purchased by emailing [contact@jersey-marathon.com](mailto:contact@jersey-marathon.com).

To have your charity events and CSR activity included in our Give section, please email news to [hi@gallery.je](mailto:hi@gallery.je)

# Beauty *news*

## AWARD WINNING PRODUCTS



### **The English Mineral Makeup Company**

Vegan Mascara

**£21 | available from englishmineralmakeup.co.uk**

*Silver in the Green Parent Natural Beauty Awards 2019, and shortlisted for a Natural Health 2019 International Beauty Award.* Created for the most sensitive of eyes, adding length and depth. Infused with the best quality natural ingredients, this mascara gives a professional finish with lashes looking defined, but beautifully natural.



### **Bramley Little B**

Hair and body wash

**£36 | bramleyproducts.co.uk**

*Junior Design Awards for best children's toiletries collection.*

To restore your little ones before bed. Clementine, sweet orange and lavender essentials oils are combined to create a gentle and calming hair and body wash to rinse away a day of play and relax your little ones for a restful night's sleep.



### **Clarins**

SOS Primers

**Available from Voisins**

*Won Best Primer at the Tatler Beauty Awards 2018 and Best Primer at the Women's Health Beauty Awards 2018.*

Redness, dullness and dark spots giving your complexion a hard time? These genius little products will tackle your problem areas leaving you with a radiant youthful base over which to apply your make-up.



### **Aromatherapy Associates**

Deep Relax Bath and Shower Oil

**Approx £44 | available from deGruchy**

*Won gold in the Beauty Bible 2019 Best Bath Treat Award.*

Elevate your evening ritual with this best-selling, multi award-winning sleep formula. Hand-crafted with unique and therapeutic essential oils.



### **The Body Shop**

Almond Milk & Honey Body Yogurt

**£8.50 | available from The Body Shop**

*One of the winners of Elle Magazine's Top Beauty Buys for 2019.*

Life's too short for waiting - jump straight into your jeans with this Almond Body Yogurt. Their new, lightweight formula absorbs instantly and provides up to 48 hours of moisture.



### **REN**

Clean Skincare Glow Daily Vitamin C Gel Cream

**Available from 100% Health**

*Winner of The Natural Skincare Phenomenon at the Vogue Beauty Awards 2019.*

A light gel cream moisturiser that will hydrate and illuminate the skin. Tara Pod extract will activate in contact with the skin's natural microbiome to help illuminate skin complexion, while Vitamin C and Magnesium smooth and re-energise.





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## SMILE DENTAL CLINIC

*@Smile Dental Clinic are changing the way that consumers think about dentistry. With their experienced and friendly team, coupled with their state of the art facilities and technology, the practice are pioneering the way in breaking many of the fears often associated with visiting the dentist.*

Pedro Alves is one of the highly qualified dentists at @Smile Dental Clinic. Having graduated in Lisbon 12 years ago, his interest in restorative dentistry led him to several post graduate diplomas in the areas of the Aesthetics and Dental Implants; areas where he spends most of his clinical time.

"It was going very well with my career in Portugal, but in 2011 after two years of deep economic recession, the number of patients seeking implantology and fixed prosthetics dropped substantially, as people did not consider cosmetic dentistry a priority."

The change saw Pedro and his family move to the UK, so that he could continue to pursue his career and hopes to innovate in the industry.

"Now that I'm fully fluent in English, I'm able to deliver the same level of trust and empathy to my patients as I used to in Portugal, which is essential for the type of high quality of cosmetic and implant dentistry we deliver at @Smile."

@Smile Dental Clinic pride themselves on offering virtually painless experiences for their patients; a feat that is of paramount importance to Pedro and the team.

"I often have incredibly frightened patients come in who have been completely traumatised by previous experiences at the dentist. My goal is to change the negative views that a lot of people have, and usually I manage to reinstate that confidence."



*"I often have incredibly frightened patients come in who have been completely traumatised by previous experiences at the dentist. My goal is to change the negative views that a lot of people have, and usually I manage to reinstate that confidence."*

For those who can't even think about giving us that opportunity, we can offer treatments under sedation in order to give the best possible experience, without remembering the process. I recently did an implant surgery for a patient, who three months ago couldn't even speak about the dentist without being full of fear, and we still are very good friends! It's about getting to know your patient's concerns and offering the best tailored solution for them."

Alongside their calm, caring and gentle approach, @Smile Dental Clinic are also dedicated to combating fears around financial limitations for many of their patients. With free informal consultations for aesthetic dentistry and implants, Dr Pedro and the team are able to professionally assess a patient's requirements, before advising on the cost, process and time needed for the procedure to take place, without the pressure of having to pay for the opinion.

"My patients get to understand the proposed treatment outcome by seeing similar before and after photos of some of my work," says Pedro. "With flexible payment plans available, the team are enthusiastic in showing patients that the aesthetic dental work they want, may not be as unattainable as they think."

The dental industry is permanently changing as new technologies arise, with Pedro and the rest of the dentists at @Smile continually investing in their education in order to offer the very best for their patients.

"An important part of my income goes directly to education, so that I can be in the position to always offer the best for my patients. It is also important for me to be able to work in a place where the latest technologies are available, and the management at @Smile are continually investing in state of the art solutions. There is virtually no angle of dentistry that we cannot handle. We have all of the education and resources to do just about anything."

This year, Dr Pedro is finishing the full recognition from the Royal College of Surgeons of England and achieving the title of Expert Clinician in regenerative implantology. Though he's been fitting implants since 2008, Pedro has been delighted to see the innovation in the industry in recent years.

"I have patients who come to me saying that they cannot have implants, because they've been without a tooth for so long that they no longer have the bone necessary for

the insertion," says Pedro. "The industry has developed so much that we can now rebuild the necessary bone in order to fix the implant, which of course can be life-changing for many patients who thought there was no hope for them to have fixed teeth again."

With their continual investment in education and state of the art technology, the practice has recently introduced a new concept called 'Teeth in one day'. Working closely with a London-based laboratory team, who flies over to help with the teeth-making process, patients are able to visit the practice on a morning, undergo the surgery with Dr Pedro, and have a full set of fixed teeth by lunchtime. With world-class sterilization rooms, theatre conditions and a post-operative recovery room, the practice are able to assure completely clean interventions with minimal pain and risk.

Pedro and all of the dentists at @Smile are dedicated to providing the best possible service and solutions for all manner of conditions, apprehensions and concerns. To get your dream smile, discover the pain-free and flexible options available to you, pop in for a professional and friendly chat with Dr Pedro at Gloucester Street practice.



**BEFORE ▲  
AFTER ►**



**BEFORE ▲  
AFTER ►**



## Brand News:

### The 'Blampieds'

The name Blampied, pronounced BLOM-P-YEAH, comes from the French Blancpied meaning 'white foot'

This Jersey surname is the root which anchors the Blampied family, owners of Aurum Jewellers, in their island home and the foot that they have created is not only symbolic to their jewellery business but is also something whose delightfully tactile shape evokes a carefree joie-de-vivre!

The 'Blampieds' are made in any of the beautiful white metals: sterling silver, 18ct white gold or platinum. Whether made into a pendant, a bracelet, anklet or a pair of cufflinks, the 'Blampied' can be set with diamond or coloured gemstone toes or left simply plain and polished.

So, whether you are marking the start of an adventure away from home and putting your best foot forward; if you are the proud parent to a new baby boy or girl; if you just love Jersey life on the beach...there is a Blampied for you.

Jersey price from £100.



### Preggo?

Topshop have got you covered with their smashing autumn crop of comfy dresses. Hide it all under pretty prints, or let your bump pop out, covered in some soft jersey material. Lots of options. Keeping you stylish whilst you waddle around.

PICTURED LEFT TO RIGHT: Printed Peplum Frill Wrap Maxi Dress, £39.00  
Maternity Maxi Dress Now £5.00 | Maternity Red Ditsy Smock Maxi Dress £39.00



### NEW BRAND SPOT: HOPE

Arriving in deGruchy this month, Hope is the British womenswear label designed to empower and inspire. They celebrate the versatility of luxurious layering. Their Autumn/Winter Collection's sculptural shapes and textured fabrics celebrate form and fluidity. Champions of head-to-toe tonal dressing in luxurious knits and super cool, eco-friendly faux-shearling coats.

These easy knits are playfully paired with wide-legged, champagne-gold sequin trousers and complete the comfortable-chic look Hope are renowned for. Well worth checking out next time you are passing!

### Basic Black Boots

A staple of autumn / winter, this is the perfect time to invest in a pair now that the weather has turned - we're loving these fab options that will keep your tootsies warm, comfortable and stylish all winter long.

Available from Schuh:



Red Or Dead, Black Oklahoma Boots, £78.00



Ugg, Black Noe Boots, £145.00



Blowfish, Black Raes Shearling Boots, £65.00





9ct Diamond Earrings. £250 | 19ct Diamond Pendant. £245

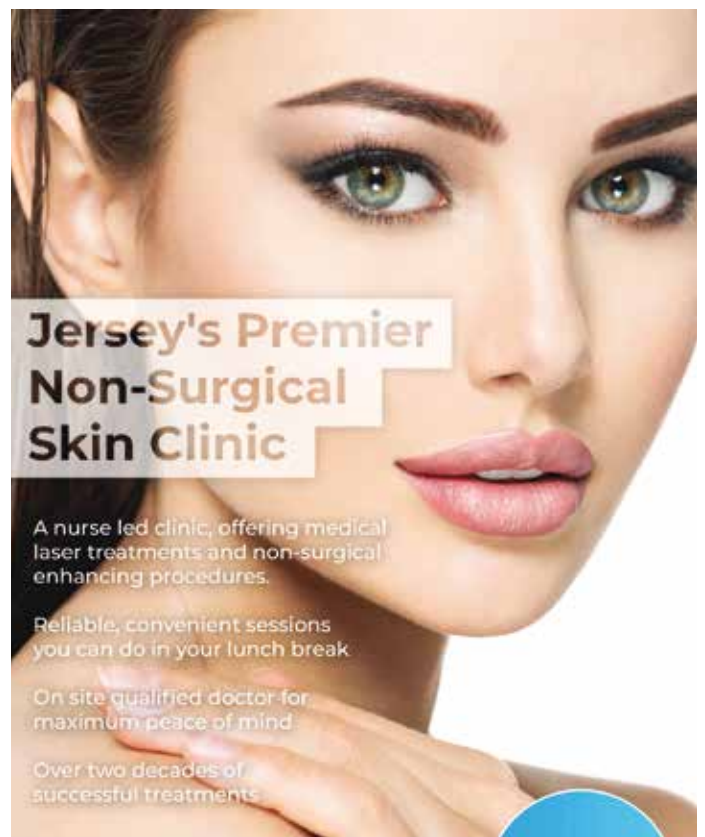


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# RED CARPET GOWNS

PHOTOGRAPHY AND STYLING *by Danny Evans*  
MAKE UP *Decia at Kiss and Make Up*  
MODEL *Toni*



Dress by Edward Achour Paris £619. *Renaissance*  
Shoes by Carvela £99.00 *Voisins*  
Handbag by Carvela £69.00 *Voisins*  
Earrings by Essentiel Antwerp £39.00 *Manna*







Dress by Michael Kors £368 *Voisins*  
Shoes by Kurt Geiger £134.10 *Voisins*  
Bag by Reiss £113 *Voisins*  
Nirvana Ring, Black £131 *Swarovski*  
Baron Necklace, £288 *Swarovski*





**Dress by Hale Bob** £425 *Renaissance*  
**Shoes by Kurt Geiger** £99.00 *Voisins*  
**Handbag by Carvela** £53.10 *Voisins*  
**Earrings by Essentiel Antwerp** £39.00 *Manna*  
**Swarovski Nirvana Ring Clear** £131 *Swarovski*  
**Swarovski Hoop Earrings (Set of 2)** £140 *Swarovski*





Dress by Frock & Frill £113 *Voisins*  
Shoes by Carvela £89.00 *Voisins*  
Tarot Charm Collar, £131 *Swarovski*  
Tarot Hand Long Pendant, £78 *Swarovski*  
Lucky Goddess Pendant, £113 *Swarovski*  
Moon Earrings, £105 *Swarovski*  
Tarot Ring, £113 *Swarovski*





**Top by Damsel** £80.10 *De Gruchy*  
**Trousers by Damsel** £71.10 *De Gruchy*  
**Shoes by Kurt Geiger** £134.10 *Voisins*  
**Crystalline Glam Watch**, £245 *Swarovski*  
**Nirvana Ring, Black**, £131 *Swarovski*

Jacket by Essentiel Antwerp £230 *Manna*  
 Trousers by Essentiel Antwerp £170 *Manna*  
 Shoes by Kurt Geiger £129 *Voisins*  
 Handbag by Miss KG £44.10 *Voisins*  
 Nirvana Ring, Black £131 *Swarovski*



**Dress by Gestuz** £450 *Manna*  
**Boots by Essentiel Antwerp** £250 *Manna*  
**Earrings by Essentiel Antwerp** £39.00 *Manna*  
**Tarot Ring,** £113 *Voisins*



# Imogen's picks



*Autumn is upon us. So, it's time to start unpacking your winter wardrobe (or adding to it...)*

*...for the girls*

1. River Island Black Croc Embossed Boots, Voisins, £55.00
2. White Teddy Coat, New Look, £45.99
3. White Company Pleated Midi Skirt, Voisins, £99.00
4. Wool Blend Double Breasted Coat, M&S, £99.00
5. Double Breasted Trench Coat, M&S, £49.50
6. Mint Velvet Fine Ribbed Knit, de Gruchy, £53.00
7. Barbour Highpoint Quilt Jacket, de Gruchy, £206.10
8. River Island Paperbag Jeans, Voisins, £40.00



2

5



4



6



1







7



5



8

*...for the boys*

1. Pure Cotton Corduroy Borg Jacket, M&S, £69.00
2. Tommy Hilfiger Logo Sweatshirt, de Gruchy, £76.50
3. Tommy Hilfiger Signature Boots, de Gruchy, £117.00
4. Armani Exchange Reflective Jacket, Voisins, £252.00
5. All Saints Falter Crew Jumper, Voisins, £115.20
6. J Lindeberg Wolger Compact Overcoat, Roulette, £349.00
7. Kenzo Sport Sweatshirt, Roulette, £175.00
8. Nicce Maidan Jacket, Roulette, £75.00



4



3



2



6



1



Harriet &amp; Rose

Ever dreamt of life on a desert island? Well, I got the chance to experience the real thing last month, except rather than being on my own it was with thirty bustling creatives and instead of being marooned I had the pleasure of Jersey Seafaris transporting me to and from the heavenly Minquiers.

The trip was part of a collaboration of like-minded individuals named 'Minquiers Uncovered', organised by Snap agency and including the boys from Stinky Bay Brewery, The Goodstone on the grill and a host of content creators. Nothing like a day-trip in support of small businesses to see out the summer with one last hoorah.

From beachwear to multiple layers, this month is all about the changeable weather and being prepared for all eventualities. Wearing pink throughout winter adds some warmth to what can be a time of sombre dressing. I was thrilled to discovered Marks and Spencer's new collection, including a heap of this dusky rose colour! Combined with beiges and greys, it is the perfect palette on which to base my winter wardrobe.

With the coming of every new season I always gravitate to statement coats. Everyone has that one weakness and for me it's an investment coat which will last and last. There are so many good ones to be excited about on island already, but for classic style that will stand the test of time it has to be the luxury brand,

## NineBY5

Words: Laura Morel



Minquiers Uncovered

Harris Wharf London. Quite possibly the softest and easiest throw-ons to complete your outfit, they come in a range of bold colours and soft pastels. This season it's the leopard-print number that has everyone in a tiz. A limited range is available exclusively on island at Elizabeth Howell boutique.

Harriet & Rose is proving to be THE place to head to for unique gifts in Jersey, especially now they've added a range of Elizabeth Scarlett bags to their stock. These hand-embroidered pouches are beautiful either used as make-up bags or as clutches. Her intricate designs have caught the eye of British Vogue and many a fashion blogger, leading to sell-out designs. Snap up one while you still can.

I spent a lot of last month focusing on #secondhandseptember, the initiative launched by Oxfam where you pledge to buy nothing new for 30 days to reduce fashion landfill and contemplate a more sustainable approach to being clothes-horse! Whilst I didn't commit to stopping my purchases altogether, I did explore some of my favourite second-hand haunts to prove that there is always one outfit hidden away worth the effort of discovering! This monochrome look was pulled together from Acorn's charity shop after a bit of delving, glam enough for the office or a day at the races I reckon! [www.nineby5.com](http://www.nineby5.com)



Acorn



Elizabeth Howell



Marks &amp; Spencer





# The Blampieds



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# Raise a toast

## *to the roast.*



Words: Sara Felton

The summer might now be a distant memory, although I, too, am hopeful this return to the warmer weather remains for a little longer, it's time to start thinking about how to spend your autumnal weekends. For me, this autumn, lazy Sundays are made for enjoying a leisurely lunch in a beautiful environment, overlooking an even more spectacular one, if you can. In a nutshell lazy Sundays are made for visits to The Atlantic Hotel and more specifically Ocean Restaurant to sample their set lunch menu.

My plus one and I settled down at our table overlooking the beautiful vista of St Ouen's Bay whilst enjoying an aperitif and perusing the menu. The three course Sunday lunch menu at Ocean changes weekly and you'll always find an excellent variety of dishes to choose from, including a fish or vegetarian option. It's hard to believe that this excellent menu comes in at just £32.50 per person.

My plus one and I agreed to choose different dishes from the four choices on each course, so that we could be sure to sample as much of what was on offer as possible. Once we'd placed our orders we were treated to a still-warm mini loaf of sourdough bread, which was snaffled in an instant and hotly pursued by our starters of ham-hock beignets, served on a bed of piccalilli topped with a frisee and apple salad, delicious! The Ocean have taken on the retro-classic prawn cocktail with semi dried tomatoes, which earned particularly high marks for us.

I'm sorry to say we came unstuck on the main course and couldn't decide who was going to be the only one to have the roast beef, so we caved in and both had it. I mean, how can you resist the prospect of roast beef and Yorkshire pudding, especially when you don't have to do the washing up? And what a Yorkie it was, not only was it almost as big as my head but it was the perfect balance of a soft, billowy interior encased in a crisp exterior. I

wish I could say I'd have eaten two, but even with a stretchy waistband I'd have struggled. The local, aged Jersey sirloin was perfectly cooked to the requested medium-rare and the red wine gravy was, thankfully, left at the table so I could continue to add it to my plate, which I did, many times.

Whilst I could continue to wax lyrical about the beef it's time to move on to dessert, with another four options from which to choose. The plus one opted for the honeycomb panna cotta and I delved into the cheese trolley. You get to choose three options from the bounty of beautiful fromagerie on offer and these are accompanied by biscuits, bread, fruit jelly and grapes, a cheese lover's dream.

With a sommelier on hand to guide you through wine choices and helpful and informative waiting staff you'll be in excellent hands during your lunch. Service is attentive but not intrusive and we were left to happily while away our time catching up over our concluding coffees and petits fours. This really was a delightful way to spend a Sunday, I can't wait to go back and do it all again.



## 'Fusion' becomes a fixture on the menu at L'Horizon Beach Hotel & Spa

A spicy new menu blending contrasting culinary techniques with unique flavours and textures is proving the perfect mix at the new Fusion Restaurant at L'Horizon Beach Hotel & Spa.

The stylish restaurant at the AA Four Red Star beachside hotel in St Brelade trialled the 'Fusion' concept back in spring and its six starters, six main courses and six desserts offering was such a hit amongst its discerning diners that it has now become a permanent fixture.

Executive Head Chef Andrew Soddy drew on his extensive travels to create a distinctive mix of modern British cuisine with subtle Asian influences.

His mouth-watering starters include pan-seared scallops with coconut-braised red lentils (a firm favourite according to initial feedback), butternut squash and lentil dhal soup served with a soft poached egg and shredded naan bread crisp.

Sumptuous spices feature in the main courses, from turmeric and cumin coated

sea bass fillet served with Jersey potato chaat masala and fennel ceviche to a sticky-glazed chilli pork belly; pan-roasted pork fillet, butternut squash, soya-glazed bok choy with toasted sesame seeds.

Dessert is a fusion of flavours from dark chocolate ganache, red chilli, ginger gel and blood orange sorbet to chilled cardamom rice pudding with caramel raisins, compressed apples and La Mare apple brandy syrup.

Meanwhile there's a fine fusion of cocktails to choose from including a refreshing Blueberry and Ginger Mojito made from Bacardi, muddled blueberries, fresh ginger, lime juice and soda water as well as a Chilli Martini, a mix of gin, peach purée, nectarine juice, sugar syrup and Tabasco.



 'Fusion' is open Tuesday to Saturday from 6.30pm until 9pm and you can make a reservation via their website.



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# Top Floor<sup>↑</sup>

Jersey is home to some of the best coastal views in Europe. With such picturesque views comes a responsibility for architects to maximise light and space, all the while considering the way in which local families want to live.

 Words

Imogen Pickering





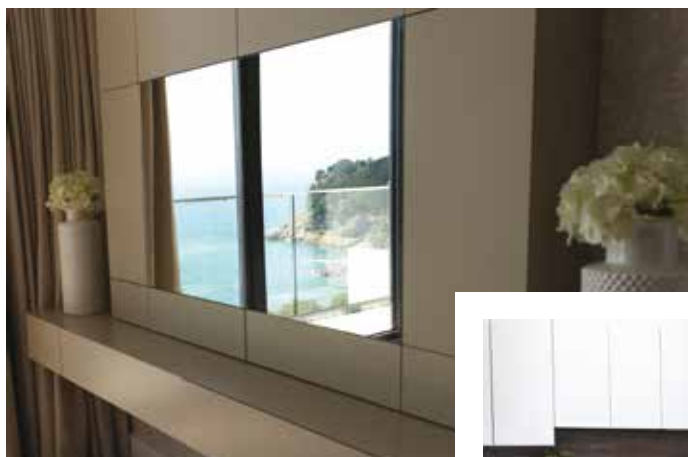
Overlooking Portelet Bay, The Fulmar is arguably one of our island's most prestigious and highly sought-after developments. With far-reaching panoramic views and direct access to the beach, all within a secluded location, The Fulmar really is at the high end of local real estate. On the market with Broadlands, there now presents a fantastic opportunity to own the very best that this development has to offer, in the form of the prestigious, four bedroom penthouse apartment.

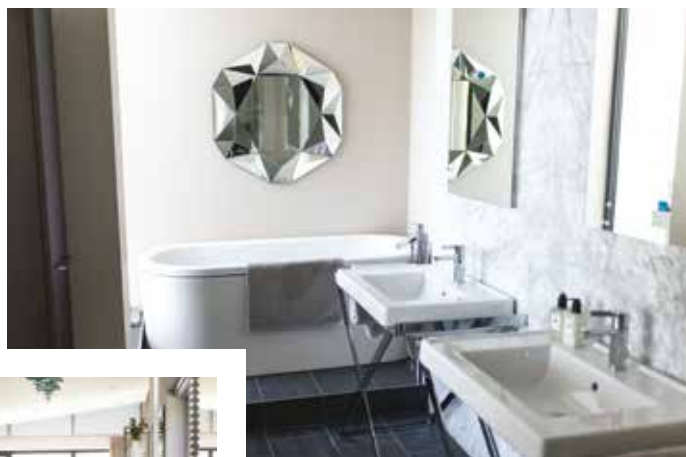
Penthouses are synonymous with luxury and 7 The Fulmar is certainly no exception. Despite only being a few years old, the current vendors have taken great pride in the property's interior, upgrading all amenities to the highest quality throughout. With all the trappings of sophistication and exceptional style, lift access to all floors and the best views in the house; this property really is the ultimate indulgence in high-life living.

Modern architecture relies on a generous use of glass. Studies have shown that homes and offices flooded with light contribute to our quality of life. Throw a spectacular coastal view like Portelet Bay into the mix and this premise becomes essential. Meticulously designed, the ample use of glass at 7 The Fulmar is evident as soon as you step through the front door. A bright and spacious entrance hall is lit by two sets of double glass doors, opening into the kitchen and dining area. Dual aspect floor-to-ceiling windows bring in copious levels of natural light, with attention being immediately drawn to the phenomenal sea view from the south-facing balcony. An additional sizeable terrace runs alongside the west-facing side of the apartment, taking advantage of the evening sun and offering an ideal environment for alfresco dining and entertaining.

Penthouses often differentiate themselves by implementing luxurious amenities, the finest materials and high-end appliances, offering immediate wow-factor and a sense of prestige. With the assistance of esteemed local Interior Designer, Emily Musker of Waddington Architects, no expense has been spared in ensuring this property is anything short of astonishing. The eat-in kitchen, complete with ambient-lighting and beautiful Corian

*"Penthouses are synonymous with luxury and 7 The Fulmar is certainly no exception."*





worktops, has every possible integrated appliance. The flooring running through the living area is top quality Amtico. The curtains and blinds are of the highest quality and the neutral colour scheme is delicately offset by statement features, such as the textured gold tiled wall in the living room.

Aside from the elevated views over the bay, there is little evidence to suggest that this property exists within an apartment building, thanks to its intelligent design and layout over two floors. Towards the rear of the property, an impressive contemporary staircase with glass balustrade leads the way to the lower floor. It leads to a lower ground landing, where two of the property's bedrooms are located. The first comprises a square-shaped single bedroom, which is currently being used as a study, but also has great potential to serve as a young child's bedroom or nursery. Next door, the second bedroom comprises an impressive space, complete with en suite bathroom, fitted wardrobes and its own balcony overlooking the bay, making it an ideal guest suite.

Following the hall toward the master bedroom, you pass a house bathroom, hidden utility, walk-in airing cupboard and a third double bedroom, before arriving at the extraordinary master suite. Immediately, your eyes are drawn to the same fantastic view over the bay, with a set of floor-to-ceiling sliding doors opening out onto another sizable terrace. Hidden out of view and accessed via a short corridor, a

walk-in wardrobe and dressing area emanates luxury, providing plenty of fitted storage. The master ensuite bathroom exudes style with freestanding his-and-hers sinks, shower, slate-tiled floor and a marble feature wall. What's more, a pristine freestanding bath sits proudly on an elevated platform, with a direct view of the bay from another floor-to-ceiling window.

This penthouse apartment at The Fulmar is unquestionably a prestigious and unique property. With The Fulmar continuing to be a highly sought-after and popular residence, prompt viewing with Broadlands comes highly recommended.

### **7 The Fulmar** **Portelet Bay** **£1,795,000**

**3/4 bedroom penthouse apartment**  
**Far reaching sea views**  
**Modern features and appliances**  
**Large terrace and multiple balconies**  
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## Finishing Touches

# Seasonal Selection

Formally Le Lievres, we popped into the new Voisins Home on Don Street to pick our favourite key pieces for the home this season.

*Cole & Mason City Concrete Mills*  
£26.99 each



*Ecology Bistro Tableware*  
from £7.95

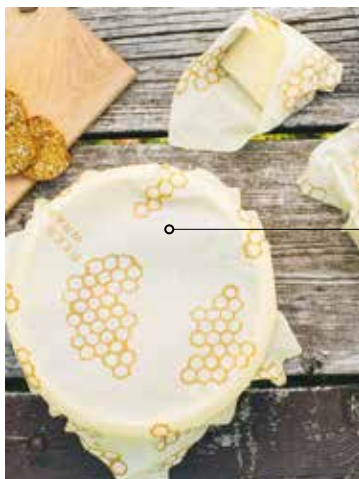
*Ted Baker Opal Blush Double Duvet Cover*  
£81.00



*Just Slate Oil & Vinegar Dip Set*  
£28.75



*Addis Underbed Organiser*  
£9.99



*Bees Wrap*  
from £6.99



*KitchenCraft Home Bar Drinks Trolley*  
£270.00



*T&G Ocean Collection*  
from £5.25

# MARKET UPDATE

**Nothing much is likely to happen to the Bank of England's Base Rate until a decision is made about Brexit, although don't be too surprised if it falls back to 0.50% before the end of the year.**

## SHORTGAGE OF PROPERTY TO BUY

The property market in the Island has slowed due to summer and school holidays, although the shortage of houses and flats to match First Time Buyers' needs is causing problems. As is the shortage of houses to satisfy Home Movers' expectations.

The by-product of this overall reduction in new stock is causing many homeowners to review their situation, as it is apparent that they could have to spend up to £300,000 to add an extra bedroom to accommodate an expanding family, whilst extending the current home could cost considerably less.

## EQUITY RELEASE

In a market where house values are increasing significantly, equity release can provide a great opportunity for existing homeowners to unlock capital of up to 90% of the value of the property.

Many homeowners don't realise that they could have the freedom of using the equity in their property in this way. During the past thirty years, our team at The Mortgage Shop have organised funding to help with a vast array of projects, to include:  
*Home extensions / upgrades*  
*To release funds to help their children get on the property ladder*  
*The consolidation of personal loans, hire purchase, credit cards and overdrafts*  
*A makeover for the garden*

*The building of conservatories/orangeries/garden rooms*  
*To cover university education*  
*To pay for commercial pilots training*  
*To buy a holiday home in Europe or further afield*  
*To purchase a plane or a boat*  
*To purchase a vintage car*  
*To pay for a wedding*  
*To fund the purchase of a Buy to Let property*

This also presents the borrower with the opportunity of checking that their current lender is still able to offer the best mortgage rates in the market. It is surprising how mortgage lenders over time can lose or gain a market edge. The most competitive lender ten years ago, might now be the most expensive, or vice versa.

## EXTEND RATHER THAN SELL

Subject to planning and a possible mortgage top up, many families are now remaining where they are and by creating additional bedrooms, or updating kitchens and bathrooms, they can give their tired properties a much-needed makeover. Allowing them to fall back in love with their current home, that may have otherwise been overlooked while they were considering a move.

### Best Rates - Market Leaders (% loan to property value/price)

60%	Tracker	1.49%
60%	2 Year Fixed	1.50%
60%	5 Year Fixed	1.81%
60%	10 Year Fixed	2.64%
85%	Tracker	1.69%
85%	3 Year Fixed	1.99%
85%	5 Year Fixed	2.09%
90%	Tracker	2.09%
90%	2 Year Fixed	1.89%
90%	5 Year Fixed	2.29%
95%	2 Year Fixed	2.89%
95%	5 Year Fixed	3.49%
100%	5 Year Fixed	3.99%
60%	BTL 2 Year Fixed	1.69%
60%	BTL 5 Year Fixed	2.30%

Rates correct as at 03/09/2019 BTL = Buy to let mortgage

**To be added to our monthly bulletin list please send your request to: [kerrie@mortgageshop.je](mailto:kerrie@mortgageshop.je)**  
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Tel: **789830**

Your home is at risk if you do not keep up repayments on a mortgage or other loan secured on it.  
Registered with The Jersey Financial Services Commission.



# Planning to move this year?

5 year fixed rate

# 1.84%



the mortgage shop

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Telephone: 789830

Email: [info@mortgageshop.je](mailto:info@mortgageshop.je)

Website: [www.mortgageshop.je](http://www.mortgageshop.je)

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# Winter *is coming...*

It's official - summer's over. Which means it's time to begin looking towards the festive season and all that it brings. Early nights snuggled on the sofa, frosty mornings, entertaining friends, or spending quality time with the family. Make sure your home is winter-ready with these top interior ideas.

✍ Words: Imogen Pickering

## Asian Gold by Vichit Nongnual

**I.D.ology, £1,550**

Statement artwork or decorative accessories can act as a focal talking point when it comes to entertaining. Impress your guests this season with a unique piece of contemporary artwork from the hand-selected range at I.D.ology.

Celebrating both local and international artists, the range on offer in their Market Street store is truly inspiring, with an additional concierge and sourcing service on offer. Pictured, a beautiful piece by international artist, Vichit Nongnual.



## Baobab Collection Candles

**Designer Sofa Interiors, prices vary**

Shorter days mean we spend more time in our homes, so it's important to create a harmonious environment with your home fragrance. Just like the baobabs overlooking the African savannah, Baobab Collection's candles and diffusers are known for their size and original designs. They are extraordinary objects providing an olfactory and aesthetic experience, with the collections being inspired by faraway places and wild nature. Baobab Collection's candle creations are tales waiting to be discovered; sensory experiences that are the result of exquisite perfumes and aesthetic design.

## Calgary Extendable Dining Table & 6 Chair Set

**MyPad, £1,039**

The latter part of the year brings many celebrations and festivities to be enjoyed with family and friends. This extendable dining set from MyPad is the perfect addition to your kitchen, doubling up not only as a practical dining table, but also as a practical solution for entertaining. The extension leaf is operated using the latest pull-handle technology for easy use, with its slick design finished with grey class and grey oak-coloured edging.







### Luxury Outdoor Saunas

#### Hydropol CI, prices on application

Making the most of your garden doesn't have to stop when the temperature dips. Hydropol CI have a fantastic range of outdoor saunas, offering the ultimate addition to your outdoor space. Their saunas are made and manufactured in Canada from Canadian Red Cedar, making them extremely strong and hard-wearing, due to having to endure the harsh Canadian weather. All saunas come complete with an adjustable electric heater, so the temperature can always be exactly as you choose through winter to summer. With an array of different designs available, you'll be sure to find a sauna to perfectly compliment your outdoor environment.

### New York 4 Seater Sofa

#### MyPad, £1,680

Everyone loves a good sofa, but when it comes to the latter part of the year, their importance greatly intensifies! Why not upgrade yours to the New York 4 Seater Sofa from MyPad, just in time for the festive season. This trendy and comfortable 4 seater sofa will bring a touch of elegance to your home. With its large size and deep seats, it's the perfect addition to your home for getting together with family and friends. With feather-filled cushions, additional back support and removable covers, you will be able to enjoy this exclusive design for many years.



### La-Z-Boy Sofas and Recliners

#### La Casa, prices vary

There's nothing better than sitting down in front of the fire, tiddle in hand, in a luxury recliner sofa. The world famous La-Z-Boy brand is renowned for comfort, and La Casa have a huge range of La-Z-Boy sofas on display for you to try for yourself. Each model focuses on different areas of comfort, so that you can choose the one that suits exactly what you are looking for. With a range of fabric or leather options in a choice of colours, you are guaranteed to find a suitable model to fit harmoniously with your home's interior design.

# Amara House: for the home

Formerly Baytree Interiors, Amara House provides a concierge service in sourcing and supplying high-quality home-related products for customers locally. Whether you're looking to update your home furnishings, sourcing a statement piece of furniture, or updating your curtains or blinds, Amara House can help. With Amanda's extensive knowledge in the industry and passion for interior design, you are guaranteed a personal, sophisticated and exclusive service. We met with Amanda to find out more.



## So tell us Amanda, how did it all get going?

I have always had a passion for home interiors for as long as I can remember. I qualified in professional curtain-making and soft furnishings many years ago, and started a small business called Baytree Interiors. However, I also had a very demanding job working as a PA in the finance industry at the time, so it only ever remained a hobby. Life has changed for me over recent years; leaving behind a busy job due to redundancy and then caring for my mother in the UK until she sadly passed away. Following on from those life events, I have now decided to follow my dream.

I absolutely love home interiors. I believe there is a gap in the market for really lovely home interior products between the middle and higher end. My aim is to provide customers with an array of lovely, carefully-selected products, which in most cases are unique to Jersey.

## What services do you provide?

I have cherry picked my suppliers and work hard to bring something to Jersey that's just a little bit different. We provide an advisory service, sourcing and supplying high-quality home related products for Jersey residents. We can supply an array of bespoke furniture such as sofas, dining chairs, occasional chairs and headboards. To complement the home interior range, we have an ordering service available for soft furnishings, fabrics and wallpapers, and also offer a bespoke curtain and blind make-up service.

*"I have cherry picked my suppliers and work hard to bring something to Jersey that's just a little bit different."*

For the garden, we supply outdoor furniture and maintenance-free privacy fencing direct to customers, and are the sole local distributors for maintenance-free white vinyl fencing. We also have a small range of products available online such as throws, cushions, table lamps and wall art, as well as giftware and personalised products.

## SERVICES

**Home Interiors** - sourcing and supplying of luxury interiors from some of the best suppliers in London to include furniture, upholstery, sofas, dining tables, chairs, coffee tables, bar stools and much more

**Fabrics & Wallpapers** - fabrics and wallpapers to order

**Curtain & Blind Make-Up Service**

**Lighting** - supplying residential lighting and distributors for a superior range of cordless LED lighting suitable for homes, hotels, restaurants, yachts and gardens.

**Garden** - supplying outdoor furniture and accessories & the sole local distributors for maintenance-free white vinyl fencing

**Online store** for cushions, throws, mirrored wall art, lifestyle products & giftware

[www.amarahouse.com](http://www.amarahouse.com)





# agenda

ON THE AGENDA THIS EDITION:

## Investing

We speak to key figures locally, to find out what they pack into their suitcases, grab lunch on the go and profile people and their industry.

Plus all of the movers, shakers and business news brought to you in Gallery every month...



## Meet Marie Booth

Client Relationship Manager  
at Close Finance CI.

For the last four years, Marie has made it her mission for all her customers to have the best experience possible when obtaining a personal loan. Marie is also the Charity Champion, acting as one of the lead organisers for fundraising events and helping Close Finance CI raise over £34,000 for Jersey Hospice and other local charities in the last year alone.

Her energy and enthusiasm cannot be ignored, so much so that she was awarded the Vision and Values Award at the Close Brothers Motor Finance Conference in January 2019. Through her years of expertise, Marie knows that the best testament to good service is repeat business.

*“Her energy and enthusiasm cannot be ignored, so much so that she was awarded the Vision and Values Award at the Close Brothers Motor Finance Conference in January 2019.”*

Marie prides herself on customer service excellence, which is why in her career at Close Finance CI she has managed to build a large portfolio of loyal, repeat customers.

Each customer is an individual, and Marie gained much of her experience working in the cosmetic

industry before joining Close Finance CI in 2016. Understanding customers and putting them at ease comes naturally to Marie; ‘I get so much joy out of helping people and making a difference to their lives’. Customers return because they know Close Finance CI already understand their circumstances and if these haven’t changed, the decision is quick and easy with the money often in the bank on the same day. Marie is committed to making the journey smooth and hassle free from the minute a customer is greeted to the minute the loans are received.

Transparency is paramount for Marie, in a world where we are bombarded with so many options on a day to day basis, ensuring the best product, terms and profile is absolutely essential. The customer is at the heart of everything at Close Finance CI, as well as nurturing and supporting employee growth and development.

Thanks to the company’s innovative approach, they are always seeking new ways to stay a step ahead of the industry, and the employees at Close Finance CI work well with one another to provide top level customer care. When not working hard at making her customers feel at ease, Marie has been known to throw a great dinner party or two and is devoted to her dog Barney. She is a home bird, has green fingers and worships the sun.






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# A-Z of sustainable investing

 **Words** Dan Jolliffe

Investment Manager at Rathbone Investment Management International

Wherever you look in the investment industry today, it seems like there's somebody talking about ESG (environmental, social and governance), responsible, sustainable or impact investing and how it can help you generate financial returns while also delivering benefits for people and the planet.

With so many different terms being used to describe these approaches, it can sometimes feel like a different language! So we've put together an A-Z of sustainable investing to help you navigate the terminology being offered and separate the genuine commitments from the greenwash.



## Avoidance

Using negative screens to rule out investment in activities (eg tobacco) or behaviours (eg discrimination) of concern.

## Best of Sector

rather than excluding a whole industry or sector, this approach rules out the worst offenders while allowing investment in the companies displaying best practice on ESG issues.

## Climate change

one of the most urgent environmental challenges the world is facing and something that sustainable investing can help to combat.

## Divestment

selling an investment, often because of a conflict with your values or a lack of progress on engagement asks.

## Engagement

a range of methods used by investors to influence company behaviour and push for positive change.

## Footprint

a way of measuring the negative impacts of a company or investment portfolio. Often used to talk about carbon emissions, but water, forest, and biodiversity footprints also exist.

## Green bonds

a type of bond issue where the money raised can only be spent on environmentally beneficial projects or activities.

## Human rights

a key social issue that companies can be exposed to via their operations, supply chains or the products and services they provide.

## Impact investing

investing with the intention to generate measurable, positive social or environmental returns alongside financial returns.

## Just transition

An emerging approach that links social and economic factors into discussions about decarbonisation and the low-carbon transition.

## Know the Chain

a benchmarking organisation that assesses company performance on labour rights across their supply chains.

## Living wage

an hourly wage, often above the legal minimum, that is calculated to reflect the local cost of living and ensure a reasonable quality of life for workers.



## Materiality

the process by which investors identify the most important ESG issues for different industries or companies.

## Norms-based screening

assessing whether companies adhere to internationally recognised standards such as the UN Guiding Principles on Business and Human Rights.

## Offset

a way of financially compensating for negative impacts that can't be avoided entirely. Most often used to talk about carbon offsetting, but biodiversity offsets are also commonplace.

## PRI (Principles for Responsible Investment)

A global initiative that promotes responsible investment practices. In 2019, there were over 2,300 signatories worldwide.

## Quantitative vs qualitative assessment

some ESG issues can be easily translated into numbers (eg water use or carbon emissions), but others can't be (eg the culture of an organisation).

## Responsible investing

an umbrella term often used to refer to any investment approach which takes non-financial factors into account.

## Sustainable Development Goals

established by the UN in 2015, these 17 goals (with 169 underlying targets) aim to "end poverty, protect the planet and ensure prosperity for all" by 2030.

## Thematic investing

an approach which aims to identify investments that help solve a social or environmental challenge, eg climate change or inequality.

*"With so many different terms being used to describe these approaches, it can sometimes feel like a different language!"*

## UN Global Compact

ten principles of responsible business that companies can sign up to covering human rights, labour rights, the environment and anti-corruption.

## Voting

at company AGMs on issues such as executive pay.

## Women on boards

a key part of combatting gender inequality is encouraging companies to appoint more women to senior management roles. This is increasingly becoming a focus of investor engagement and voting activity.

## XXX

adult entertainment is a common area to exclude.


## Younger generations

while ethical and sustainable investing has been an option for decades, interest from younger generations has helped to fuel growth in the industry.

## Net-Zero emissions

to avoid the worst effects of climate change we need to reach net-zero carbon emissions by 2050. The UK government is one of a handful of global governments to have adopted this as a formal target.

# What's in my suitcase?

 **Words** Richard Gomersall

Client Director, Rathbone Investment Management International.

I am married to Roslyn, with four young children, Hugo, Lola, Quinn and Maggie. My two main areas of business travel are to Asia (mainly Hong Kong, Taiwan, Singapore and Japan) and London. I lived in Hong Kong for five years from 2008 and I'm now primarily responsible for the growth of our private client business in Asia.

My typical day in Asia will involve a client breakfast, followed by four or five other meetings. In a normal week there will also be a couple of client dinners, but I tend to prefer getting everything done during the day. I will then aim to get back to London

overnight on the Friday, to arrive in Jersey early Saturday morning. I am then ready for the weekend with my family.

*"There was no hesitation in choosing my number one item! These headphones are amazing and ensure a peaceful journey, regardless of the duration. I must confess I have never successfully wirelessly connected them to anything!"*

My key travel items are as follows:

## **Bose QuietComfort 35 (Series 2) Wireless Headphones**

There was no hesitation in choosing my number one item! These headphones are amazing and ensure a peaceful journey, regardless of the duration. I must confess I have never successfully wirelessly connected them to anything! Perfect for the airline entertainment and my next item.

## **Apple iPod Nano Shuffle**

I am so technologically advanced I had to 'Google' the name of my pocket music playing device and realised it is actually a "Shuffle" and not a "Nano"! Regardless, it plays all my favourite 80s and 90s hits and is tiny and weighs nothing. Useful when the airline turns off the inflight entertainment. If only I knew how to get the music off this thing and on to my phone.

## **Oakley Half Jacket 2.0 Sunglasses**

These sunglasses and me are inseparable. Adam Scott also wears them - two great golfers.

## **Mopiko**

I do not know why but mosquitoes love me! This ointment is a favourite of many Hong Kong expatriates and actually has proved useful in Jersey from time to time. It never leaves my bag for work trips.

## **Hong Kong Cricket Club Membership Card**

This card ensures access in Hong Kong to the greatest place on earth (after home of course). Four bars, a swimming pool, five restaurants, bowling alley, golf simulator, snooker room, cricket centre with 'Hawkeye' technology and all my old friends from my time in Hong Kong.

## **Links of London Sterling Silver Cricket Ball Cufflinks**

One of the best presents ever received from my wife. These 'accessories' look great and also ensure any meeting conversation quickly moves towards cricket, when potentially more challenging subjects await.

## **A Good Book**

Nine times out of ten this will be an autobiography, and usually a cricket one. Some are very good reads, for example, 'Warne, Slater, Mark Waugh and Atherton'. Others, not so great, think, 'Alec Stewart and Steve Waugh'.







## Mourant's Powerwomen

*Mourant, has been shortlisted for seven accolades in the Citywealth Powerwomen Awards 2020, recognising individual excellence as well as the firm's significant investment in its people.*

The awards celebrate the female leaders in the wealth sector as well as individuals and companies who support care-giving responsibilities, female leadership, and celebrate diversity. Mourant has been shortlisted in the following categories: Best Employer – Career Progression Mourant LP Partner and Felicia de Laat shortlisted for Woman of the Year – Professional Services. Senior Associates Gabby Kellogg and Carly McIver are shortlisted for Woman of the Year – Future Leaders (Senior Associate, SVP), Associate, Roisin Cullinane, shortlisted for Woman of the Year – Future Leaders (Associate, VP), Counsel Catherine Moore and Associate Ellie Oury shortlisted for Woman of the Year – Rising Star. Mourant Global Managing Partner, Jonathan Rigby, said: “We believe that diversity of talent is integral to providing our clients with the best services and solutions through the contribution of diverse perspectives. The recognition of these six lawyers is a strong reflection of this, and I congratulate them all in their very well deserved nominations. Our firm has an ambitious growth strategy that relies on our ability to empower our people to be the best they can be, united around a meaningful common purpose. We’ve invested significantly in our comprehensive learning and development programme and in creating an environment where everyone can reach their full potential, so this nomination for ‘Best Employer – Career Progression’ is highly rewarding. We’d like to thank all our clients and contacts who take the time to vote for us and wish all those shortlisted good luck.”

The winners will be announced in London on 22 February 2020.  
[www.citywealthmag.com/awards/powerwomen-awards/voting](http://www.citywealthmag.com/awards/powerwomen-awards/voting)

## Kiera Jones back at Viberts.

*Viberts recently welcomed back English Solicitor, Kiera Jones, to the Family law department.*

Over the past 12 years, Kiera has gained a wealth of experience and knowledge in various areas of Jersey law. She is a highly experienced matrimonial lawyer who undertakes work on all areas of family law, with particular interest in high net worth complex financial matters. Kiera also has a broad knowledge of corporate and trusts matters. In 2014, she was fortunate enough to be offered a secondment to South Africa where she lived and worked in Cape Town for a year.

Kiera graduated with a Bachelor of Law degree from the University of Exeter in 2005, after which she went on to complete her Legal Practice Course, attaining a distinction. She qualified as an English Solicitor in March 2012. Zoe Blomfield, Managing Partner, said: “We are so pleased to welcome Keira back to Viberts. Her experience will be invaluable for Islanders seeking advice on Family matters. I am delighted to have such a bright and talented lawyer back with us.”



## New Director in Corporate Services at Aztec

*The Aztec Group, has appointed Keith Mallet as Director of its Corporate Services team in Jersey. Keith joins the Group with over 20 years' senior leadership experience in corporate services and incentive plans.*

In his role, Keith will join the Group's Corporate Services leadership team and oversee a number of client relationship teams providing company secretarial, administration and accounting services to corporate structures, including fund vehicles, SPVs, trusts, co-invest vehicles, listed funds, MOMEs and management incentive plans. He will also play a central role in the ongoing expansion of the Group's corporate services offering and business development. Keith is a Fellow of the Institute of Chartered Accountants in England and Wales. Keith's appointment comes as the Aztec Group continues to display strong organic growth. The Group now administers over 4,200 entities, including SPVs, incentive plans, trusts and fund vehicles, for over 200 alternative investment managers, institutional investors and corporate clients.





## Three new partners at Bedell Cristin

*Bedell Cristin has appointed three new partners in its Jersey office through the promotions of Richard Le Liard and Jeff O'Boyle and the appointment of Advocate Sara Johns.*

Sara joins as a partner of Bedell Cristin's financial services law team from another Jersey law firm. She is a corporate lawyer who specialises in mergers and acquisitions, equity capital markets, joint ventures and corporate restructuring. She is also one of the island's leading competition lawyers and has advised on a number of merger control applications to the Channel Islands Competition and Regulatory Authorities.

Richard is also part of the financial services law team. He specialises in funds and investment structures and is experienced in advising promoters on fund formation, promotion and licencing requirements. Richard is also an expert in financial services regulation and has advised some of Jersey's leading international financial services businesses on such matters as data protection, anti-money laundering and economic substance.

Jeff is qualified as an English solicitor and is part of Bedell Cristin's global property team. He has considerable commercial property experience, having acted for a significant number of multinational clients including investors, developers, lenders and private clients on a wide range of complex and high-value instructions.



## New Conveyancer at Mourant

*Mourant, is pleased to announce that it has further strengthened its Jersey property team with the appointment of Senior Conveyancer, Jonathan Dauny.*

Jonathan brings almost 20 years of experience to his new role, advising on residential and commercial property matters and has previously been called upon as an expert to assist the Royal Court of Jersey at a Vue de Vicomte.

Mourant Jersey Head of Property, Georgina Cook, said: "It's been a strong year so far amid a buoyant property market in Jersey, and we're delighted to welcome Jonathan to our growing team. He has a first rate reputation and will help us to continue to deliver the expert advice and personal service our clients expect from Mourant".



Ross Crick, Joel Wheeler and Mark Healey

## VG expands Employee Benefits

*VG has expanded its Employee Benefits team as part of a focus to enhance their offering of complex, bespoke and regular solutions for employee incentives plans.*

VG is known for its services to the private client, funds and Islamic finance sector but is eager to drive its Employee Benefits division to new heights. In order to achieve this, the award-winning firm has recruited an experienced and respected professional in the industry and made internal moves to reinforce this commitment. Ross Crick joined VG in April 2019 as Manager of the team, bringing with him 18 years' experience within the employee incentives area. He forms part of an already established team of Mark Healey (VG Director and Head of employee benefits) and Joel Wheeler (Senior Trust Officer) who carry vast expertise in this field. Further appointments have also been made in the support team, assisting with day to day administration.



## Quilter Cheviot Meet The Team



PICTURED LEFT TO RIGHT: Chris Woodward, Mark Sleep, Tim Childe, Cheryl Hutcheson and Mo Baluchi

### Chris Woodward

*Investment Manager*

**How long have you been with the team?**

2 years

**What do you love about your job?**

Broad reading, detailed analysis and varied writing are the key things I love about being an Investment Manager. At Quilter Cheviot in particular, the direct, personal relationships we build with our clients, the responsibility we take for delivering performance and the quality research provided by our analyst team stand out as things I appreciate most about my role.

**What is your favourite thing to do outside of work?**

Having now been in Jersey for 5 years I continue to find surfing and golf an enjoyable challenge. An annual trip to Italy, enjoying a sunset glass of Montepulciano with my girlfriend would be the highlight of my year.

### Mark Sleep

*Senior Associate*

**How long have you been with the team?**

12 years

**What do you love about your job?**

No day is the same. The nature of the markets is such that the landscape is constantly evolving. The requirement to observe these changes, and react where appropriate means there is always work to be done, research to be read, and data to be analysed, in order to secure the best possible outcomes for our clients.

**What is your favourite thing to do outside of work**

Fishing is my main passion, in particular lure fishing for bass. After a busy day at work, I often crave the solitude and relaxation (!) that scrambling down a north coast cliff for an hour or two of fishing brings me. Away from the island, my wife and I are avid travellers, with our trips always revolving around wildlife. Africa is our favourite continent. Our trip this year was a self-drive safari around Namibia, Botswana and Zimbabwe – an incredible experience.



## Cheryl Hutcheson

*Business Director*

**How long have you been with the team:**

I have been with the Quilter Cheviot team for 15 years.

**What do you love about your job:**

I love my job because I work with a great group of people who I have worked with for many years. We all share the same goal, which is to provide the highest levels of bespoke service and customer satisfaction.

**What is your favourite thing to do outside of work:**

In the summer months, a day on the beach and then dinner shared with friends and family is the perfect day.

## Mo Baluchi

*Executive Director*

**How long have you been with the team?**

Nearly 6 years

**What do you love about your job?**

Creating opportunities that are mutually beneficial

**What is your favourite thing to do outside of work?**

It's mainly family time for me however I've signed up for CrossFit and it's quite addictive I must say!!!

## Quilter Cheviot Go Wild

We are delighted to have been Presenting Partner for Durrell Wildlife Conservation Trust's, 'Go Wild Gorillas', wild in art initiative. Tim Childe, Quilter Cheviot's Head of International & Jersey office speaks on why they decided to get involved and grab the opportunity:

*"The Go Wild Gorilla programme's focus on legacy, and protecting the natural environment for future generations, is incredibly important to us at Quilter Cheviot. As wealth managers, we obviously want to help protect and grow our clients' wealth, some of whom we have been looking after for many decades, but we also want to use the power that gives us to protect and grow the natural wealth of our planet."*

Investors should remember that the value of investments, and the income from them, can go down as well as up. Investors may not recover what they invest. Past performance is no guarantee of future results.

Any mention of a specific security should not be interpreted as a solicitation to buy or sell a specific security.





## How long will you live?

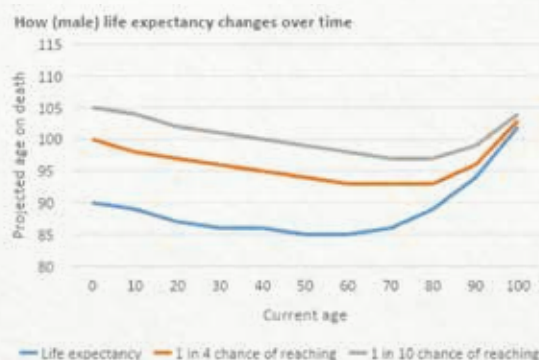
**Words** Duncan Lamont, Head of Research and Analytics at Schroders & Euan Dangerfield, Client Director at Cazenove Capital

Thirty-five years ago, an average 60-year old man could have expected to live an extra 18 years, to age 78. Today, the average 60-year old man should expect to live to 85. That's according to an easy-to-use life expectancy calculator recently released by the UK's Office for National Statistics. A 60-year old woman should expect to live longer, to 88. According to a States of Jersey life expectancy report released last year the average life expectancy for both men and women is slightly longer in Jersey than it is in the UK. This puts our island on a par with Italy and Switzerland but not as good as Japan which tops the table.

Most people are aware that we are all living longer. However, you have to remember that the figures often quoted, such as those above, are averages. Some people will live longer, others less. What is less well appreciated is that we all have a pretty good chance of living longer than these averages – a lot longer if you are healthier or wealthier than average.

I turned 50 this year and based on the UK data I have 1-in-4 chance of living to 94 and a 1-in-10 chance of reaching 99. Your grandparents may have bid farewell before clocking 80 but you have a pretty good chance of getting close to 100.

Younger people have even stronger odds. My 9-year old daughter, for example, has a 25 % chance of living to 100. The chart below shows how life expectancy varies by age for males – it's a similar picture for females but all lines are shifted up slightly.



How (male) life expectancy changes over time  
Source: ONS, 2019

The observant reader will notice that, once you get into your 90s, your chances of living longer increase pretty sharply – if you live that long you've outlived lots of your peers and must be made of strong stuff, so your chances of keeping going a bit longer pick up.

So what does this mean? It means your money has to last a lot longer than you might be thinking. Previous generations did not have to worry so much about this as employer and government run defined benefit pension schemes took care of those who lived longer. Now we live in an age where each individual has responsibility for his or her own personal pension pot and we have to plan for the fact that we might well live longer than average.

For a long time, retirement savers have been encouraged to reduce exposure to riskier assets once they enter retirement and move into safer defensive assets, like government bonds. However, such an overly cautious approach will increase the chances that your money runs out while you are still alive.

For many investors, the only way they will have a chance that their money lasts long enough will be by maintaining some exposure to riskier investments, like the stock market, for longer. This will introduce additional variability in the value of a retirement savings account, which may make savers feel uncomfortable at times.

However, risk can be mitigated by spreading investments across a number of asset classes. The alternative, an increased likelihood of outliving one's savings, is even less palatable.

Perhaps counterintuitively, while excessive risk is dangerous, excessive caution is no better.





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## You don't need an app to find Jersey property. You just need to look in the right places.

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## Sustainable investing – not just for the wealthy

✎ Words Affinity Private Wealth Founders Russell Waite & Julia Warrander



What do a building materials company, a human genome sequencer and online educational platform have in common? These businesses are pioneers, looking to help solve some of the world problems; namely global warming, poor health and education for all. They are also companies held in our sustainable investment portfolio.

At Affinity we believe sustainability means making economic prosperity long lasting, more socially inclusive and less dependent on the exploitation of finite resources and the natural environment. Over the past decades, this theme has also permeated financial markets. The rationale for sustainable investing has now gained support and legitimacy. The imperative of sustainable finance is nothing new; the momentum behind it is.

That said, for many investing is perceived as the preserve of the wealthy, intimidating and rather boring. We don't believe it should be. The global issues humankind faces require the mobilisation of significant capital. Some of this may come from governments but we cannot sit idly by, waiting for them to get their act together. It is everyone's responsibility to take action.

This is all well and good but what can someone with limited or no savings practically do? Several things. You could ask your employer whether your pension is being invested sustainably and, if not, challenge them as to why. How about talking with your States member as to how the island's Rainy Day Fund is allocated? Or consider setting up your own savings plan, to invest with purpose.

To be clear – this is not about simply excluding oil and gas companies from a portfolio. Today, enterprises that provide solutions to the challenges faced are well placed to grow strongly. Examples of such businesses include those addressing water efficiency through tech; developing and deploying market leading green energy solutions and using science to make the world healthier, cleaner and safer. We believe investors in these firms can

contribute towards a more sustainable world, align wealth with their values and – importantly – generate attractive returns

*“The global issues humankind faces require the mobilisation of significant capital. Some of this may come from governments but we cannot sit idly by, waiting for them to get their act together. It is everyone's responsibility to take action.”*

If after reading this article you wish to learn more, there are a plethora of resources available online, including articles and blogs we have published on the topic at [www.affinitypw.com](http://www.affinitypw.com). Our investment solution – designed to deliver 'growth with impact' – is available via local independent financial advisors. We are also more than happy to meet with company pension trustees to discuss they could offer a “green option” to their members.

Finally – as firm we believe in walking the talk. In addition to being signatories to the UN Global Compact and a Jersey Good Business Charter Holder, we also donate a portion of the management fees from all the assets we manage sustainably to Durrell Wildlife Conservation Trust.

#deadgood



# BIGGER IMPACT

Looking to align your values with your wealth? As the first Jersey company to become a signatory to the UN Global Compact, we have an investment solution targeting attractive long-term returns, investing in businesses committed to sustainability. Managed locally, invested globally.

Affinity Trust Limited and APW Investors Limited are both regulated by the Jersey Financial Services Commission. Affinity Private Wealth is the trading name for Affinity Trust Limited and APW Investors Limited. Historic performance is no guarantee of future performance and the value of investments can go down as well as up. Our Terms & Conditions are available on our website.

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Yo ho ho and a floral scene

## New 100% Jersey-made rum launches

*After successfully creating wine, Gin and Vodka, La Mare Wine Estate is now celebrating the launch of its new white rum, hand-crafted in Jersey.*

This 100% locally made spirit is crafted from a base of premium cane sugar and dark molasses before being distilled in its cognac style copper pot. It is blended with pure local water and triple filtered before being bottled, a process which refines the character and creates a superior quality rum. The latest spirit to be produced from the La Mare stable the white rum is a delight for the senses, aromas are predominantly of sugar cane and brown sugar with a hint of vanilla, coconut, fig and pear.

On the palate the taste is of white chocolate, sugar cane, vanilla and cream with chopped fine herbs and finished with a lingering nuttiness balanced with a warm smoothness. La Mare's Managing Director Tim Crowley said: "We're delighted with our new Jersey White Rum, and I congratulate our production manager Daniel De Carteret for his newest creation which is 100% locally made. Rum is already a big market and industry experts are predicting that artisan rums are set to grow significantly in the next few years. It tastes delicious and is perfect for mixing and I'm sure it will be very popular with our customers."



The interior designers have been at work in the hub

## Makeover at the Digital Hub

*The newly expanded and repurposed Digital Jersey Hub has opened in St Helier, representing the next chapter in the evolution of the island's tech sector.*

Space at The Hub has doubled, meaning additional hot desks and permanent desks, a greater number of meeting rooms and a larger events space all form the heart of the base in the Forum building. Over the past five years, Digital Jersey has worked to grow the success of the island's digital industry on-island and raise its profile globally. The Hub has proved a vital part in that process, acting as a focal point for those in the sector to collaborate on projects and ideas, and to share expertise.

Visiting dignitaries who want to understand the scale and ambition of Jersey's tech sector are among those who've visited The Hub in recent months. Entrepreneurs from off-island, who've gone on to choose Jersey as the place to develop their business, begin that process at The Hub where the Digital Jersey team guide them through the process and connect them with relevant figures in the public and private sectors. A greater number of workshops, training sessions and networking events are planned at The Hub as part of a commitment to focus even more on offering Digital Jersey members opportunities to expand their skills base.



## The Atlantic pits red against white

*The ultimate wine showdown dinner with Master Sommelier and co-founder of H2Vin, Matt Wilkin, is on Friday 11th October 2019.*

Matt will serve both red and white wine choices with each 'round' or course from a special four-course menu created for the evening by The Atlantic's Executive Chef Will Holland. Will's inspiration for the evening came from his having first met Matt through boxing, battling him in a white-collar charitable boxing event called the 'Rumble in the Kitchen'. Guests will join shared tables for this entertaining evening, enjoying courses including 'Seafood - The Burgundy 1er Cru Jab';

'Poultry - Austria vs Germany UpperCut'; and 'Red Meat - The Chateaufort du Pape Haymaker'. The evening will close with 'Holland vs Wilkin 3 Minute Final Round - The Missing Bout'.

Will Holland said: "Matt is one of the most knowledgeable, inspirational and passionate sommeliers I know, holding the acclaimed status of Master Sommelier. We are honoured to be collaborating with him and feel sure that our guests on the night will benefit greatly from his knowledge. The event may also challenge any preconceptions that diners may hold about which foods red or white wine should be served with."

Patrick Burke, Owner and Managing Director of The Atlantic Hotel, added: "Our Red vs White dinner is the next in a new series of food and wine events at The Atlantic. Dining out should always be an entertaining experience and the fun concept of matching Red vs White will certainly make for a memorable evening. We look forward to welcoming Matt Wilkin to The Atlantic Hotel and to Jersey for what promises to be a knock out event!"

**Tickets for the Red vs White Dinner are available for £150 per person to include four courses and paired wines. Please [click here](#) for further information including the menu.**





## Forward-thinking offshore investment management

Rathbones in Jersey is part of one of the UK's largest and longest-established providers of high-quality discretionary investment management services to individuals, charities and their advisers.

For further information, please contact **Jonathan Giles** locally on 01534 740 550 or email [jonathan.giles@rathbones.com](mailto:jonathan.giles@rathbones.com)

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# THE KARATE KID

## SPORTSPERSON OF THE MONTH: Lexi Farrell

PHOTO: Danny Evans

Lexi Farrell is the real-life Karate Kid. After undergoing major brain surgery three years ago at Great Ormond Street, aged just 6, Lexi followed her dream in learning karate after being told it wouldn't be possible. Since then, the now 9-year-old has gone from strength to strength, both in her recovery and her karate career.

### What made you want to get into karate?

The Karate Kid film - it's my favourite film and I've seen it about 100 times! I had brain surgery in 2016 and was told I wouldn't be able to do contact sports, so I wanted to prove everybody wrong and show them I am tough. Two months after my surgery, I had recovered so well that my surgeon let me try karate and I've been hooked ever since!

### What have you achieved with your karate so far?

I have lots of medals and trophies from various competitions. I'm also Variety Club's Sports Star of the Year 2019, which was a big achievement for me because lots of really special children got nominated. My biggest achievement is probably my 3 European gold medals. Oh, and my brown belt, which is pretty cool for a 9-year-old.

### What is it that you love most about karate?

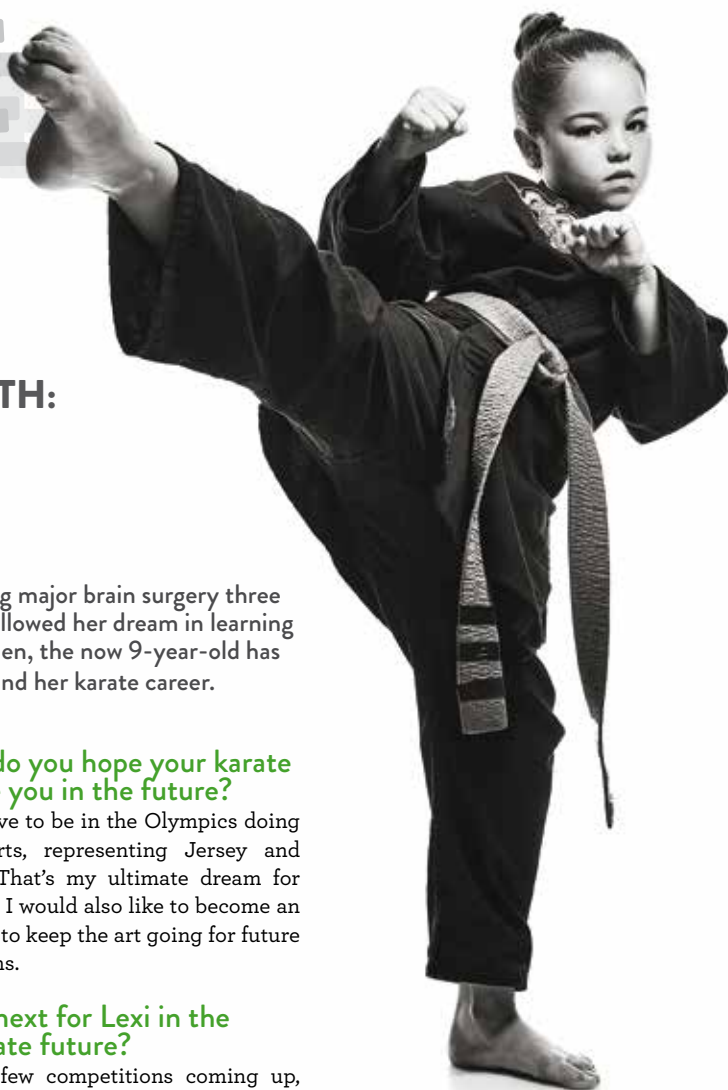
I train 6 days a week, so it keeps me busy and gives me focus. It has helped with my discipline and focus at school too. I have made loads of good friends at karate, and I also really like helping the new children start to build their confidence and learn the art of Kenpo.

### Where do you hope your karate will take you in the future?

I would love to be in the Olympics doing martial arts, representing Jersey and England. That's my ultimate dream for the future. I would also like to become an instructor to keep the art going for future generations.

### What's next for Lexi in the immediate future?

I have a few competitions coming up, but my main focus is on the training I've started for my Junior black belt. My aim is to get my Junior black belt before Christmas this year!







# GET IN THE POOL

**With Active you can Swim, Learn to Swim, Learn to Teach Swimming or qualify as a Pool Lifeguard.**

And there's a whole host of other activities to enjoy too! Les Quennevais Sports Centre is a great place to swim with its 25m swimming pool, learner pool and there is sauna and steam rooms for wellbeing and relaxation.

## GET FIT AND EXERCISE IN THE POOL!

Exercising in water eliminates the impact on your joints. With every movement you make in water you are fighting against its resistance and you will get an intense workout. Aqua fitness classes are suitable for swimmers and non-swimmers too, including Aqua Aerobics (good for non-swimmers), Aqua Mobility, Aqua Deep, and Hydro Fit.

## SWIM TOTS

This parent/grandparent and child session takes place on Tuesday mornings at 10.30am. Floats and toys are available in the pool and guidance is available from a qualified swim teacher to start little ones off on their swimming journey.

## SWIM COACHING

Every Friday during term time their instructors Marcel, Aly or Christina are available between 9am and 10am to engage in a structured session focusing on technique, distance and stamina.

## ONE TO ONE SWIMMING LESSONS

These are available by request. Their teachers are able to provide a bespoke service to meet your aims. Please contact reception if you are interested.

## ACTIVE SWIMMERS SCHOOL

The Active Swim School is an approved Swim England Learn to Swim provider and delivers the Swim England National Plan for Teaching Swimming (NPTS) for ducklings (pre-school) and stages 1 - 7.

The scheme supports the key aims of Swim England for everyone to have a lifelong participation in aquatic activity.

We provide links to clubs allowing children to progress and the scheme supports learners in their water confidence, enjoyment and safety. The scheme is based around a fun learning environment, aiming to develop fundamental skills, the core aquatic skills including buoyancy, treading water, diving, sculling and aquatic breathing. These skills will lead onto the development of all four swimming strokes, frontcrawl, backcrawl, breaststroke and butterfly.

We aim to provide a solid foundation to link into further aquatic disciplines including synchro, lifesaving water polo and competitive swimming.

The pool is open 7 days a week with lane swimming currently available from 7am Monday to Friday and from 9am Saturday and Sunday.

Children's lessons are held during term time after school and on Saturday mornings. They also offer adult lessons during the day and in the evenings.

*Visit the Active website for more information on prices and term dates.*

## EDUCATIONAL OPPORTUNITIES

Les Quennevais Sports Centre is an approved training centre for Royal Life Saving Society Courses has five RLSS Trainer Assessors employed at the centre, they offer:

### RLSS NATIONAL POOL LIFEGUARD QUALIFICATION

Upon successful completion you will be qualified to work as a pool lifeguard in all swimming pools.

National Rescue Award for Swimming Teachers and Coaches Qualifications are delivered throughout the year for school teachers, teaching assistants and club coaches.

### NATIONAL POOL SUPERVISOR QUALIFICATION

This is a new qualification aimed at lifeguards already working in the sports industry to progress their knowledge.

### SWIM ENGLAND TEACHING QUALIFICATIONS

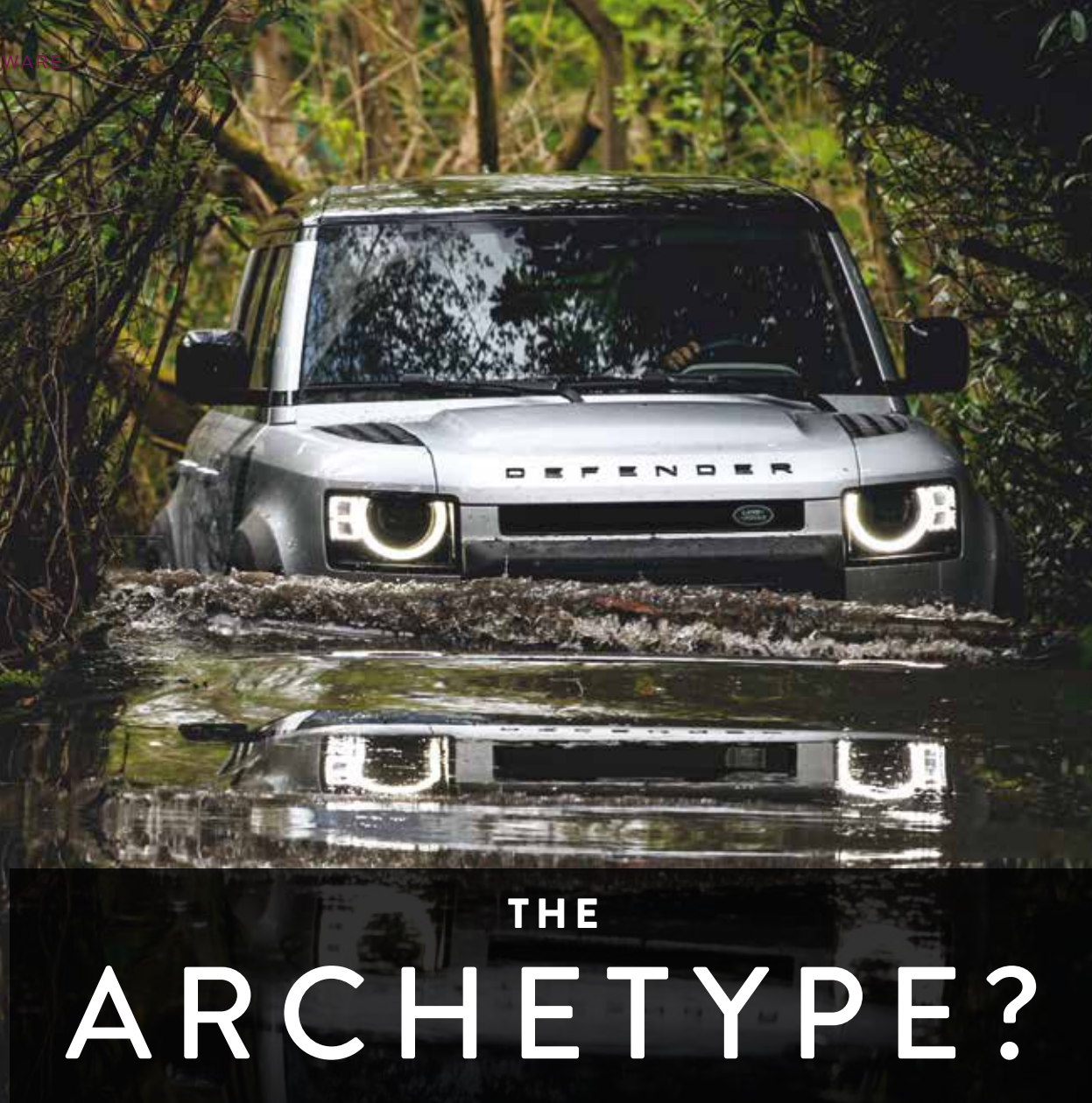
Motivate others to learn to swim and start a rewarding career as a swimming teacher.

*Please email [swimming@govt.gov.uk](mailto:swimming@govt.gov.uk) for full details of these courses and training dates.*

Irrespective your age or ability regular swimming or exercising in the water can help maintain a healthy body and mind. Swimming and Aqua classes are free for Active members. Monthly swim passes are also available. Consider the many water-based options available and make the splash with Active!

*View and download detailed class explanations, class and pool timetables and Centre opening hours on the Active website.*





# THE ARCHETYPE?

✍ Words: Russ Atkinson

**It's the long-awaited, potentially doomed to be unpopular, unanticipated yet anticipated replacement for what has become an undisputably global icon - the culmination of 71 years of development - and possibly the biggest story in the automotive world of late. But is it any good?**

**S**orry to disappoint, but I can't even begin to form an opinion on that, unfortunately, because hardly anybody has driven one yet and my invitation to the launch at the Frankfurt Motor Show must've become lost in the post.

Relying solely on Land Rover's press pack would be a foolish basis for an editorial piece, so I'm going to mix in a bit of original conjecture for good measure, based on the almost endless stream of photographs that've recently filled my Instagram feed, giving my thumb an RSI scrolling through them to get back to the usual selection of classic Porsches, motorbikes, Brutalist architecture and Russian

dashcam videos. Reading the comments - which is admittedly a dangerous pastime - it seems that opinions are polarised.

Is anybody surprised to read this? I doubt it.

Replacing such a globally-lauded, unimitable, utilitarian, uncomfortable, unaerodynamic, uncomplicated and unmistakable design icon with a vehicle that conforms to post-1980s safety standards and shares some of its siblings' technological advancements was never going to be an easy task, and I get the feeling that Land Rover always knew that no matter what they presented as a replacement for the ubiquitous Defender, there'd be naysayers.



Being change-averse is a terribly British pastime, after all. Take Brexit, for example; where the people who voted for it were likely to be feeling averse to the changes made in 1973 - long before even the predecessor to the original Defender, the Land Rover Ninety and One Ten even existed. Ironically, it also happens to be European crash regulations that have prompted the ground-up redesign that you see here.

I'll be honest, my first impression is that it looks like a great replacement... for the Freelander. It's got that child's toy aesthetic, which I think is cool, but from the outside, at least, the cabin looks low. It also seems that it has a wider track than the original Defender, as well as being heavier across the range, so on paper things don't seem ideal. Before we plunge too far down into the rabbit-hole of negativity, and as an unashamed fan of rust-ravaged terrible, antiquated British vehicles, it's important to remember three things:

Firstly, people probably felt exactly the same way in 1983 when they unveiled the Ninety and One Ten range, predecessors to the Defender, which strutted onto the scene in 1990 modelling the Emperor's finest new clothes. *Coil springs, you say? A wider track? Plastic wheelarches?!* Even the addition of *wind-up* windows probably did just that to more than a few steadfast Series Landie owners. Yes, the same people who lambasted the Series 3's plastic grille because it could no longer be removed and repurposed as a barbecue grill when required. Plastic? How very dare they.

Secondly, despite how universally adored the original Defender was, is, and will continue to be, on the whole they are actually quite crap. They leak, they corrode at a rate that is genuinely impressive, they're agricultural, sketchy in high wind, leave absolutely no room for your right elbow when the window is up and the 110 and longer wheelbase versions have the turning circle of the Emma Maersk. I learnt this first hand, because my first proper car was a Ninety V8 - and I bloody loved it. Despite their foibles, they're easy to adore, but that isn't really grounds for continuing to produce a product that isn't really fit for task. Unless that task is being dropped out of a C130 and advancing into a warzone. And even then, you'd better hope it doesn't break down on the way. Td5 and Puma engines, I'm looking at you.

Thirdly, Land Rover surely won't have dropped the ball with this one, given there are a lot of people primed and ready to say that they *saw it coming* if their new offering falls short of the mark. Is the 2020 Defender Land Rover's answer to the Toyota Landcruiser; combining phenomenal

off-road capability with modern creature comforts and bulletproof reliability? Time will tell, but I've a feeling it has the potential for it.

If you're still in doubt, there's something that you need to be aware of. Something that might just compensate for any areas in which you feel the new Defender might be lacking: you can ask for one with a 400bhp, 3 litre straight-six. That'll do pig, that'll do.

Admittedly, that engine option is actually a 'mild hybrid' that uses an electronic supercharger, and it also appears that there will be no manual gearbox option across the entire range, but let's remember that it isn't 1983 and nobody really ever liked vinyl seats anyway, even if they do hose down quite nicely, which can be convenient.

Land Rover claim that it's the '*most capable Land Rover ever made*' - that's straight out of the press pack - and having read said press pack, I'm inclined to believe it, too. It sounds like everything I ever wanted my Ninety to be, but I bet it doesn't sound half as good. I'm excited to drive one.

**“Despite how universally adored the original Defender was, is, and will continue to be, on the whole they are actually quite crap.”**



# Garmin Lands At Rivoli

✍ Words: Rebecca Evans

*We're a sporty and competitive lot here in Jersey; it often seems like we can't move on a weekend morning without weaving between lycra-clad sports enthusiasts dashing around the Island on two feet or two wheels, race number proudly pinned on for all to see.*

As I write this in September we've seen the Breca Swimrun, Spartans half marathon and Superleague Triathlon take place, to name a few, and in October we have one of the biggest events on Jersey's sporting calendar, the Standard Chartered Jersey Marathon takes place on the 6th.

Stand beside any start line and you see people of all shapes and sizes, some confidently placed at the front of the pack while some hover nervously behind. Some are seasoned athletes to whom this is just another event, and others are undertaking the challenge of a lifetime. The one thing that they all seem to have in common though, is the bowed head and wrist raised to chest height, everyone poised to start their sports watch ticking the second the starting gun sounds.

When it comes to these essential bits of kit, Garmin have long been the market front-runner, with a loyal and fast-growing following worldwide, so I'm very pleased to report that we too can now try, and buy, these smartest of smart watches right here in Jersey from our friendly local (and award winning\*) jeweller Rivoli.

Whether it's the Marathon, the ITEX walk – sorry TME, we're never going to call it anything else – or the Lions Swimathon that you're taking part in, then Rivoli have the Garmin for you.

## Garmin Vivomove HR

If, like me, you're more of a Parkrun plodder than a PB chaser, but you're still interested in tracking your movements and general wellness, then the Vivomove HR is probably the sports watch for you.

Beautifully designed to hit the middle ground between sports gear and fashion watch, there are no chunky bezels, clashing colours or confusing buttons here. The clean and simple analogue face hides a touchscreen display which only appears at the flick of a wrist, and real ticking hands that glide magically out of the way whilst you toggle screens.

Proving that looks can be deceiving, this sports watch in disguise still packs in plenty of features, such as; Auto Goal – Acknowledging that we are all different; and Vivomove HR will learn your daily activity levels and set personal step goals to keep you motivated.





**Sleep Monitoring** – With a strap comfy enough to keep on overnight, the sleep monitoring function uses heart rate data to measure how much good sleep you're getting, and when.

**Fitness Monitoring** – The same HR monitor that scans your shuteye provides insight into your general fitness levels, a VO2 max estimate and your fitness age. Exercise regularly and aim to bring this latter down.

**Stress Tracking** – We all get stressed from time to time, but Vivomove HR data will track when, and for how long, prompting you to change patterns, take breaks and relax where necessary.

**Connectivity** – Like big brother Fenix, Vivomove connects seamlessly to your smartphone and allows for auto data uploads, discreet notifications and music control on the move.

The Vivomove HR starts from £131.10 at Rivoli. Pop in anytime for a full demonstration.



## Garmin Fenix 5 Plus Sapphire

The Fenix 5 plus is a serious watch for a series sports person, and capable of tracking just about any activity you can imagine. In addition to all the usual features that you'd expect from any half-decent sports watch (step counter, calorie counter, GPS route tracking and heart rate monitor) the Fenix 5 Plus is packed with additional capabilities, just a few of which I have space to detail here;

**Mapping and Navigation** - Whether getting active close to home or somewhere brand new, built-in full-colour mapping and navigation aids keep you on track and oriented.

**Advanced Performance Metrics** - Monitor your fitness level and track form improvements with physiological metrics, running dynamics and anaerobic training effect monitor.

**Connectivity** – Pair with a compatible device through the Garmin Connect app and access a wealth of personal stats, free training plans and health measurements, in addition

to text notifications, weather alerts, calendar entries and workout prompts right to your wrist.

**Music Storage** – Don't sacrifice your personal soundtrack on those days that you leave your phone at home. Fenix 5 Plus can store up to 1000 tracks and links directly to your favourite Bluetooth headphones.

**Garmin Pay** – Garmin Pay contactless payments eliminates the problem of needing to carry a card or cash during your activities. Grab a post-swim coffee, or a bus-ride home from your long run without a care in the world.

**Emergency Assistance** – The Fenix 5 Plus comes complete with peace of mind. The brilliant emergency assistance feature will automatically send your real-time location to preselected emergency contacts should an incident be detected mid run, hike, or bike activity.

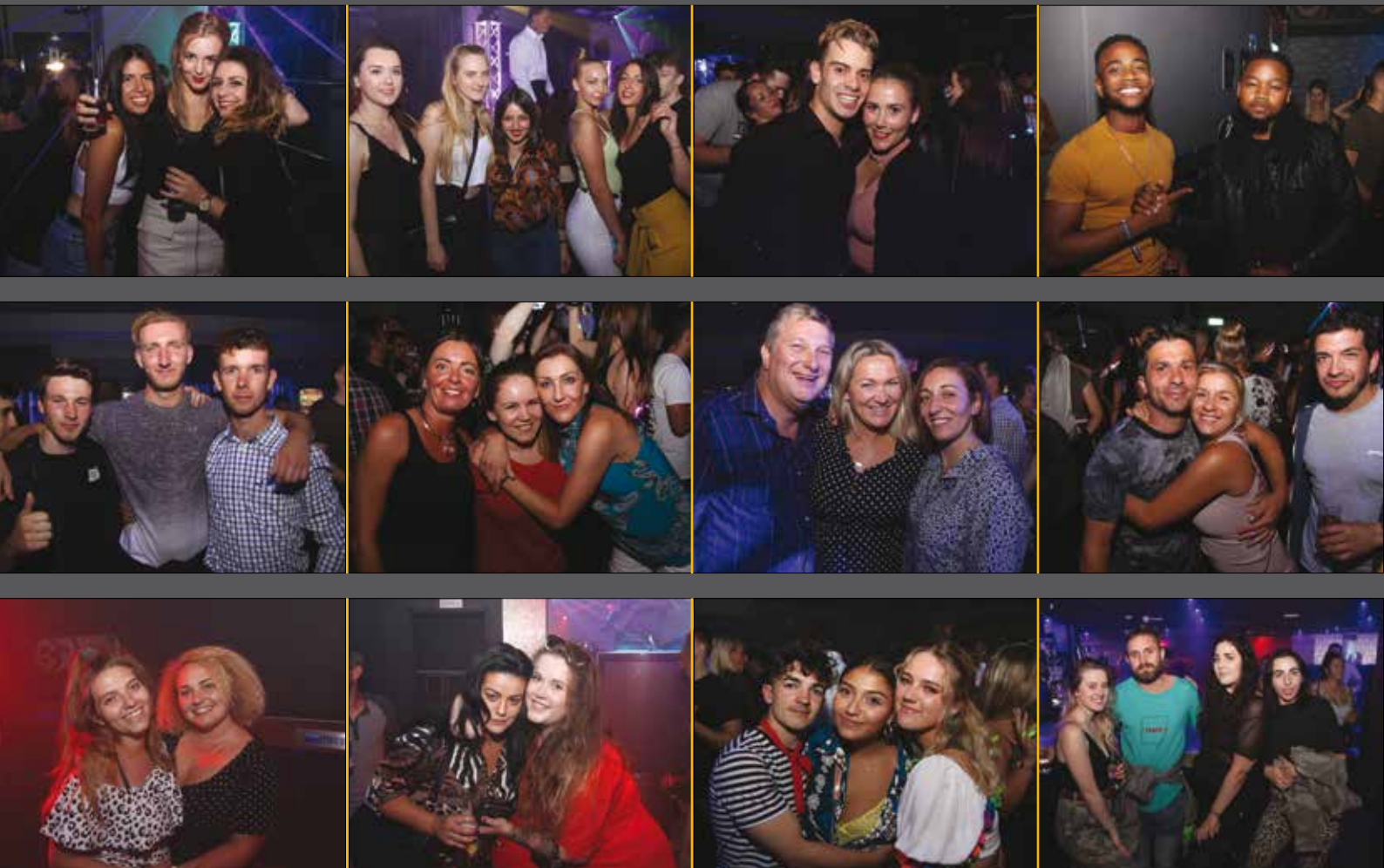
All of this and much more is available from £525 at Rivoli. Pop in anytime for a full demonstration.



## Garmin In-Store Promotion

To celebrate the launch of Garmin at Rivoli, pop into store for a demonstration with Managing Director, Garmin Ambassador & appropriately named Runner David Speed before Monday 7th October and be in with a chance to win a Garmin watch of your choice!

(\*Rivoli are well-deserved winners of the UK Jewellery Award for Bridal Jewellery Retailer 2019. If there's someone running laps around your heart, make tracks for Rivoli when the time comes to make that once in a lifetime purchase)



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### IAN PALLOT ARCHITECT

Tel: 485320 or 07797 814 723  
Email: studio@ianpallotarchitect.com  
www.ianpallotarchitect.com



## BONITA HAIR AND BEAUTY

Set in the picturesque grounds of Les Ormes Lodge and Leisure Club, Bonita is the perfect place to relax and be pampered; a friendly environment with a focus on calm and convenience for our customers. We offer a wide range of hair and beauty services and treatments in our beautiful salon. We are stockists of L'Oréal, Wella, GHD and Moroccan Oil. Call in next time you're passing and let us look after you.

### BONITA HAIR AND BEAUTY

Tel 720081  
Facebook: Bonita Hair and Beauty  
Instagram: Bonitahairandbeauty  
Email: enquiries@bonitahairandbeauty.com



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### LES HOÛMETS CARE HOME

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### BONITA AT THE HOTEL DE FRANCE

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### THE CLUB SPA

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## THE LAST WORD.

*It's been 15 years since we published the first edition of Gallery Magazine, so we asked our Facebook followers: What was Jersey like 15 years ago?*



HUGO KINTAS

*"The bus was 50p"*



JULIA RENAULT

*"There was less traffic on the roads, there was no GST, and BA flew to Heathrow"*



ROSEANNA THEODORA

*"Trampolines at the waterfront"*



JOHN BARRETT

*"The same but with more tourists"*



HANNAH JACQUES

*"Liquid Nightclub, Pure Nightclub, B Bar and Buddha Bar. Big Verns did the best jacket potatoes and the Gunsite was a greasy spoon with great fry ups!"*



MEGAN CORLEY

*"Cheaper!"*



KATE GHAZI

*"It took 16 years to get housing quals"*



ANDRE THORPE

*"No dancing on a Sunday!"*

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\*Subject to criteria